Knights XC 2026
ND Championships

Meet - Oct 24, 2026 — PR

Weather — SB

53, 17 mph — 1st & 2/3 Avg within 0:25 seconds

Weather:

Laae 25-26						Avg	Final	last	Avg	Diff		2025	
Varsity 5k	1st Mile	2m split	2m total	3m split	3m total	2&3 mile	Time	10th	Mile	1st & 2/3 .	Place	place	time
Sickler, Ben	5:16	5:26	10:42	5:25	16:07	5:25	16:48	0:40	5:22	0:09	24	33	17:07
Martin, Grant	5:15	5:31	10:46	5:31	16:17	5:31	16:58	0:40	5:25	0:16	34	30	17:04
Selby, Gage	5:13	5:34	10:47	5:38	16:25	5:36	17:07	0:41	5:28	0:23	41	95	18:18
Sapaugh, Ben	5:15	5:52	11:07	6:04	17:11	5:58	17:54	0:42	5:43	0:43	67	75	17:51
Bugler, Blaine	5:32	5:59	11:31	5:46	17:17	5:52	18:01	0:43	5:45	0:20	78		
Uhlir, Ty	5:24	5:56	11:20	6:17	17:37	6:06	18:22	0:44	5:52	0:42	101	84	18:04
Sailer, Kaden	5:43	6:01	11:44	5:59	17:43	6:00	18:28	0:44	5:54	0:17	110		
Borboa, Kellan	5:39	6:05	11:44	6:10	17:54	6:07	18:39	0:44	5:58	0:28	118	140	19:06
Craycraft, Calvin	5:42	6:02	11:44	6:16	18:00	6:09	18:46	0:45	6:00	0:27	125		
Halverson, Jaded	5:54	6:24	12:18	6:15	18:33	6:19	19:20	0:46	6:11	0:25	144	138	19:04
Top 5: 1st Mile Avg	5:18	Points	244	Place	8th		17:21	Avg Top 5	1:14	runners	182		

					Gap time		
50, 20 mph	2025	318		10th/21	17:40	1:14	185
56, 20 mph from SW	2024	405		12th/22	18:04	2:05	200
34, Frozen Muddy	2023	338		14th/20			181
	2022	316		12th/20		3:01	184
	2021	339		12th/20			179
	2020	240		9th/19		1:39	126
	2019	289		10th/19		1:05	126
	2018	374		14th/20			