

Meet -		Jamestown, Aug 26th, 2024					Knights XC 2024		True 5K course			Aug 26
Weather 80, humid, windy							5000					
Varsity 5k - 10 am		1st Mile	2m split	2m total	3m split	3m total	2&3 Avg	Final Time	Avg/mile	Avg/1000	Place	2023
Martin, Grant		5:15				16:55		17:27	5:35	3:29	11	18:23
Fiala, Aidan		5:29				17:46		18:19	5:51	3:39	33	18:23
Steele, Lincoln		5:33				18:28		19:01	6:05	3:48	60	6:34 4K
Anderson, Owen		6:11				20:10		20:38	6:36	4:07	112	
Sailer, Kaden		6:11				20:19		20:56	6:41	4:11	123	21:12
Halvorson, Jaded		6:10				20:30		21:06	6:45	4:13	125	6:57 4K
Team place		12th/36		Team points		339	Gap time	3:29	# Runner	169		
		2023 11th/20				282					162	
		2022 5th/27				156	4:21				146	
JV Boys 4k - 11:05 am		1st Mile	2m split	2m total			Final Time	Avg/mile	Avg/1000	Place	2023	
Johnson, Blaine		6:48	7:28	14:16			17:25	6:58	4:21	87		
Borboa, Levi		6:44	7:31	14:15			17:34	7:01	4:23	92		
Kniert, Caius		7:31	8:00	15:31			19:09	7:39	4:47	127	17:18	
Humble, Patrick		6:49	9:09	15:58			19:42	7:52	4:55	135	19:16	
Schill, Michael		7:48	9:07	16:55			20:46	8:18	5:11	142	8:49 3k	
Schwan, Cody		8:07	8:52	16:59			21:04	8:25	5:16	146	20:28	
Waddle, Ethan		8:35	8:51	17:26			21:11	8:28	5:17	148	8:32 3k	
Feist, Blaze		8:35	8:51	17:26			21:21	8:32	5:20	152		
Osborn, Nate		8:46	10:23	19:09			23:48	9:31	5:57	163	8:49 3k	
Hogberg, Ethan		9:16	11:11	20:27			0:44	9:53	6:11	164		
Team place				Team points			Gap time	1:20	# Runner	166		
		2023 11th/14				309					141	
		2022 14th/22				354					98	
MS Boys 3k - Noon		1st Mile					Final Time	Avg/mile	Avg/1000	Place		
Sickler, Ben		6:04					11:28	6:06	3:49	11		
Borboa, Kellan		6:13					11:52	6:19	3:57	24		
Newhouse, Byrson		6:30					12:04	6:26	4:01	26		
Gander, Micah		7:08					14:18	7:37	4:46	73		
Kindseth, Kjell		9:25					17:47	9:29	5:55	132		
Kniert, Atticus		9:38					19:01	10:08	6:20	135		
Team place				Team points			Gap time	3:22	# Runner	138		