

Week 9	Week 8 Season		April 22- 28 Knights TF Distance						
	Total	Total	Monday	Eagles Tuesday	Long Run Wednesday	Thursday	Shanley Friday	JV meet Saturday	Sunday
Fiala, Aidan	43	263	6 miles	Eagles	9 miles	4 miles	Shanley	6 miles	off day
Steele, Lincoln	30	184	5 miles	Eagles	7 miles	4 miles	Shanley	PV, 5 miles	off day
Diederich, Preston	20	161	3 miles	Eagles	4 miles	3 miles	Shanley	3 miles	off day
Monroe, Jack	20	153	4 miles	Eagles	6 miles	4 miles	4 miles	JV meet	off day
Berry, Jack	20	147	4 miles	Eagles	6 miles	4 miles	Shanley	4 miles	off day
Osborn, Nate	24	150	4 miles	4miles	4 miles	4 miles	3 miles	JV meet	off day
Weber, Lucas	15	143	4 miles	Eagles	4 miles	4 miles	3 miles	MS meet	off day
Hulley, James	25	150	4 miles	Eagles	6 miles	4 miles	3 miles	JV meet	off day
Sande, Curtis	15	139	3 miles	Eagles	4 miles	3 miles	Shanley	3 miles	off day
Salberg, Steven	26	137	4 miles	Eagles	6 miles	4 miles	3 miles	JV meet	off day
Sailer, Kaden	15	123	4 miles	Eagles	6 miles	4 miles	3 miles	JV meet	off day
Kleven, Joseph	23	124	3 miles	3 miles	4 miles	4 miles	3 miles	JV meet	off day
Sum, Theo	20	119	3 miles	Eagles	4 miles	3 miles	Shanley	3 miles	off day
Benware, Owen	4	102	3 miles	3 miles	3 miles	4 miles	3 miles	JV meet	off day
Uhlir, Ty	22	109	3 miles	Eagles	4 miles	3 miles	3 miles	JV meet	off day
Schwan, Cody	23	110	3 miles	3 miles	4 miles	3 miles	3 miles	JV meet	off day
Kniert, Caius	0	64	2 miles	2 miles	2 miles	3 miles	3 miles	JV meet	off day
Hoverson, Hunter	12	55	3 miles	3 miles	4 miles	3 miles	3 miles	JV meet	off day
Halvorson Jaded	20	63	3 miles	Eagles	4 miles	3 miles	3 miles	JV meet	off day