

# Great North Regional Open - 3/23/24

## Meet Program

### Boys 4x800 Relay Varsity Finals

<b>Heat 1</b>			
1	OAKES 'A'	9:16.35	
	1) Awender, Case 11	2) Buttke, Kenton 11	
	3) Awender, Zane 11	4) Schmit, Roddek 11	
2	GRIGGS MIDKOTA 'A'	9:35.00	
	1) Berg, Luka 12	2) Bengson, Davis 12	
	3) Coombs, Jack 11	4) Johnson, Isaac 10	
3	BAGLEY/FOSSTON 'A'	10:15.00	
	1) Noel, Jonah 10	2) Heide, Max 10	
	3) Anderson, Ryder 9	4) Radtke, Cash 7	
4	NEW ROCKFORD-SHEYENNE 'A'	10:20.00	
	1) Cavanaugh, Richard 10	2) Riggle, Aiden 12	
	3) Deng, Marial 10	4) Leftbear, Dalen 12	
5	PEMBINA COUNTY NORTH 'A'		
	1) Heller, Mason 11	2) Fitzsimonds, Nash 8	
	3) Crosby, Owen 10	4) Kemp, Gunder 10	

### Girls 4x800 Relay Varsity Finals

<b>Heat 1</b>			
1	GRAFTON 'A'	10:50.00	
	1) Kalbrener, Joslyn 10	2) Tompkins, Aubrey 11	
	3) Anderson, Tori 9	4) Suda, Paige 10	
2	CENTRAL CASS 'A'	10:51.51	
	1) Holland, Emery 11	2) DeVries, Mallory 11	
	3) Meier, Molly 10	4) Narum, Jerzi 10	
3	MAY-PORT CG 'A'	11:13.73	
	1) Knudsvig, Kayla 11	2) Carlson, Kaiza 10	
	3) Johnson, Sophia 11	4) Mueller, Carissa 11	
4	CLIMAX-FISHER-SACRED HEART 'A'	11:24.13	
	1) Schroeder, Peyton 9	2) Hanson, Norah 8	
	3) Amtson, Ella 9	4) Kuster, Maddie 7	
5	LAKE OF THE WOODS/INDUS/RAIN 'A'	12:00.00	
	1) Haack, Ava 8	2) Labrasseur, Alyce 12	
	3) Reynolds, Cleo 10	4) Wood, Lexi 8	
6	GRIGGS MIDKOTA 'A'	12:05.02	
	1) McCardle, Tianna 11	2) Hoffman, Ellie 8	
	3) Spickler, Kadence 7	4) Turner, Eryn 12	
7	BAGLEY/FOSSTON 'A'		
	1) Fonder, Hannah 7	2) Heide, Molly 7	
	3) Baumann, Jillian null	4) Heller, Alivia null	
8	DRAYTON/VALLEY-EDINBURG 'A'		
	1) Fagerholt, Milla 8	2) Knutson, Angelina 11	
	3) Parry, Sara 10	4) Hoyles, Violet 8	
9	NELSON COUNTY 'A'		
	1) Donohue, Lily 10	2) Steffan, Laura 9	
	3) Hoffarth, Genevive 7	4) Johnston, Sydnee 12	
10	THIEF RIVER FALLS 'A'		
	1) Rodahl, Samantha 10	2) Zoller, Natalia 8	
	3) Harbott, Livia 9	4) Peterson, Kayla 8	

### Girls 60m Hurdles Varsity Prelims

Best 8 times advance to Finals

<b>Heat 1</b>			
1	Meier, Lucy	12	NEW ROCKFORD-SHEYENNE
2	Mostad, Josie	9	MAY-PORT CG 12.11
3	Hetletved, Meggy	8	LANGDON AREA/EDMORE... 11.50
4	Moen, Brynn	12	GRAND FORKS CENTRAL 10.19
5	Kroepin, Kylie	9	MAY-PORT CG 11.37
6	Woinarowicz, Chloe	9	GRAFTON 12.01
7	Chahal, Jena	9	RED RIVER
<b>Heat 2</b>			
1	Vold, Jocelyn	8	DRAYTON/VALLEY-EDINB... 13.11
2	Nygaard, Taylor	11	THOMPSON 11.54
3	Shultes, Emma	9	CLIMAX-FISHER-SACRED H... 10.61
4	Wendel, Isabel	11	CARRINGTON 11.10
5	Cole, Isabelle	10	GRAFTON 11.89
6	Haag, Kendra	11	GRAND FORKS CENTRAL 11.89
7	Bochenski, Silvia	9	RED RIVER
<b>Heat 3</b>			
2	Carpenter, Amelia	9	PEMBINA COUNTY NORTH 13.58
3	Gullickson, Brooke	10	DRAYTON/VALLEY-EDINB... 11.57
4	Belquist, Emmie	9	NEW ROCKFORD-SHEYENNE 11.00
5	Myrdal, Ingrid	9	DRAYTON/VALLEY-EDINB... 11.09
6	Faleide, Emmy	10	CENTRAL CASS 11.61
7	Abrahamson, Brea	10	CLIMAX-FISHER-SACRED H...

### Boys 60m Hurdles Varsity Prelims

Best 8 times advance to Finals

<b>Heat 1</b>			
1	Bordon, Christian	11	RED RIVER
2	Ryan, Gavin	12	DRAYTON/VALLEY-EDINB... 11.19
3	Wellumson, Elijah	11	CLIMAX-FISHER-SACRED H... 11.01
4	Caron, Brayden	10	MAY-PORT CG 10.62
5	Prewitt, Lewis	10	GRAND FORKS CENTRAL 10.91
6	Flanagan, Mickey	9	CENTRAL CASS 11.10
7	Ressler, Reid	10	GRIGGS MIDKOTA 13.20
<b>Heat 2</b>			
1	Carlsen, Caleb	10	GRAND FORKS CENTRAL
2	Parsley, Keegan	10	NELSON COUNTY 11.60
3	Spears, Brayden	12	THIEF RIVER FALLS 11.03
4	Larocque, James	11	DRAYTON/VALLEY-EDINB... 10.76
5	Thummel, Ayden	9	CENTRAL CASS 10.82
6	Schneider, Brody	9	GRAND FORKS CENTRAL 11.05
7	Link, Keaton	9	CENTRAL CASS 11.63
8	Speicher, Jonathon	12	CLIMAX-FISHER-SACRED H...

### Boys 60 Meter Dash Varsity Prelims

Best 8 times advance to Finals

<b>Heat 1</b>			
1	Heitkamp, Finnegan	7	NELSON COUNTY
2	Lovelace, Levi	11	OAKES 8.50
3	Dutch, Micah	9	NEW ROCKFORD-SHEYENNE 8.00
4	Knatterud, Connor	12	NEW ROCKFORD-SHEYENNE 7.21
5	Larson, Dylan	8	CLIMAX-FISHER-SACRED H... 7.99
6	Mannausau, Max	9	RED RIVER 8.49
7	Heinz, Caleb	9	LAKE OF THE WOODS/IND...

Heat 2				Heat 10			
1	Henderson, TJ	9	LANGDON AREA/EDMORE...	1	Moore, Brody	9	OAKES
2	Ruppell, Vinnie	10	NEW ROCKFORD-SHEYENNE 8.50	2	Schettler, Caden	10	THOMPSON 8.82
3	Flores, Gabe	8	GRAND FORKS CENTRAL 8.00	3	Cruchet, Colton	10	CENTRAL CASS 8.08
4	Nelson, Noah	11	BAGLEY/FOSSTON 7.21	4	Loeks, Tristen	11	OAKES 7.62
5	Reitmeier, Alex	9	CLIMAX-FISHER-SACRED H... 7.96	5	Rodriguez, Roman	11	GRAFTON 7.78
6	Harrington, Paxton	8	CARRINGTON 8.49	6	Thomas, Carson	10	GRAFTON 8.30
7	Gilbertson, Logan	12	THIEF RIVER FALLS	7	Anderson, Cole	10	BAGLEY/FOSSTON
				8	Samaniego, Landen	9	GRAFTON
Heat 3				Heat 11			
1	Johnson, Owen	9	RED RIVER	1	Moore, Trevor	10	PEMBINA COUNTY NORTH
2	O'Connor, Chris	12	RED RIVER 8.52	2	Martinez, Gabe	9	PEMBINA COUNTY NORTH 8.87
3	Davis, Jaycer	9	CLIMAX-FISHER-SACRED H... 8.01	3	Gebhardt, Jarret	12	OAKES 8.09
4	Tholkes, Noah	11	CENTRAL CASS 7.34	4	Bronson-Keena, Trenten	9	DRAYTON/VALLEY-EDINB... 7.63
5	Meier, Bennett	11	NEW ROCKFORD-SHEYENNE 7.95	5	Siryon, Amara	9	RED RIVER 7.75
6	Maseth, Kale	12	THIEF RIVER FALLS 8.48	6	Allmaras, Thomas	9	NEW ROCKFORD-SHEYENNE 8.27
7	Frazier, Trenton	9	BAGLEY/FOSSTON	7	Amann, Parker	11	BARNES COUNTY NORTH
				8	Ronningen, Lakin	9	GRIGGS MIDKOTA
Heat 4				Heat 12			
1	Kissiah, Cameron	10	PEMBINA COUNTY NORTH	1	Narvaiz, Adrian	9	THIEF RIVER FALLS
2	Plutko, Ethan	9	LAKE OF THE WOODS/IND... 8.55	2	Wigestrang, Cody	9	RED RIVER 8.87
3	Harrington, Peyton	10	CARRINGTON 8.01	3	Schumacher, Jackson	10	NEW ROCKFORD-SHEYENNE 8.14
4	Broten, Logan	11	BAGLEY/FOSSTON 7.40	4	Coonrod, Teagan	11	BISHOP RYAN 7.65
5	Brouse, Tyler	12	THIEF RIVER FALLS 7.92	5	Holmquist, Tage	11	PEMBINA COUNTY NORTH 7.74
6	Askelson, Blake	9	THOMPSON 8.44	6	Rodriguez, Miguel	9	GRAFTON 8.26
7	Fleetwood, Isaiah	11	RED RIVER	7	Dorrow, Gauge	7	LAKE OF THE WOODS/IND... 10.70
8	Vidal, Jehoshua	11	RED RIVER	8	Ripplinger, Brady	9	THOMPSON
Heat 5				Heat 13			
1	Kitchen, Cross	10	MAY-PORT CG	1	Nelson, Clay	9	THIEF RIVER FALLS
2	Pengilly, Nathan	10	LANGDON AREA/EDMORE... 8.60	2	Murph, Kyden	9	GRAND FORKS CENTRAL 8.89
3	Kelly-Binkoski, Aidan	11	BISHOP RYAN 8.01	3	Anderson, Craig	12	MAY-PORT CG 8.17
4	Daniel, Brydin	9	BAGLEY/FOSSTON 7.40	4	Ptacek, Carter	11	OAKES 7.65
5	Yon, Charlie	10	THOMPSON 7.87	5	Granger, Porter	11	NEW ROCKFORD-SHEYENNE 7.70
6	Christman, Sam	10	GRAND FORKS CENTRAL 8.43	6	Hall, Evan	10	LANGDON AREA/EDMORE... 8.26
7	Chine, Nunzio	9	RED RIVER	7	Dorrow, Josh	12	LAKE OF THE WOODS/IND... 10.10
8	Verwest, Justin	10	MAY-PORT CG	8	Reynolds, Cash	7	THIEF RIVER FALLS
Heat 6				Heat 14			
1	Krause, Ian	9	CENTRAL CASS	1	O'Connor, David	11	PEMBINA COUNTY NORTH
2	Davis, Maddyx	10	CARRINGTON 8.64	2	Wood, Narren	10	LAKE OF THE WOODS/IND... 9.00
3	Peterson, Cutler	11	MAY-PORT CG 8.04	3	Hilde, Harley	12	DRAYTON/VALLEY-EDINB... 8.17
4	Gray, Gage	9	BAGLEY/FOSSTON 7.40	4	Domier, Hunter	9	CENTRAL CASS 7.69
5	Peterson, Karter	11	THOMPSON 7.87	5	Eisenbeis, Jesse	10	PEMBINA COUNTY NORTH 7.70
6	Vincent, Cole	10	GRIGGS MIDKOTA 8.42	6	Midgarden, Marcos	8	GRAND FORKS CENTRAL 8.22
7	Carrier, Boone	9	PEMBINA COUNTY NORTH	7	Kautzman, Levi	11	GRIGGS MIDKOTA 9.80
8	Toop, Gavin	10	CENTRAL CASS	8	Reisnour, Nick	12	RED RIVER
Heat 7				Heat 15			
1	Kukowski, Malaki	9	NEW ROCKFORD-SHEYENNE	1	Olson, AJ	9	CENTRAL CASS
2	Kittelson, Sam	11	DRAYTON/VALLEY-EDINB... 8.74	2	Feist, Blaze	9	GRAND FORKS CENTRAL 9.34
3	Kraft, Wyatt	11	CENTRAL CASS 8.05	3	Meikle, Gabriel	11	LAKE OF THE WOODS/IND... 8.17
4	Lovelace, Easton	11	THOMPSON 7.46	4	Amble, Cody	11	LANGDON AREA/EDMORE... 7.70
5	Manteufel, Jakob	10	BAGLEY/FOSSTON 7.80	5	Benz, Easton	10	NEW ROCKFORD-SHEYENNE 7.70
6	Askelson, Matthew	9	THOMPSON 8.42	6	Cosley, Weston	9	PEMBINA COUNTY NORTH 8.20
7	Capshaw, Charlie	8	BAGLEY/FOSSTON	7	Tafelmeyer, Kameran	8	GRIGGS MIDKOTA 9.50
8	Thompson, Malachi	11	BARNES COUNTY NORTH	8	Olson, Soren	9	GRAFTON
Heat 8				Heat 9			
1	Meikle, Levi	7	LAKE OF THE WOODS/IND...	1	Moen, Andon	9	GRAND FORKS CENTRAL
2	Peterson, Bohdi	11	MAY-PORT CG 8.75	2	Larson, Landen	9	THIEF RIVER FALLS 8.78
3	Penas, Rylan	9	THOMPSON 8.05	3	Prewitt, Lewis	10	GRAND FORKS CENTRAL 8.07
4	Wisnewski, Isaac	12	CENTRAL CASS 7.46	4	Deng, Deng	12	NEW ROCKFORD-SHEYENNE 7.48
5	Lafond, Evan	11	BAGLEY/FOSSTON 7.80	5	Gray, Kelton	11	BAGLEY/FOSSTON 7.80
6	Solberg, Blake	9	GRAND FORKS CENTRAL 8.40	6	Charles, Hunter	12	NELSON COUNTY 8.35
7	Bright, Zachary III	10	GRAND FORKS CENTRAL	7	Boeder, Aedan	9	CENTRAL CASS
8	Thompson, Jake	11	CENTRAL CASS	8	Santiago, Lance	10	PEMBINA COUNTY NORTH
Heat 9				Heat 10			
1	Moen, Andon	9	GRAND FORKS CENTRAL	1	Jackson, Anna	9	BAGLEY/FOSSTON
2	Larson, Landen	9	THIEF RIVER FALLS 8.78	2	Thumb, Trysta	12	NEW ROCKFORD-SHEYENNE 9.94
3	Prewitt, Lewis	10	GRAND FORKS CENTRAL 8.07	3	Mehus, Zoey	9	MAY-PORT CG 8.93
4	Deng, Deng	12	NEW ROCKFORD-SHEYENNE 7.48	4	Wisnewski, Elise	12	CENTRAL CASS 7.64
5	Gray, Kelton	11	BAGLEY/FOSSTON 7.80	5	Wojciechowski, Gwen	10	THIEF RIVER FALLS 8.84
6	Charles, Hunter	12	NELSON COUNTY 8.35	6	Vivatson, Lucy	9	DRAYTON/VALLEY-EDINB... 9.92
7	Boeder, Aedan	9	CENTRAL CASS	7	Hoyt, Harlie	8	GRIGGS MIDKOTA
8	Santiago, Lance	10	PEMBINA COUNTY NORTH				

## Girls 60 Meter Dash Varsity Prelims

Best 8 times advance to Finals

Heat 1			
1	Jackson, Anna	9	BAGLEY/FOSSTON
2	Thumb, Trysta	12	NEW ROCKFORD-SHEYENNE 9.94
3	Mehus, Zoey	9	MAY-PORT CG 8.93
4	Wisnewski, Elise	12	CENTRAL CASS 7.64
5	Wojciechowski, Gwen	10	THIEF RIVER FALLS 8.84
6	Vivatson, Lucy	9	DRAYTON/VALLEY-EDINB... 9.92
7	Hoyt, Harlie	8	GRIGGS MIDKOTA

<b>Heat 2</b>				<b>Heat 9</b>			
1	Jacobson, Isla	7	NEW ROCKFORD-SHEYENNE	1	Reitmeier, Emily	8	CLIMAX-FISHER-SACRED H...
2	Williams, Kodi	11	BARNES COUNTY NORTH 10.03	2	Solar, Lily	9	LAKE OF THE WOODS/IND... 10.50
3	Schark, Kitara	12	MAY-PORT CG 8.94	3	Reynolds, Kenzie	9	THIEF RIVER FALLS 9.24
4	Phrakonkham, Ava	11	BAGLEY/FOSSTON 7.85	4	Schwabe, Jena	9	THOMPSON 8.34
5	Brorby, Meghan	9	THOMPSON 8.84	5	Misson, Megan	12	PEMBINA COUNTY NORTH 8.65
6	VenHuizen, Klaire	10	GRIGGS MIDKOTA 9.86	6	Friesen, Sienna	12	BAGLEY/FOSSTON 9.42
7	Holland, Lauren	9	CENTRAL CASS	7	Blenco, Maybelline	7	DRAYTON/VALLEY-EDINB...
8	Zuschlag, Josie	9	THOMPSON	8	Sateren, Cara	8	NELSON COUNTY
<b>Heat 3</b>				<b>Heat 10</b>			
1	Kittelson, Sophia	8	DRAYTON/VALLEY-EDINB...	1	Rickford, Jordyn	7	GRIGGS MIDKOTA
2	Torres, Johana	10	RED RIVER 10.11	2	Slade, Dagan	9	NELSON COUNTY 10.76
3	Brintnell, Taylor	8	BISHOP RYAN 9.04	3	Kohlmeier, Halle	10	GRAND FORKS CENTRAL 9.30
4	Udekwe, Tochi	10	BISHOP RYAN 7.86	4	Siverson, Olivia	10	CENTRAL CASS 8.44
5	Gross, Danica	10	THOMPSON 8.79	5	Matthias, Jordyn	9	LAKE OF THE WOODS/IND... 8.60
6	Kaul, Adasyn	9	CENTRAL CASS 9.74	6	Campbell, Sophia	9	MAY-PORT CG 9.41
7	Hilliard, Hannah	7	NELSON COUNTY	7	Beyer, Keyli	8	BARNES COUNTY NORTH
8	Wobbema, Lora	12	NEW ROCKFORD-SHEYENNE	8	Sargent, Adriana	9	RED RIVER
<b>Heat 4</b>				<b>Heat 11</b>			
1	Manley, Addelyn	10	PEMBINA COUNTY NORTH	1	Rogers, Enia	9	RED RIVER
2	Moore, Billie Jo	12	THIEF RIVER FALLS 10.14	2	Hinrichs, Vera	7	LAKE OF THE WOODS/IND... 11.00
3	Witkowski, Brooklyn	10	OAKES 9.09	3	Hetletved, Meggy	8	LANGDON AREA/EDMORE... 9.33
4	Klinkhammer, Claire	9	BAGLEY/FOSSTON 8.00	4	Schumacher, Jaida	8	NEW ROCKFORD-SHEYENNE 8.58
5	Meier, Lucy	12	NEW ROCKFORD-SHEYENNE 8.78	5	Braaten, Nora	9	MAY-PORT CG 8.60
6	Vrtacnik, Mackenzie	10	LAKE OF THE WOODS/IND... 9.70	6	Swenson, Cadence	9	THOMPSON 9.34
7	Ellenson, Liv	11	CENTRAL CASS	7	Albrecht, Kami	8	NELSON COUNTY
8	Vincent, Macy	10	GRIGGS MIDKOTA	8	Rosewaren, Hayley	8	NELSON COUNTY
<b>Heat 5</b>				<b>Boys 1600 Meters Varsity <span style="border: 1px solid black; padding: 2px;">Finals</span></b>			
1	Marquis, Norah	9	BAGLEY/FOSSTON	<b>Heat 1</b>			
2	Tafelmeyer, Kenzie	11	GRIGGS MIDKOTA 10.20	1	Kern, Jack	12	GRAFTON 4:40.65
3	Stremick, Marlie	10	PEMBINA COUNTY NORTH 9.19	2	Burchill, Ronnie	12	CENTRAL CASS 4:49.70
4	Mehrkens, Kendra	12	THIEF RIVER FALLS 8.02	3	Moser, Rudy	12	LANGDON AREA/EDMORE... 4:50.72
5	Warmbold, Isabella	12	BAGLEY/FOSSTON 8.74	4	Perez, David	12	GRAFTON 4:55.74
6	Swanson, Brinna	8	RED RIVER 9.62	5	Kemp, Gunder	10	PEMBINA COUNTY NORTH 4:58.72
7	Dewald, Kennedy	7	GRIGGS MIDKOTA	6	Dunnigan, Cohen	9	RED RIVER 5:00.00
8	Trinity, Curry	8	RED RIVER	7	Martin, Grant	9	CLIMAX-FISHER-SACRED H... 5:04.22
<b>Heat 6</b>				8	Garman, Andy	12	CENTRAL CASS 5:04.85
1	Meyer, Emily	9	CENTRAL CASS	9	Griffin, Curtis	8	THIEF RIVER FALLS 5:06.31
2	Krueger, Caitlyn	9	MAY-PORT CG 10.28	10	Kunze, Levi	9	CENTRAL CASS 5:08.97
3	Hendrickson, Emily	9	CENTRAL CASS 9.21	11	Fitzsimonds, Nash	8	PEMBINA COUNTY NORTH 5:09.83
4	Lemar, Grace	10	CENTRAL CASS 8.17	12	MacLean, Colin	8	THIEF RIVER FALLS 5:10.52
5	Flaten, Ella	9	MAY-PORT CG 8.73	13	Berg, Luka	12	GRIGGS MIDKOTA 5:15.13
6	Sundby, Alayna	9	OAKES 9.59	14	Bryant, Steele	11	CENTRAL CASS 5:18.86
7	Dennis, Precious	9	RED RIVER	15	Cree-Beglau, Tyler	10	NELSON COUNTY 5:19.53
8	Tarr, Mosetha	10	RED RIVER	16	Weber, Lucas	8	GRAND FORKS CENTRAL 5:19.86
<b>Heat 7</b>				17	Berry, Jack	10	GRAND FORKS CENTRAL 5:20.16
1	Mueller, Lydia	8	BARNES COUNTY NORTH	18	Chute, Landen	9	THIEF RIVER FALLS 5:20.30
2	Carpenter, Amelia	9	PEMBINA COUNTY NORTH 10.47	19	Steele, Lincoln	9	GRAND FORKS CENTRAL 5:24.03
3	Weisenburger, Kaci	9	NEW ROCKFORD-SHEYENNE 9.21	<b>Heat 2</b>			
4	Horken, Finley	9	CLIMAX-FISHER-SACRED H... 8.19	1	Foster, Noah	9	LANGDON AREA/EDMORE... 5:25.77
5	Marshall, Meah	12	CLIMAX-FISHER-SACRED H... 8.71	2	Wild, Isaac	11	RED RIVER 5:30.00
6	Rolla, Shekinah	10	RED RIVER 9.56	3	Lettenmaier, Parker	11	BARNES COUNTY NORTH 5:30.29
7	Bruggeman, Nora	9	THIEF RIVER FALLS	4	Gray, Dylan	12	BAGLEY/FOSSTON 5:35.25
8	Swarras, Rachel	9	RED RIVER	5	Overland, Wesley	9	CENTRAL CASS 5:36.28
<b>Heat 8</b>				6	Heller, Mason	11	PEMBINA COUNTY NORTH 5:37.50
1	Neer, Elisa	9	OAKES	7	Zafke, Thomas	10	THOMPSON 5:43.53
2	Plourde, Aly	9	LAKE OF THE WOODS/IND... 10.50	8	Hill, Gavin	10	GRAFTON 5:43.95
3	Ellenson, Milayna	9	CENTRAL CASS 9.23	9	Casetta, Dominic	9	RED RIVER 5:45.00
4	Tompkins, Alexis	10	GRAFTON 8.30	10	Sickler, Will	9	RED RIVER 5:45.00
5	Allmaras, Katie	12	NEW ROCKFORD-SHEYENNE 8.68	11	Dobitz, Joseph	9	OAKES 5:45.80
6	Oconnor, Kennedy	10	MAY-PORT CG 9.50	12	German, Karsen	10	OAKES 5:47.54
7	Braun, Eve	7	BISHOP RYAN	13	Davis, Lincoln	9	THIEF RIVER FALLS 5:48.53
8	Seeba, Paige	11	PEMBINA COUNTY NORTH	14	Sinayigaye, Olivier	11	RED RIVER 5:49.80
				15	Zerr, Caleb	8	RED RIVER 5:51.31
				16	Salberg, Steven	10	GRAND FORKS CENTRAL 5:52.47
				17	Hulley, James	9	GRAND FORKS CENTRAL 5:55.00
				18	Sailer, Kaden	9	GRAND FORKS CENTRAL 5:57.09
				19	Nelson, Drew	11	BAGLEY/FOSSTON 5:57.99
				20	Radtke, Cash	7	BAGLEY/FOSSTON 6:00.00

## Heat 3

1	Gustafson, Ben	10	CARRINGTON	6:02.54
2	Monroe, Jack	11	GRAND FORKS CENTRAL	6:03.00
3	Dorow, Kodiak	9	LAKE OF THE WOODS/IND...	6:06.70
4	Wu, Samuel	10	RED RIVER	6:07.46
5	Auka, Parker	9	CENTRAL CASS	6:10.86
6	Staveteig, Nick	9	RED RIVER	6:15.00
7	Wood, Cameron	10	RED RIVER	6:15.00
8	Kniert, Caius	9	GRAND FORKS CENTRAL	6:16.00
9	Nzeyimana, Noel	11	RED RIVER	6:19.40
10	Schwan, Cody	10	GRAND FORKS CENTRAL	6:21.22
11	Burrell, Finnegan	8	DRAYTON/VALLEY-EDINB...	6:32.10
12	Osborn, Nathan	10	GRAND FORKS CENTRAL	7:43.00
13	Benware, Owen	10	GRAND FORKS CENTRAL	
14	Greiner, Seth	7	NEW ROCKFORD-SHEYENNE	
15	Hoverson, Hunter	9	GRAND FORKS CENTRAL	
16	Humble, Patrick	11	CLIMAX-FISHER-SACRED H...	
17	Kueber, Elliot	7	NELSON COUNTY	
18	Miller, Christian	9	MAY-PORT CG	
19	Novak, Wyatt	8	THIEF RIVER FALLS	
20	Uhlir, Ty	9	GRAND FORKS CENTRAL	

Girls 1600 Meters Varsity Finals

## Heat 1

1	Arntson, Ella	9	CLIMAX-FISHER-SACRED H...	5:32.55
2	Pazdernik, Kenadie	11	CARRINGTON	5:32.67
3	Ihry, Emmi	7	CLIMAX-FISHER-SACRED H...	5:40.01
4	DeVries, Mallory	11	CENTRAL CASS	5:43.26
5	Lorenz, Olivia	9	LANGDON AREA/EDMORE...	5:53.12
6	Mossestad, Elory	9	THIEF RIVER FALLS	5:54.21
7	Hoyles, Violet	8	DRAYTON/VALLEY-EDINB...	6:05.37
8	Tompkins, Aubrey	11	GRAFTON	6:05.42
9	Abrahamson, Jayla	8	CLIMAX-FISHER-SACRED H...	6:05.60
10	Denault, Delaney	10	PEMBINA COUNTY NORTH	6:12.80
11	Lura, Jaedyn	10	CARRINGTON	6:14.00
12	Labrasseur, Alyce	12	LAKE OF THE WOODS/IND...	6:16.80
13	Hanson, Norah	8	CLIMAX-FISHER-SACRED H...	6:17.80
14	Johnson, Sophia	11	MAY-PORT CG	6:19.35
15	Heck, Kyza	8	GRAFTON	6:29.64
16	Fiala, Claire	9	GRAND FORKS CENTRAL	6:29.95

## Heat 2

1	Donohue, Lily	10	NELSON COUNTY	6:30.00
2	Krebs, Faith	10	THOMPSON	6:30.46
3	Mager, Sarah	11	THOMPSON	6:31.68
4	Willis, Kiera	9	THOMPSON	6:34.00
5	Peterson, Kayla	8	THIEF RIVER FALLS	6:37.09
6	Neumiller, Shalee	10	LAKE OF THE WOODS/IND...	6:37.37
7	Turner, Eryn	12	GRIGGS MIDKOTA	6:43.38
8	Munoz, Angelina	11	GRAFTON	6:45.00
9	Mikelson, Makenna	11	THOMPSON	6:45.98
10	Fagerholt, Milla	8	DRAYTON/VALLEY-EDINB...	6:58.60
11	Zoller, Samantha	11	THIEF RIVER FALLS	7:22.12
12	Garman, Olivia	9	CENTRAL CASS	
13	Helgoe, Emersen	9	PEMBINA COUNTY NORTH	
14	Heller, Alivia	9	BAGLEY/FOSSTON	
15	Hoffarth, Genevive	7	NELSON COUNTY	
16	Keller, Lilia	9	GRAND FORKS CENTRAL	

Boys 4x200 Relay Varsity Finals

## Heat 1

1	OAKES	'A'	1:42.73
1)	<i>Ptacek, Carter 11</i>	2)	<i>Loeks, Tristen 11</i>
3)	<i>Nitschke, Reese 9</i>	4)	<i>Walock, Max 12</i>
2	GRAND FORKS CENTRAL	'A'	1:42.00
1)	<i>Schneider, Brody 9</i>	2)	<i>Midgarden, Marcos 8</i>
3)	<i>Mendez Urbina, Francisco 11</i>	4)	<i>Usatii, Nikita 9</i>
3	GRAFTON	'A'	1:40.00
1)	<i>Rodriguez, Roman 11</i>	2)	<i>Thomas, Carson 10</i>
3)	<i>Rodriguez, Miguel 9</i>	4)	<i>Navarro, Isaac 9</i>
4	NEW ROCKFORD-SHEYENNE	'A'	1:36.50
1)	<i>Knatterud, Connor 12</i>	2)	<i>Benz, Easton 10</i>
3)	<i>Granger, Porter 11</i>	4)	<i>Deng, Deng 12</i>
5	CENTRAL CASS	'A'	1:38.37
1)	<i>Stahl, Coleson 11</i>	2)	<i>Olson, Maisen 10</i>
3)	<i>Thompson, Kayden 9</i>	4)	<i>Schneider, Simon 10</i>
6	BAGLEY/FOSSTON	'A'	1:42.00
1)	<i>Gray, Gage 9</i>	2)	<i>Daniel, Brydin 9</i>
3)	<i>Lafond, Evan 11</i>	4)	<i>Gray, Kelton 11</i>
7	CARRINGTON	'A'	1:42.08
1)	<i>Harrington, Peyton 10</i>	2)	<i>Bickett, Ryder 11</i>
3)	<i>Bickett, Joshua 11</i>	4)	<i>Zink, McKade 10</i>

## Heat 2

2	DRAYTON/VALLEY-EDINBURG	'A'	1:48.71
1)	<i>Hilde, Harley 12</i>	2)	<i>Kittelson, Samuel 11</i>
3)	<i>Kittelson, Charles 12</i>	4)	<i>Johnson, Carter 9</i>
3	CLIMAX-FISHER-SACRED HEART	'A'	1:45.26
1)	<i>Ihry, Caleb 9</i>	2)	<i>Wellumson, Elijah 11</i>
3)	<i>Speicher, Jonathon 12</i>	4)	<i>Larson, Dylan 8</i>
4	GRIGGS MIDKOTA	'A'	1:44.00
1)	<i>Johnson, Isaac 10</i>	2)	<i>Vincent, Cole 10</i>
3)	<i>Spickler, Trace 9</i>	4)	<i>Ronningen, Lakin 9</i>
5	RED RIVER	'A'	1:44.00
1)	<i>Vidal, Jehoshua 11</i>	2)	<i>Mannausau, Max 9</i>
3)	<i>Saylor, Evan 11</i>	4)	<i>Chine, Nunzio 9</i>
6		'B'	1:46.00
1)	<i>Flores, Gabe 8</i>	2)	<i>Christman, Sam 10</i>
3)	<i>Carlsen, Caleb null</i>	4)	<i>Solberg, Blake null</i>
7	LANGDON AREA/EDMORE/MUNICH	'A'	1:49.00
1)	<i>Hall, Evan 10</i>	2)	<i>Sanders, Jacob 11</i>
3)	<i>Pengilly, Nathan 10</i>	4)	<i>McDonald, Caleb 8</i>

**Heat 3**

2	PEMBINA COUNTY NORTH	'B'	
	1) <i>Martinez, Gabe 9</i>		2) <i>Santiago, Lance 10</i>
	3) <i>Kissiah, Cameron 10</i>		4) <i>Evenson, Bjorn 10</i>
3	NEW ROCKFORD-SHEYENNE	'B'	
	1) <i>Allmaras, Thomas 9</i>		2) <i>Schumacher, Jackson 10</i>
	3) <i>Kukowski, Malaki 9</i>		4) <i>Dutch, Micah 9</i>
4	CENTRAL CASS	'B'	
	1) <i>Miller, Brodie 9</i>		2) <i>Neidviecky, Kenny null</i>
	3) <i>Link, Keaton null</i>		4) <i>Williams, James 9</i>
5	NELSON COUNTY	'A'	
	1) <i>Parsley, Keegan 10</i>		2) <i>Forde, Eric 7</i>
	3) <i>Charles, Hunter 12</i>		4) <i>O'Brien, Jack 11</i>
6	PEMBINA COUNTY NORTH	'A'	
	1) <i>Holmquist, Tage 11</i>		2) <i>Cosley, Weston 9</i>
	3) <i>Moore, Trevor 10</i>		4) <i>Eisenbeis, Jesse 10</i>
7	THIEF RIVER FALLS	'A'	
	1) <i>Maseth, Kale 12</i>		2) <i>Rowe, Michael 9</i>
	3) <i>Reynolds, Cash 7</i>		4) <i>Larson, Landen 9</i>

**Heat 2**

1	NELSON COUNTY	'A'	
	1) <i>Johnston, Sydnee 12</i>		2) <i>Albrecht, Kami 8</i>
	3) <i>Reiten, Katelyn 8</i>		4) <i>Sateren, Cara 8</i>
2	GRAND FORKS CENTRAL	'A'	
	1) <i>Kohlmeier, Halle 10</i>		2) <i>Arnold, Emily 12</i>
	3) <i>Brown, Emma 9</i>		4) <i>Haag, Kendra 11</i>
3	DRAYTON/VALLEY-EDINBURG	'A'	2:04.44
	1) <i>Parry, Sara 10</i>		2) <i>Myrdal, Ingrid 9</i>
	3) <i>Vivatson, Lucy 9</i>		4) <i>Fering, Reese 11</i>
4	OAKES	'A'	2:02.24
	1) <i>Harris, Lexi 10</i>		2) <i>Witkowski, Brooklyn 10</i>
	3) <i>Muggli, Ann 11</i>		4) <i>Sundby, Alayna 9</i>
5	GRIGGS MIDKOTA	'A'	2:04.00
	1) <i>Hoyt, Harlie 8</i>		2) <i>Vincent, Macy 10</i>
	3) <i>Adrain, Alette 10</i>		4) <i>Haugen, Ruth 9</i>
6	CLIMAX-FISHER-SACRED HEART	'A'	2:07.81
	1) <i>Marshall, Meah 12</i>		2) <i>Henderson, Lillian 8</i>
	3) <i>Reitmeier, Emily 8</i>		4) <i>Wellumson, Anna 9</i>
7	MAY-PORT CG	'B'	
	1) <i>Schark, Kitara 12</i>		2) <i>Olson, Ashlyn 9</i>
	3) <i>Campbell, Sophia 9</i>		4) <i>Strand, Madelyn 9</i>
8	THIEF RIVER FALLS	'A'	
	1) <i>Reynolds, Kenzie 9</i>		2) <i>Wojciechowski, Gwen 10</i>
	3) <i>Waldal, Avah 11</i>		4) <i>Mehrkens, Kendra 12</i>

**Girls 4x200 Relay Varsity**

**Finals**

**Heat 1**

1	LANGDON AREA/EDMORE/MUNICH	'A'	2:00.00
	1) <i>Hettletved, Meggy 8</i>		2) <i>Badding, Aubrey 9</i>
	3) <i>Badding, Cora 12</i>		4) <i>Feist, Taya 8</i>
2	RED RIVER	'A'	1:59.84
	1) <i>Swanson, Brinna 8</i>		2) <i>Trinity, Curry 8</i>
	3) <i>Rolla, Shekinah 10</i>		4) <i>Kapinos, Charlotte 10</i>
3	CARRINGTON	'A'	1:58.76
	1) <i>Friedt, Sierra 11</i>		2) <i>Kollman, Josie 8</i>
	3) <i>Schaefer, Reese 10</i>		4) <i>Lura, Mercedes 11</i>
4	BAGLEY/FOSSTON	'A'	1:52.00
	1) <i>Klinkhammer, Claire 9</i>		2) <i>Warmbold, Isabella 12</i>
	3) <i>Friesen, Sienna 12</i>		4) <i>Phrakonkham, Ava 11</i>
5	NEW ROCKFORD-SHEYENNE	'A'	1:56.68
	1) <i>Schumacher, Jaida 8</i>		2) <i>Peterson, Ava 10</i>
	3) <i>Weisenburger, Kaci 9</i>		4) <i>Allmaras, Katie 12</i>
6	MAY-PORT CG	'A'	1:59.64
	1) <i>Braaten, Nora 9</i>		2) <i>Mehus, Zoey 9</i>
	3) <i>Carlson, Kaiza 10</i>		4) <i>Flaten, Ella 9</i>
7	BAGLEY/FOSSTON	'B'	2:00.00
	1) <i>Striker, Danica 11</i>		2) <i>Hayes, Ava 9</i>
	3) <i>Halvorson, Tayla 9</i>		4) <i>Quam, Hatty 8</i>
8	GRAFTON	'A'	2:01.50
	1) <i>Klug, Layla 10</i>		2) <i>Miller, Hannah 11</i>
	3) <i>Anderson, Tori 9</i>		4) <i>Woinarowicz, Chloe 9</i>

**Boys 600 Meters Varsity**

**Finals**

**Heat 1**

1	Cree-Beglau, Tyler	10	NELSON COUNTY	1:46.37
2	Johnson, Carter	9	DRAYTON/VALLEY-EDINB...	1:40.00
3	Link, Grady	11	CENTRAL CASS	1:39.98
4	Kaylor, Blake	12	BISHOP RYAN	1:33.00
5	Perkins, Wyatt	9	MAY-PORT CG	1:39.50
6	Deng, Marial	10	NEW ROCKFORD-SHEYENNE	1:40.00
7	Moser, Rudy	12	LANGDON AREA/EDMORE...	1:40.00

**Heat 2**

1	Lettenmaier, Parker	11	BARNES COUNTY NORTH	
2	Gray, Dylan	12	BAGLEY/FOSSTON	
3	Ronningen, Keaten	7	GRIGGS MIDKOTA	2:10.00
4	Snyder, Simeon	10	THOMPSON	1:56.67
5	Schuder, Riley	7	GRIGGS MIDKOTA	2:02.00
6	Forde, Eric	7	NELSON COUNTY	
7	Hanson, Rylan	10	CLIMAX-FISHER-SACRED H...	

**Heat 3**

2	Panda, Jai	11	RED RIVER	
3	Mayer, Cody	12	OAKES	
4	Lindberg, Joe	12	CARRINGTON	
5	Ludwig, Maximus	10	GRIGGS MIDKOTA	
6	Miller, Christian	9	MAY-PORT CG	
7	Radtke, Cash	7	BAGLEY/FOSSTON	

**Girls 600 Meters Varsity**

**Finals**

**Heat 1**

1	Jacobson, Isla	7	NEW ROCKFORD-SHEYENNE	1:59.80
2	Suda, Paige	10	GRAFTON	1:57.88
3	Buttke, Shanna	10	OAKES	1:56.80
4	Mueller, Carissa	11	MAY-PORT CG	1:48.77
5	Burrell, Greta	11	DRAYTON/VALLEY-EDINB...	1:52.82
6	Hoyle, Alyssa	10	DRAYTON/VALLEY-EDINB...	1:57.51
7	Kalbrener, Joslyn	10	GRAFTON	1:58.00

**Heat 2**

1	McCardle, Tianna	11	GRIGGS MIDKOTA	2:06.29
2	Brown, Emma	9	GRAND FORKS CENTRAL	2:01.04
3	Johnson, Alia	8	RED RIVER	2:00.23
4	Huebner, Kiley	11	THOMPSON	2:00.00
5	Benton, Grace	8	RED RIVER	2:00.23
6	Wu, Selena	12	RED RIVER	2:00.23
7	Strand, Paetyyn	9	MAY-PORT CG	2:04.94

**Heat 3**

1	Denault, Delaney	10	PEMBINA COUNTY NORTH	
2	Salgado, Alejandra	10	RED RIVER	2:46.72
3	Knutson, Angelina	11	DRAYTON/VALLEY-EDINB...	2:10.54
4	Hanson, Lily	9	GRAFTON	2:10.00
5	Tennyson, Paige	9	GRAND FORKS CENTRAL	2:10.09
6	Johnson, Sophia	11	MAY-PORT CG	2:12.60
7	Kapinos, Charlotte	10	RED RIVER	2:52.16

**Heat 4**

1	Hoornaert, Edyn	11	CARRINGTON	
2	Henry, Tennasyn	12	GRAND FORKS CENTRAL	
3	Heide, Molly	7	BAGLEY/FOSSTON	
4	Fonder, Hannah	7	BAGLEY/FOSSTON	
5	Gauderman, Alexa	9	THOMPSON	
6	Helgoe, Emersen	9	PEMBINA COUNTY NORTH	
7	Hoffarth, Genevive	7	NELSON COUNTY	

**Heat 5**

2	Schroeder, Peyton	9	CLIMAX-FISHER-SACRED H...	
3	McCullough, Emma	11	GRIGGS MIDKOTA	
4	Johnson, Kelsey	10	GRIGGS MIDKOTA	
5	Johnson, Marah	8	CARRINGTON	
6	Schiro, Almaz	9	LAKE OF THE WOODS/IND...	
7	Spickler, Kadence	7	GRIGGS MIDKOTA	

**Boys 400 Meters Varsity** Finals**Heat 1**

1	Walock, Max	12	OAKES	55.32
2	Bickett, Joshua	11	CARRINGTON	55.00
3	Dolney, Blayson	12	OAKES	52.57
4	MacLean, William	11	THIEF RIVER FALLS	51.99
5	Reilly, Brady	11	DRAYTON/VALLEY-EDINB...	52.29
6	Lemar, Peyton	12	CENTRAL CASS	54.35
7	Lundeen, Griffin	12	THIEF RIVER FALLS	55.04

**Heat 2**

1	Awender, Zane	11	OAKES	57.63
2	Tanner, Jaxson	11	THIEF RIVER FALLS	56.99
3	Meikle, Gabriel	11	LAKE OF THE WOODS/IND...	56.10
4	Cavanaugh, Richard	10	NEW ROCKFORD-SHEYENNE	56.00
5	Leftbear, Dalen	12	NEW ROCKFORD-SHEYENNE	56.00
6	Holland, Easton	9	CENTRAL CASS	56.33
7	Stahl, Coleson	11	CENTRAL CASS	57.53

**Heat 3**

1	Proulx, Ethan	10	BAGLEY/FOSSTON	59.45
2	Yon, Charlie	10	THOMPSON	58.87
3	Ihry, Caleb	9	CLIMAX-FISHER-SACRED H...	58.70
4	Urbain, Mbanzendore	11	RED RIVER	58.32
5	Thummel, Ayden	9	CENTRAL CASS	58.34
6	Navarro, Isaac	9	GRAFTON	58.86
7	Siryon, Amara		RED RIVER	59.00

**Heat 4**

1	Mauch, Caleb	9	THIEF RIVER FALLS	1:04.13
2	O'Connor, Chris	12	RED RIVER	1:02.61
3	Mendez Urbina, Fransisco	11	GRAND FORKS CENTRAL	1:02.00
4	McDonald, Tanner	10	LANGDON AREA/EDMORE...	59.85
5	Berry, Jack	10	GRAND FORKS CENTRAL	1:00.44
6	Solberg, Blake	9	GRAND FORKS CENTRAL	1:02.00
7	Pengilly, Nathan	10	LANGDON AREA/EDMORE...	1:02.84

**Heat 5**

1	Canare, Jasper	11	LAKE OF THE WOODS/IND...	
2	Anderson, Ryder	9	BAGLEY/FOSSTON	
3	Askelson, Blake	9	THOMPSON	1:06.18
4	Flanagan, Mickey	9	CENTRAL CASS	1:05.34
5	Askelson, Matthew	9	THOMPSON	1:05.72
6	Ressler, Lane	10	GRIGGS MIDKOTA	1:08.68
7	Blacknit, Jason	9	GRAND FORKS CENTRAL	

**Heat 6**

1	Miller, Brodie	9	CENTRAL CASS	
2	Heitkamp, Finnegan	7	NELSON COUNTY	
3	Garrison, Dominic	9	BAGLEY/FOSSTON	
4	Christman, Sam	10	GRAND FORKS CENTRAL	
5	Folkert, Garret	9	BAGLEY/FOSSTON	
6	Hanson, Kason	10	THIEF RIVER FALLS	
7	Loennecker, Leon	10	BAGLEY/FOSSTON	

**Heat 7**

1	Zafke, Thomas	10	THOMPSON	
2	Thompson, Kayden	9	CENTRAL CASS	
3	Nudell, Owen	11	CENTRAL CASS	
4	Moen, Andon	9	GRAND FORKS CENTRAL	
5	Nelson, Gabe	9	THIEF RIVER FALLS	
6	Perkins, Wyatt	9	MAY-PORT CG	
7	Thompson, Malachi	11	BARNES COUNTY NORTH	

**Girls 400 Meters Varsity** Finals**Heat 1**

1	Presteng, Annelise	11	GRAFTON	1:05.42
2	Schumacher, Jaida	8	NEW ROCKFORD-SHEYENNE	1:03.59
3	Lormejuste, Ruby	11	BISHOP RYAN	1:02.32
4	Udekwe, Tochi	10	BISHOP RYAN	59.42
5	Fedje, Elizabeth	10	DRAYTON/VALLEY-EDINB...	1:00.84
6	Belquist, Emmie	9	NEW ROCKFORD-SHEYENNE	1:03.21
7	Badding, Cora	12	LANGDON AREA/EDMORE...	1:04.94

**Heat 2**

1	Feist, Taya	8	LANGDON AREA/EDMORE...	1:08.40
2	Meier, Lucy	12	NEW ROCKFORD-SHEYENNE	1:07.59
3	Anderson, Tori	9	GRAFTON	1:07.04
4	Badding, Aubrey	9	LANGDON AREA/EDMORE...	1:05.49
5	Charley, Leah	11	BISHOP RYAN	1:06.02
6	Knudsvig, Kayla	11	MAY-PORT CG	1:07.34
7	Allmaras, Katie	12	NEW ROCKFORD-SHEYENNE	1:07.94

**Heat 3**

1	Wellumson, Anna	9	CLIMAX-FISHER-SACRED H...	1:14.11
2	Mager, Sarah	11	THOMPSON	1:11.97
3	Anderson, Gretchen	9	BAGLEY/FOSSTON	1:10.00
4	Peterson, Ava	10	NEW ROCKFORD-SHEYENNE	1:09.64
5	Schaefer, Reese	10	CARRINGTON	1:09.64
6	Garman, Olivia	9	CENTRAL CASS	1:10.44
7	Howard, Emma	8	RED RIVER	1:13.65

**Heat 4**

1	Faleide, Emmy	10	CENTRAL CASS	1:20.16
2	Mikelson, Makenna	11	THOMPSON	1:17.84
3	Stremick, Marlie	10	PEMBINA COUNTY NORTH	1:15.34
4	Anderson, Rorie	9	THOMPSON	1:14.23
5	Beyer, Keyli	8	BARNES COUNTY NORTH	1:15.30
6	Moore, Billie Jo	12	THIEF RIVER FALLS	1:17.61
7	Baltes, Kelsey	11	THIEF RIVER FALLS	1:19.40

**Heat 5**

1	Larson, Gabby	7	GRIGGS MIDKOTA	
2	Johnson, Avery	7	GRIGGS MIDKOTA	
3	Braun, Elsie	10	BISHOP RYAN	
4	Knudson, Caroline	9	CLIMAX-FISHER-SACRED H...	1:20.58
5	Aarestad, Anika	12	GRIGGS MIDKOTA	
6	Dela Rosa, Estela	12	BARNES COUNTY NORTH	
7	Kotaska, Elizabeth	10	GRIGGS MIDKOTA	

Boys 800 Meters Varsity **Finals**

## Heat 6

2	Reynolds, Cleo	10	LAKE OF THE WOODS/IND...
3	Parry, Sara	10	DRAYTON/VALLEY-EDINB...
4	Mueller, Lydia	8	BARNES COUNTY NORTH
5	Parry, Aaliyah	8	DRAYTON/VALLEY-EDINB...
6	Reiten, Katelyn	8	NELSON COUNTY
7	Weisenburger, Kaci	9	NEW ROCKFORD-SHEYENNE

Boys 300m Hurdles Varsity **Finals**

## Heat 1

5	Parsley, Keegan	10	NELSON COUNTY	49.24
6	Caron, Brayden	10	MAY-PORT CG	48.26
7	Spears, Brayden	12	THIEF RIVER FALLS	47.42
8	Wellumson, Elijah	11	CLIMAX-FISHER-SACRED H...	47.49

## Heat 2

5	Ryan, Gavin	12	DRAYTON/VALLEY-EDINB...	52.04
6	Carlsen, Caleb	10	GRAND FORKS CENTRAL	51.20
7	Larocque, James	11	DRAYTON/VALLEY-EDINB...	49.53
8	Bordon, Christian	11	RED RIVER	50.25

## Heat 3

5	Hanson, Rylan	10	CLIMAX-FISHER-SACRED H...	
6	Burrell, Finnegan	8	DRAYTON/VALLEY-EDINB...	1:06.28
7	Strandberg, William	9	BAGLEY/FOSSTON	52.24
8	Ressler, Reid	10	GRIGGS MIDKOTA	59.32

## Heat 4

5	Wigestrand, Cody	9	RED RIVER
6	O'Brien, Jack	11	NELSON COUNTY
7	Hoverson, Hunter	9	GRAND FORKS CENTRAL
8	Miller, Eliot	8	RED RIVER

Girls 300m Hurdles Varsity **Finals**

## Heat 1

5	Moen, Brynn	12	GRAND FORKS CENTRAL	50.23
6	Woinarowicz, Chloe	9	GRAFTON	50.14
7	Lormejuste, Ruby	11	BISHOP RYAN	48.53
8	Cole, Isabelle	10	GRAFTON	48.84

## Heat 2

5	Shultes, Emma	9	CLIMAX-FISHER-SACRED H...	55.24
6	Hayes, Ava	9	BAGLEY/FOSSTON	55.01
7	Carlson, Kaiza	10	MAY-PORT CG	51.44
8	Gullickson, Brooke	10	DRAYTON/VALLEY-EDINB...	53.24

## Heat 3

6	Munoz, Angelina	11	GRAFTON	1:03.97
7	Myrdal, Ingrid	9	DRAYTON/VALLEY-EDINB...	55.91
8	Kroeplin, Kylie	9	MAY-PORT CG	56.81

## Heat 4

6	Mostad, Josie	9	MAY-PORT CG
7	Buttke, Shanna	10	OAKES
8	Johnston, Sydnee	12	NELSON COUNTY

## Heat 1

1	Kaylor, Blake	12	BISHOP RYAN	2:06.90
2	Meikle, Gabriel	11	LAKE OF THE WOODS/IND...	2:09.91
3	MacLean, William	11	THIEF RIVER FALLS	2:12.77
4	Burchill, Ronnie	12	CENTRAL CASS	2:13.16
5	Vanyo, Tyson	9	GRAND FORKS CENTRAL	2:13.73
6	Cree-Beglau, Tyler	10	NELSON COUNTY	2:15.01
7	Garman, Andy	12	CENTRAL CASS	2:15.41
8	Heller, Mason	11	PEMBINA COUNTY NORTH	2:17.09
9	Kemp, Gunder	10	PEMBINA COUNTY NORTH	2:18.99
10	Kunze, Levi	9	CENTRAL CASS	2:19.09
11	Wild, Isaac	11	RED RIVER	2:20.00
12	Schmit, Roddek	11	OAKES	2:20.33

## Heat 2

1	Bryant, Steele	11	CENTRAL CASS	2:21.26
2	MacLean, Colin	8	THIEF RIVER FALLS	2:21.82
3	Dunnigan, Cohen	9	RED RIVER	2:23.18
4	Chute, Landen	9	THIEF RIVER FALLS	2:23.60
5	Fitzsimonds, Nash	8	PEMBINA COUNTY NORTH	2:23.83
6	Noel, Jonah	10	BAGLEY/FOSSTON	2:24.00
7	Heide, Max	10	BAGLEY/FOSSTON	2:25.00
8	Crosby, Owen	10	PEMBINA COUNTY NORTH	2:25.27
9	Buttke, Kenton	11	OAKES	2:25.68
10	Lettenmaier, Parker	11	BARNES COUNTY NORTH	2:25.71
11	Mayer, Cody	12	OAKES	2:26.40
12	Weber, Lucas	8	GRAND FORKS CENTRAL	2:27.23

## Heat 3

1	Overland, Wesley	9	CENTRAL CASS	2:29.25
2	Snyder, Simeon	10	THOMPSON	2:29.57
3	Sinayigaye, Olivier	11	RED RIVER	2:30.86
4	Hill, Gavin	10	GRAFTON	2:33.33
5	Riggle, Aiden	12	NEW ROCKFORD-SHEYENNE	2:35.00
6	Dobitz, Joseph	9	OAKES	2:39.97
7	Sailer, Kaden	9	GRAND FORKS CENTRAL	2:40.60
8	Wu, Samuel	10	RED RIVER	2:42.66
9	Zerr, Caleb	8	RED RIVER	2:43.41
10	Hulley, James	9	GRAND FORKS CENTRAL	2:45.00
11	Schwan, Cody	10	GRAND FORKS CENTRAL	2:45.46
12	Uhlir, Ty	9	GRAND FORKS CENTRAL	2:45.72
13	Auka, Parker	9	CENTRAL CASS	2:46.21

## Heat 4

1	Kleven, Joseph	9	GRAND FORKS CENTRAL	2:47.09
2	Dorow, Kodiak	9	LAKE OF THE WOODS/IND...	2:47.28
3	Nzeyimana, Noel	11	RED RIVER	2:48.87
4	Monroe, Jack	11	GRAND FORKS CENTRAL	2:49.55
5	Novak, Wyatt	8	THIEF RIVER FALLS	2:55.30
6	Benware, Owen	10	GRAND FORKS CENTRAL	
7	Casetta, Dominic	9	RED RIVER	
8	Greiner, Seth	7	NEW ROCKFORD-SHEYENNE	
9	Kueber, Elliot	7	NELSON COUNTY	
10	Osborn, Nathan	10	GRAND FORKS CENTRAL	
11	Sickler, Will	9	RED RIVER	
12	Staveteig, Nick	9	RED RIVER	
13	Wood, Cameron	10	RED RIVER	

Girls 800 Meters Varsity **Finals**

## Heat 1

1	Narum, Jerzi	10	CENTRAL CASS	2:27.61
2	Pazdernik, Kenadie	11	CARRINGTON	2:28.39
3	Buttke, Shanna	10	OAKES	2:31.38
4	Meier, Molly	10	CENTRAL CASS	2:34.43
5	Holland, Emery	11	CENTRAL CASS	2:36.13
6	Harbott, Livia	9	THIEF RIVER FALLS	2:36.30
7	Arntson, Ella	9	CLIMAX-FISHER-SACRED H...	2:41.00
8	Hoornaert, Aniston	8	CARRINGTON	2:44.64
9	Denault, Delaney	10	PEMBINA COUNTY NORTH	2:44.69
10	Tompkins, Aubrey	11	GRAFTON	2:45.20
11	Hoyles, Violet	8	DRAYTON/VALLEY-EDINB...	2:49.06
12	Sateren, Cara	8	NELSON COUNTY	2:51.00
13	Berg, Skylah	8	GRIGGS MIDKOTA	2:53.65
14	Krebs, Faith	10	THOMPSON	2:57.11
15	Willis, Kiera	9	THOMPSON	2:58.16

## Heat 2

1	Rodahl, Samantha	10	THIEF RIVER FALLS	3:01.79
2	Schiro, Almaz	9	LAKE OF THE WOODS/IND...	3:06.74
3	Fagerholt, Milla	8	DRAYTON/VALLEY-EDINB...	3:08.37
4	Eidsmoe, Sophie	10	THIEF RIVER FALLS	3:08.40
5	Zoller, Samantha	11	THIEF RIVER FALLS	3:09.95
6	Baumann, Jillian	10	BAGLEY/FOSSTON	
7	Blenco, Maybelline	7	DRAYTON/VALLEY-EDINB...	
8	Dela Rosa, Estela	12	BARNES COUNTY NORTH	
9	Fedje, Rosalyn	7	DRAYTON/VALLEY-EDINB...	
10	Helgoe, Emersen	9	PEMBINA COUNTY NORTH	
11	Kuster, Maddie	7	CLIMAX-FISHER-SACRED H...	
12	Neumiller, Shalee	10	LAKE OF THE WOODS/IND...	
13	Steffan, Laura	9	NELSON COUNTY	
14	Tennyson, Paige	9	GRAND FORKS CENTRAL	

Boys 200 Meters Varsity **Finals**

## Heat 1

1	Lovelace, Easton	11	THOMPSON	24.05
2	Granger, Porter	11	NEW ROCKFORD-SHEYENNE	23.76
3	Nelson, Noah	11	BAGLEY/FOSSTON	23.41
4	Knatterud, Connor	12	NEW ROCKFORD-SHEYENNE	22.85
5	Amble, Cody	11	LANGDON AREA/EDMORE...	23.01
6	Lemar, Peyton	12	CENTRAL CASS	23.60
7	Deng, Deng	12	NEW ROCKFORD-SHEYENNE	24.00
8	Tholkes, Noah	11	CENTRAL CASS	24.12

## Heat 2

1	Holmquist, Tage	11	PEMBINA COUNTY NORTH	24.63
2	Cruchet, Colton	10	CENTRAL CASS	24.52
3	Peterson, Karter	11	THOMPSON	24.46
4	Eisenbeis, Jesse	10	PEMBINA COUNTY NORTH	24.16
5	Dolney, Blayson	12	OAKES	24.40
6	Benz, Easton	10	NEW ROCKFORD-SHEYENNE	24.50
7	Reilly, Brady	11	DRAYTON/VALLEY-EDINB...	24.59
8	Oberg, Carter	9	DRAYTON/VALLEY-EDINB...	24.64

## Heat 3

1	Bronson-Keena, Trenten	9	DRAYTON/VALLEY-EDINB...	25.30
2	Krogstad, Gavin	11	THOMPSON	25.20
3	Dutch, Micah	9	NEW ROCKFORD-SHEYENNE	25.04
4	Brouse, Tyler	12	THIEF RIVER FALLS	24.74
5	Nudell, Owen	11	CENTRAL CASS	24.98
6	Nitschke, Reese	9	OAKES	25.04
7	Loeks, Tristen	11	OAKES	25.25
8	Muscha, Case	11	CENTRAL CASS	25.33

## Heat 4

1	Schumacher, Jackson	10	NEW ROCKFORD-SHEYENNE	25.80
2	Gebhardt, Jarret	12	OAKES	25.66
3	Siryon, Amara		RED RIVER	25.50
4	Kelly-Binkoski, Aidan	11	BISHOP RYAN	25.41
5	Cosley, Weston	9	PEMBINA COUNTY NORTH	25.50
6	Lafond, Evan	11	BAGLEY/FOSSTON	25.56
7	Harrington, Paxton	8	CARRINGTON	25.73
8	Navarro, Isaac	9	GRAFTON	25.91

## Heat 5

1	Kraft, Wyatt	11	CENTRAL CASS	26.30
2	Kukowski, Malaki	9	NEW ROCKFORD-SHEYENNE	26.17
3	Plutko, Ethan	9	LAKE OF THE WOODS/IND...	26.03
4	Vidal, Jehoshua	11	RED RIVER	25.98
5	Coonrod, Teagan	11	BISHOP RYAN	26.00
6	Allmaras, Thomas	9	NEW ROCKFORD-SHEYENNE	26.13
7	Tanner, Jaxson	11	THIEF RIVER FALLS	26.18
8	Danner, Cash	10	THOMPSON	26.43

## Heat 6

1	Penas, Rylan	9	THOMPSON	26.74
2	Masseth, Kale	12	THIEF RIVER FALLS	26.61
3	Usatii, Nikita	9	GRAND FORKS CENTRAL	26.50
4	Ihry, Caleb	9	CLIMAX-FISHER-SACRED H...	26.43
5	Davis, Jaycer	9	CLIMAX-FISHER-SACRED H...	26.44
6	Midgarden, Marcos	8	GRAND FORKS CENTRAL	26.53
7	O'Connor, Chris	12	RED RIVER	26.70
8	Charles, Hunter	12	NELSON COUNTY	27.03

## Heat 7

1	Askelson, Blake	9	THOMPSON	27.61
2	Tafelmeyer, Kameran	8	GRIGGS MIDKOTA	27.50
3	Murph, Latrell	11	GRAND FORKS CENTRAL	27.32
4	Hall, Evan	10	LANGDON AREA/EDMORE...	27.17
5	Lovelace, Levi	11	OAKES	27.20
6	Askelson, Matthew	9	THOMPSON	27.37
7	Gray, Gage	9	BAGLEY/FOSSTON	27.55
8	Dorrow, Josh	12	LAKE OF THE WOODS/IND...	27.61

## Heat 8

1	Davis, Maddyx	10	CARRINGTON	27.88
2	Moore, Brody	9	OAKES	27.83
3	Pengilly, Nathan	10	LANGDON AREA/EDMORE...	27.77
4	Gray, Kelton	11	BAGLEY/FOSSTON	27.73
5	Murph, Kyden	9	GRAND FORKS CENTRAL	27.76
6	Moser, Rudy	12	LANGDON AREA/EDMORE...	27.80
7	Bengson, Davis	12	GRIGGS MIDKOTA	27.87
8	Strandberg, William	9	BAGLEY/FOSSTON	27.98

## Heat 9

1	Vanderhoff Tyrese	9	RED RIVER	28.59
2	Ruppell, Vinnie	10	NEW ROCKFORD-SHEYENNE	28.24
3	Rowe, Michael	9	THIEF RIVER FALLS	28.11
4	Mauch, Caleb	9	THIEF RIVER FALLS	28.09
5	Olson, AJ	9	CENTRAL CASS	28.09
6	Larson, Dylan	8	CLIMAX-FISHER-SACRED H...	28.24
7	Wood, Narren	10	LAKE OF THE WOODS/IND...	28.50
8	Carrier, Boone	9	PEMBINA COUNTY NORTH	28.64

## Heat 10

1	Abraham, Toby	7	GRIGGS MIDKOTA	30.25
2	Proulx, Ethan	10	BAGLEY/FOSSTON	29.82
3	Boeder, Aedan	9	CENTRAL CASS	28.94
4	McDonald, Caleb	8	LANGDON AREA/EDMORE...	28.74
5	Anderson, Cole	10	BAGLEY/FOSSTON	28.84
6	Schettler, Caden	10	THOMPSON	29.63
7	Nelson, Clay	9	THIEF RIVER FALLS	29.89
8	Hanson, Kason	10	THIEF RIVER FALLS	31.10

## Heat 11

1	Bright, Zachary III	10	GRAND FORKS CENTRAL	
2	Blacknit, Jason	9	GRAND FORKS CENTRAL	34.26
3	Stangeland, Cainen	7	GRIGGS MIDKOTA	31.80
4	Wessels, Jesse	7	GRIGGS MIDKOTA	31.50
5	Reynolds, Cash	7	THIEF RIVER FALLS	31.57
6	Feist, Blaze	9	GRAND FORKS CENTRAL	31.97
7	Amann, Parker	11	BARNES COUNTY NORTH	



**Heat 12**

1	Johnson, Owen	9	RED RIVER
2	Henderson, TJ	9	LANGDON AREA/EDMORE...
3	Fleetwood, Isaiah	11	RED RIVER
4	Doimer, Hunter	9	CENTRAL CASS
5	Dorrow, Gauge	7	LAKE OF THE WOODS/IND...
6	Heitkamp, Finnegan	7	NELSON COUNTY
7	Herman, Chase	9	PEMBINA COUNTY NORTH

**Heat 13**

1	Nelson, Gabe	9	THIEF RIVER FALLS
2	Moore, Trevor	10	PEMBINA COUNTY NORTH
3	Meikle, Levi	7	LAKE OF THE WOODS/IND...
4	Kissiah, Cameron	10	PEMBINA COUNTY NORTH
5	Loennecker, Leon	10	BAGLEY/FOSSTON
6	Moen, Andon	9	GRAND FORKS CENTRAL
7	Narvaiz, Adrian	9	THIEF RIVER FALLS

**Heat 14**

1	Toop, Gavin	10	CENTRAL CASS
2	Thompson, Malachi	11	BARNES COUNTY NORTH
3	Santiago, Lance	10	PEMBINA COUNTY NORTH
4	Reisnour, Nick	12	RED RIVER
5	Samaniego, Landen	9	GRAFTON
6	Thomas, Carson	10	GRAFTON
7	Thummel, Ayden	9	CENTRAL CASS

**Girls 200 Meters Varsity** Finals**Heat 1**

1	Lemar, Grace	10	CENTRAL CASS	27.01
2	Udekwe, Tochi	10	BISHOP RYAN	25.94
3	Phrakonkham, Ava	11	BAGLEY/FOSSTON	25.68
4	Wisnewski, Elise	12	CENTRAL CASS	24.26
5	Mehrkens, Kendra	12	THIEF RIVER FALLS	25.04
6	Tompkins, Alexis	10	GRAFTON	25.81
7	Schwabe, Jena	9	THOMPSON	26.78
8	Marshall, Meah	12	CLIMAX-FISHER-SACRED H...	27.66

**Heat 2**

1	Braaten, Nora	9	MAY-PORT CG	28.59
2	Waldal, Avah	11	THIEF RIVER FALLS	28.37
3	Wojciechowski, Gwen	10	THIEF RIVER FALLS	27.96
4	Fedje, Elizabeth	10	DRAYTON/VALLEY-EDINB...	27.68
5	Braun, Elsie	10	BISHOP RYAN	27.90
6	Misson, Megan	12	PEMBINA COUNTY NORTH	28.04
7	Matthias, Jordyn	9	LAKE OF THE WOODS/IND...	28.39
8	Charley, Leah	11	BISHOP RYAN	28.69

**Heat 3**

1	Witkowski, Brooklyn	10	OAKES	29.46
2	Moen, Brynn	12	GRAND FORKS CENTRAL	29.12
3	Brorby, Meghan	9	THOMPSON	28.87
4	Klinkhammer, Claire	9	BAGLEY/FOSSTON	28.72
5	Reynolds, Kenzie	9	THIEF RIVER FALLS	28.76
6	Meyer, Mackenzie	8	CENTRAL CASS	28.97
7	Schark, Kitara	12	MAY-PORT CG	29.29
8	Mehus, Zoey	9	MAY-PORT CG	29.48

**Heat 4**

1	Striker, Danica	11	BAGLEY/FOSSTON	30.04
2	Friesen, Sienna	12	BAGLEY/FOSSTON	29.98
3	Huebner, Kiley	11	THOMPSON	29.71
4	Stremick, Marlie	10	PEMBINA COUNTY NORTH	29.61
5	Presteng, Annelise	11	GRAFTON	29.64
6	Lormejuste, Ruby	11	BISHOP RYAN	29.77
7	Brintnell, Taylor	8	BISHOP RYAN	30.03
8	Beyer, Keyli	8	BARNES COUNTY NORTH	30.50

**Heat 5**

1	Reitmeier, Emily	8	CLIMAX-FISHER-SACRED H...	31.03
2	Hendrickson, Emily	9	CENTRAL CASS	30.84
3	Miller, Hannah	11	GRAFTON	30.74
4	Wellumson, Anna	9	CLIMAX-FISHER-SACRED H...	30.59
5	Burrrell, Greta	11	DRAYTON/VALLEY-EDINB...	30.67
6	Manley, Addelyn	10	PEMBINA COUNTY NORTH	30.83
7	Vincent, Macy	10	GRIGGS MIDKOTA	30.94
8	Kohlmeier, Halle	10	GRAND FORKS CENTRAL	31.04

**Heat 6**

1	Vivatson, Lucy	9	DRAYTON/VALLEY-EDINB...	31.64
2	Sundby, Alayna	9	OAKES	31.47
3	Feist, Taya	8	LANGDON AREA/EDMORE...	31.34
4	Olson, Ashlyn	9	MAY-PORT CG	31.33
5	Vrtacnik, Mackenzie	10	LAKE OF THE WOODS/IND...	31.33
6	Tafelmeyer, Kenzie	11	GRIGGS MIDKOTA	31.43
7	Hetletved, Meggy	8	LANGDON AREA/EDMORE...	31.55
8	Swenson, Cadence	9	THOMPSON	31.71

**Heat 7**

1	Henderson, Lillian	8	CLIMAX-FISHER-SACRED H...	32.27
2	Solar, Lily	9	LAKE OF THE WOODS/IND...	32.00
3	Kaul, Adasyn	9	CENTRAL CASS	31.96
4	Knutson, Angelina	11	DRAYTON/VALLEY-EDINB...	31.74
5	Wobbema, Lora	12	NEW ROCKFORD-SHEYENNE	31.74
6	Geddes, Sophia	9	GRAFTON	32.00
7	Strand, Madelyn	9	MAY-PORT CG	32.21
8	Jacobson, Isla	7	NEW ROCKFORD-SHEYENNE	32.46

**Heat 8**

1	Moore, Billie Jo	12	THIEF RIVER FALLS	33.53
2	Hanson, Lily	9	GRAFTON	33.00
3	Holland, Lauren	9	CENTRAL CASS	32.96
4	VenHuizen, Klaira	10	GRIGGS MIDKOTA	32.69
5	Gauderman, Alexa	9	THOMPSON	32.78
6	Bruggeman, Nora	9	THIEF RIVER FALLS	33.00
7	Anderson, Rorie	9	THOMPSON	33.13
8	Heidt, Alyssa	9	GRAFTON	33.74

**Heat 9**

1	Carpenter, Amelia	9	PEMBINA COUNTY NORTH	35.35
2	Nygaard, Taylor	11	THOMPSON	34.56
3	Thumb, Trysta	12	NEW ROCKFORD-SHEYENNE	34.27
4	Albrecht, Kami	8	NELSON COUNTY	33.88
5	Plourde, Aly	9	LAKE OF THE WOODS/IND...	34.00
6	Baltes, Macey	9	THIEF RIVER FALLS	34.30
7	Williams, Kodi	11	BARNES COUNTY NORTH	34.61
8	Roth, Evelyn	9	CENTRAL CASS	36.49

**Heat 10**

1	Ellenson, Milayna	9	CENTRAL CASS	
2	Dennis, Precious	9	RED RIVER	
3	Brown, Emma	9	GRAND FORKS CENTRAL	
4	Neer, Elisa	9	OAKES	37.22
5	Slade, Dagan	9	NELSON COUNTY	38.88
6	Chahal, Jena	9	RED RIVER	
7	Dewald, Kennedy	7	GRIGGS MIDKOTA	
8	Garman, Olivia	9	CENTRAL CASS	

**Heat 11**

1	Rickford, Jordyn	7	GRIGGS MIDKOTA
2	Parry, Sara	10	DRAYTON/VALLEY-EDINB...
3	Meyer, Emily	9	CENTRAL CASS
4	Hilliard, Hannah	7	NELSON COUNTY
5	Johnson, Avery	7	GRIGGS MIDKOTA
6	Mueller, Lydia	8	BARNES COUNTY NORTH
7	Reiten, Katelyn	8	NELSON COUNTY
8	Rogers, Enia	9	RED RIVER

**Heat 12**

1	Torres, Johana	10	RED RIVER
2	Swanson, Brinna	8	RED RIVER
3	Sargent, Adriana	9	RED RIVER
4	Rosewaren, Hayley	8	NELSON COUNTY
5	Salgado, Alejandra	10	RED RIVER
6	Seeba, Paige	11	PEMBINA COUNTY NORTH
7	Tarr, Mosetha	10	RED RIVER
8	Vold, Jocelyn	8	DRAYTON/VALLEY-EDINB...

**Heat 2**

2	THIEF RIVER FALLS	'A'	
	1) Brouse, Tyler 12		2) Lundeen, Griffin 12
	3) Tanner, Jaxson 11		4) MacLean, William 11
3	CENTRAL CASS	'B'	
	1) Olson, Maisen 10		2) Flanagan, Mickey 9
	3) Link, Keaton 9		4) Neidviecky, Kenny 9
4	MAY-PORT CG	'A'	4:00.84
	1) Caron, Brayden 10		2) Kitchen, Cross 10
	3) Verwest, Justin 10		4) Perkins, Wyatt 9
5	GRAND FORKS CENTRAL	'B'	4:10.00
	1) Sailer, Kaden 9		2) Hulley, James 9
	3) Monroe, Jack 11		4) Steele, Lincoln 9
6	NELSON COUNTY	'A'	
	1) Parsley, Keegan 10		2) Forde, Eric 7
	3) Kueber, Elliot 7		4) O'Brien, Jack 11
7	THIEF RIVER FALLS	'B'	
	1) MacLean, Colin 8		2) Narvaiz, Adrian 9
	3) Mauch, Caleb 9		4) Larson, Landen 9

**Boys 3200 Meters Varsity** Finals

**Heat 1**

1	Griffin, Curtis	8	THIEF RIVER FALLS	10:48.95
2	Martin, Grant	9	CLIMAX-FISHER-SACRED H...	11:16.30
3	Crosby, Owen	10	PEMBINA COUNTY NORTH	11:16.70
4	Lindberg, Joe	12	CARRINGTON	11:26.99
5	Davis, Lincoln	9	THIEF RIVER FALLS	11:37.77
6	Foster, Noah	9	LANGDON AREA/EDMORE...	11:38.34
7	Lane, Dylan	8	THIEF RIVER FALLS	13:20.45
8	Nelson, Drew	11	BAGLEY/FOSSTON	13:42.78
9	Drake, Alex	10	CLIMAX-FISHER-SACRED H...	
10	Spears, Brayden	12	THIEF RIVER FALLS	

**Girls 4x400 Relay Varsity** Finals

**Heat 1**

2	RED RIVER	'A'	4:52.23
	1) Johnson, Alia 8		2) Wu, Selena 12
	3) Benton, Grace 8		4) Howard, Emma 8
3	BAGLEY/FOSSTON	'A'	4:40.00
	1) Quam, Hatty 8		2) Halvorson, Tayla 9
	3) Anderson, Gretchen 9		4) Hayes, Ava 9
4	CARRINGTON	'A'	4:24.00
	1) Kollman, Josie 8		2) Lura, Mercedes 11
	3) Johnson, Marah 8		4) Wendel, Isabel 11
5	GRAFTON	'A'	4:26.00
	1) Kalbrener, Joslyn 10		2) Suda, Paige 10
	3) Cole, Isabelle 10		4) Tompkins, Alexis 10
6	MAY-PORT CG	'A'	4:41.89
	1) Knudsvig, Kayla 11		2) Strand, Paetyn 9
	3) Carlson, Kaiza 10		4) Mueller, Carissa 11

**Girls 3200 Meters Varsity** Finals

**Heat 1**

1	Mossestad, Elory	9	THIEF RIVER FALLS	12:42.80
2	Lorenz, Olivia	9	LANGDON AREA/EDMORE...	12:57.40
3	Heck, Kyza	8	GRAFTON	14:02.33
4	Ihry, Emmi	7	CLIMAX-FISHER-SACRED H...	

**Boys 4x400 Relay Varsity** Finals

**Heat 1**

1	OAKES	'A'	3:56.45
	1) Ptacek, Carter 11		2) Walock, Max 12
	3) Awender, Zane 11		4) Awender, Case 11
2	GRAND FORKS CENTRAL	'A'	3:56.00
	1) Schneider, Brody 9		2) Weber, Lucas 8
	3) Berry, Jack 10		4) Vanyo, Tyson 9
3	GRAFTON	'A'	3:50.45
	1) Perez, David 12		2) Rodriguez, Miguel 9
	3) Thomas, Shaiden 10		3) Rice, Reggie 10
	4) Kern, Jack 12		
4	CARRINGTON	'A'	3:44.14
	1) Zink, McKade 10		2) Harrington, Peyton 10
	3) Harrington, Paxton 8		4) Bickett, Ryder 11
5	CENTRAL CASS	'A'	3:49.96
	1) Holland, Easton 9		2) Muscha, Case 11
	3) Domier, Hunter 9		4) Schneider, Simon 10
6	DRAYTON/VALLEY-EDINBURG	'A'	3:51.58
	1) Oberg, Carter 9		2) Bronson-Keena, Trenten 9
	3) Johnson, Carter 9		4) Reilly, Brady 11
7	GRIGGS MIDKOTA	'A'	3:56.00
	1) Coombs, Jack 11		2) Johnson, Isaac 30
	3) Bengson, Davis 12		4) Spickler, Trace 9

**Heat 2**

3	LAKE OF THE WOODS/INDUS/RAIN	'A'	
	1) Hinrichs, Vera 7		2) Haack, Ava 8
	3) Reynolds, Cleo 10		4) Wood, Lexi 8
4	GRIGGS MIDKOTA	'A'	5:02.00
	1) Adrain, Alette 10		2) Johnson, Kelsey 10
	3) Haugen, Ruth 9		4) Hoffman, Ellie 8
5	DRAYTON/VALLEY-EDINBURG	'A'	
	1) Burrell, Greta 11		2) Larson, Easton 11
	3) Gullickson, Brooke 10		4) Fedje, Elizabeth 10
6	NELSON COUNTY	'A'	
	1) Donohue, Lily 10		2) Steffan, Laura 9
	3) Sateren, Cara 8		4) Johnston, Sydnee 12

Boys Shot Put Varsity Finals

## Flight 1

1	Dinger, Eli	9	OAKES	
2	Edwards, Izic	10	CLIMAX-FISHER-SACRED H...	
3	Evenson, Bjorn	10	PEMBINA COUNTY NORTH	
4	Gilbertson, Logan	12	THIEF RIVER FALLS	
5	Heinz, Caleb	9	LAKE OF THE WOODS/IND...	
6	Herman, Chase	9	PEMBINA COUNTY NORTH	
7	Johnson, Jeremiah	10	DRAYTON/VALLEY-EDINB...	
8	Keja, Kylon	12	NEW ROCKFORD-SHEYENNE	
9	Knudson, Leo	9	GRAND FORKS CENTRAL	
10	Kubat, Daniel	9	GRAND FORKS CENTRAL	
11	LeMire, Francois	10	CLIMAX-FISHER-SACRED H...	
12	Marshall, Nolan	10	GRAND FORKS CENTRAL	
13	Martinez, Gabe	9	PEMBINA COUNTY NORTH	
14	Peterson, Ian	11	DRAYTON/VALLEY-EDINB...	
15	Robertson, Jady	11	NEW ROCKFORD-SHEYENNE	
16	Stensland, Carson	10	NEW ROCKFORD-SHEYENNE	

## Flight 2

1	Bellile, Francis	10	NEW ROCKFORD-SHEYENNE	
2	Brutger, Charles	9	RED RIVER	
3	Heston, Trypp	9	THOMPSON	17-11.50
4	Torgerson, Ryden	9	GRAND FORKS CENTRAL	20-07.00
5	Pearson, Knoxton	9	CENTRAL CASS	21-03.25
6	Bjerke, Sam	9	RED RIVER	22-02.25
7	Proper, Daniel	9	CENTRAL CASS	22-03.50
8	Lenhart, Jared	11	THOMPSON	22-08.50
9	Litzinger, Mason	9	RED RIVER	23-05.25
10	Homan, Eli	9	RED RIVER	23-11.50
11	Canare, Jasper	11	LAKE OF THE WOODS/IND...	24-04.50
12	Rerick, Quinn	9	RED RIVER	24-10.00
13	Hegg, Jesse	11	THOMPSON	25-00.50
14	O'Connor, David	11	PEMBINA COUNTY NORTH	25-03.00
15	Borges Leal, Manuel	10	GRAND FORKS CENTRAL	26-01.75
16	Bonn, Henry	9	RED RIVER	26-02.75

## Flight 3

1	Wobbema, Chaztin	9	NEW ROCKFORD-SHEYENNE	26-04.00
2	Brend, Jayden	10	THOMPSON	26-07.75
3	Conrad, Elijah	9	THOMPSON	26-09.00
4	Evenson, Damien	12	MAY-PORT CG	27-04.00
5	Burke, Jack	9	GRAFTON	28-00.00
6	Frazier, Trenton	9	BAGLEY/FOSSTON	28-00.00
7	Perez, Brennan	10	GRAFTON	28-00.00
8	Serna, Brandon	9	GRAFTON	28-00.00
9	Thomas, Julien	9	GRAFTON	28-00.00
10	Demarce, Delray	12	NEW ROCKFORD-SHEYENNE	28-01.00
11	Solem, Brayden	9	RED RIVER	28-07.75
12	Heffernan, Gage	9	RED RIVER	29-03.75
13	Vein, Colten	10	CENTRAL CASS	29-11.00
14	Wolfe, Xavier	12	CARRINGTON	30-00.00
15	Jimenez Hernandez, Andriw	12	GRAND FORKS CENTRAL	30-04.25
16	Hinrichs, Jacob	10	CARRINGTON	30-05.50

## Flight 4

1	Vanyo, Tyson	9	GRAND FORKS CENTRAL	30-11.75
2	Capshaw, Charlie	8	BAGLEY/FOSSTON	31-00.00
3	Reitmeier, Alex	9	CLIMAX-FISHER-SACRED H...	31-02.25
4	Oakland, Elliot	9	CENTRAL CASS	32-02.75
5	Torgerson, Matthew	10	GRAND FORKS CENTRAL	32-07.00
6	Bergeron, Wyatt	10	THOMPSON	32-09.00
7	Vetter, Jaeden	9	GRAND FORKS CENTRAL	33-06.50
8	Koplin, Justin	12	GRAND FORKS CENTRAL	33-08.00
9	Umerski, Zach	12	LAKE OF THE WOODS/IND...	33-09.00
10	De Souza, Daniel	11	DRAYTON/VALLEY-EDINB...	34-03.50
11	Goulet, Brayden	11	RED RIVER	34-06.00
12	Wunderlich, Aiden	10	CENTRAL CASS	34-07.75
13	Dorrow, Josh	12	LAKE OF THE WOODS/IND...	35-00.00
14	Manteufel, Jakob	10	BAGLEY/FOSSTON	35-00.00
15	Matt, Andrew	9	CARRINGTON	35-00.00

## Flight 5

1	Knudson, Jonathan	11	DRAYTON/VALLEY-EDINB...	35-03.25
2	Fischer, Lucas	10	GRAND FORKS CENTRAL	35-06.50
3	Oberg, Carter	9	DRAYTON/VALLEY-EDINB...	35-08.50
4	Wasylow, Logan	12	RED RIVER	35-11.00
5	Peterson, Cutler	11	MAY-PORT CG	36-02.25
6	Rodriguez, Roman	11	GRAFTON	36-03.00
7	Bachmeier, Dylan	11	CARRINGTON	36-05.00
8	Ludwig, Maximus	10	GRIGGS MIDKOTA	36-05.00
9	Phouthavong, Sengdaun	11	GRAFTON	36-06.75
10	Kuntz, Rylan	10	RED RIVER	37-04.00
11	Scherr, Reed	11	LANGDON AREA/EDMORE...	37-05.00
12	Plantz, Brady	11	CENTRAL CASS	37-05.25
13	Kautzman, Rori	10	GRIGGS MIDKOTA	37-06.00
14	Charles, Hunter	12	NELSON COUNTY	37-07.00
15	Parrish, Alex	12	RED RIVER	38-00.00

## Flight 6

1	Lowery, Jacob	11	LANGDON AREA/EDMORE...	38-00.00
2	Walker, Colton	11	GRIGGS MIDKOTA	38-11.00
3	Petrescue, Trian	12	THIEF RIVER FALLS	39-03.50
4	Peterson, Bohdi	11	MAY-PORT CG	39-05.00
5	Wiersma, Evan	10	CENTRAL CASS	39-09.25
6	Garza, Marcus	12	OAKES	40-07.75
7	Verwest, Justin	10	MAY-PORT CG	40-09.00
8	Broten, Logan	11	BAGLEY/FOSSTON	41-00.00
9	Klein, Braden	11	CENTRAL CASS	41-04.00
10	Moldenhauer, Cade	11	CENTRAL CASS	41-05.00
11	Mudgett, DJ	12	NEW ROCKFORD-SHEYENNE	43-02.00
12	Stadler, Isaac	11	GRIGGS MIDKOTA	43-06.00
13	Sunstrom, Jordan	12	GRAFTON	44-11.25
14	Cruchet, Tyler	12	CENTRAL CASS	47-03.00
15	Kautzman, Levi	11	GRIGGS MIDKOTA	51-00.00

Girls Shot Put Varsity Finals

## Flight 1

1	Coombs, Jetta	9	GRIGGS MIDKOTA	
2	Garrett, Saylor	12	MAY-PORT CG	
3	Haugen, Ada	7	GRIGGS MIDKOTA	
4	Hilliard, Hannah	7	NELSON COUNTY	
5	Jackson, Anna	9	BAGLEY/FOSSTON	
6	Jackson, Gracie	10	NEW ROCKFORD-SHEYENNE	
7	Johnson, Ava	10	CLIMAX-FISHER-SACRED H...	
8	LeClerc, Kate	11	GRAFTON	
9	Peterson, Ava	10	NEW ROCKFORD-SHEYENNE	
10	Roseware, Hayley	8	NELSON COUNTY	
11	Severson, Piper	10	GRAND FORKS CENTRAL	
12	Vincent, Jossy	7	GRIGGS MIDKOTA	
13	Zaun, Alyvia	7	GRIGGS MIDKOTA	

## Flight 2

1	Alara, Nadeau	10	RED RIVER	
2	Bishop, Cameron	9	NEW ROCKFORD-SHEYENNE	
3	Colden, Dawson	9	THIEF RIVER FALLS	
4	Dietz, Rebecca	9	CENTRAL CASS	17-05.25
5	Moen, Isabella	12	DRAYTON/VALLEY-EDINB...	17-07.00
6	Farias, Kayla	12	THIEF RIVER FALLS	17-11.00
7	Lunnie, Evy	9	THOMPSON	18-08.50
8	Krueger, Caitlyn	9	MAY-PORT CG	18-09.25
9	Decker, Shae	9	THOMPSON	19-07.50
10	Kittelson, Sophia	8	DRAYTON/VALLEY-EDINB...	19-08.00
11	Bratsch, Maddie	9	CENTRAL CASS	20-05.75
12	Burrell, Gwyneth	12	DRAYTON/VALLEY-EDINB...	20-06.50
13	Steffan, Laura	9	NELSON COUNTY	20-10.00
14	Chahal, Jena	9	RED RIVER	20-11.75

**Flight 3**

1	O'Hearn, Katie	9	THOMPSON	21-02.75
2	McKibben, Nela	10	CARRINGTON	21-07.00
3	Hall, Kaitlyn	11	DRAYTON/VALLEY-EDIN...	22-05.00
4	Schneider, Lois	11	CENTRAL CASS	22-08.00
5	McMullin, Ella	12	RED RIVER	23-00.00
6	Schultz, Josie	11	THOMPSON	23-04.50
7	Wald, Morgan	8	CENTRAL CASS	23-11.50
8	Huebner, Kloey	10	THOMPSON	24-09.00
9	Kuznia, Kendra	9	GRAND FORKS CENTRAL	25-00.75
10	Zoller, Natalia	8	THIEF RIVER FALLS	25-01.00
11	Solwey, Kaitlyn	10	CARRINGTON	25-03.00
12	Ziegelmann, Paityn	11	GRAFTON	25-07.00
13	Kutz, Maara	8	CARRINGTON	26-00.00
14	VanSickle, Josie	10	RED RIVER	26-02.25
15	Huhta, Kristen	10	DRAYTON/VALLEY-EDIN...	26-03.00

**Flight 4**

1	Marquis, Norah	9	BAGLEY/FOSSTON	26-05.00
2	Suda, Josephine	11	GRAFTON	27-00.00
3	Fandrich, Addysen	11	NEW ROCKFORD-SHEYENNE	27-00.50
4	Wobbema, Lora	12	NEW ROCKFORD-SHEYENNE	27-02.00
5	Snyder, Sadie	10	PEMBINA COUNTY NORTH	27-02.50
6	Kasprick, Mia	10	GRAFTON	27-05.00
7	Domine, Mallory	11	OAKES	27-07.00
8	O'Toole, Christine	10	DRAYTON/VALLEY-EDIN...	27-07.00
9	Thumb, Trysta	12	NEW ROCKFORD-SHEYENNE	27-10.00
10	Blackcloud, Savannah	11	GRAFTON	27-11.00
11	Sullivan, Kathryn	11	CLIMAX-FISHER-SACRED H...	28-00.00
12	Miller, Megan	11	OAKES	28-06.00
13	Foss, Marley	9	OAKES	29-00.00
14	Gebhard, Gretta	11	GRAND FORKS CENTRAL	29-00.00
15	Johnson, Grace	11	GRIGGS MIDKOTA	29-00.00

**Flight 5**

1	Majkrzak, Adriauna	10	THOMPSON	29-01.50
2	Vincent, Chloe	11	GRIGGS MIDKOTA	29-10.00
3	Johnson, Sera	12	THIEF RIVER FALLS	30-02.50
4	Schumacher, Elle	10	GRAFTON	30-02.50
5	Zunich, Callie	11	THOMPSON	30-05.00
6	Thompson, Mae	9	GRAFTON	30-07.50
7	Priewe, Amanda	12	CENTRAL CASS	30-10.00
8	Slade, Dagan	9	NELSON COUNTY	31-02.00
9	Hansen, Molly	10	CARRINGTON	32-00.00
10	Joyner, Christine	10	LANGDON AREA/EDMORE...	32-00.00
11	Suda, Sydney	11	GRAFTON	32-08.50
12	Baker, Abby	11	RED RIVER	33-04.00
13	Matthias, Julisa	12	LAKE OF THE WOODS/IND...	33-07.25
14	Reardon, Jacie	10	GRAND FORKS CENTRAL	36-09.00
15	Cotton, Avah	11	CENTRAL CASS	37-07.00

**Boys High Jump Varsity** Finals**Flight 1**

1	Frazier, Trenton	9	BAGLEY/FOSSTON	
2	Henderson, TJ	9	LANGDON AREA/EDMORE...	
3	Loennecker, Leon	10	BAGLEY/FOSSTON	
4	Neidviecky, Kenny	9	CENTRAL CASS	
5	Rice, Reggie	10	GRAFTON	
6	Thompson, Jake	11	CENTRAL CASS	
7	Hanson, Kason	10	THIEF RIVER FALLS	4-06.00
8	Speicher, Jonathon	12	CLIMAX-FISHER-SACRED H...	4-10.00
9	Vesterso, Gavin	9	RED RIVER	4-10.00
10	Murph, Kyden	9	GRAND FORKS CENTRAL	5-04.00
11	Yon, Charlie	10	THOMPSON	5-04.00
12	Danner, Cash	10	THOMPSON	5-06.00
13	Meier, Bennett	11	NEW ROCKFORD-SHEYENNE	5-06.00
14	Oberg, Carter	9	DRAYTON/VALLEY-EDIN...	5-06.00
15	Krogstad, Gavin	11	THOMPSON	5-08.00
16	Wellumson, Elijah	11	CLIMAX-FISHER-SACRED H...	5-08.00
17	Ziemer, Sam	12	CENTRAL CASS	5-08.00

**Girls High Jump Varsity** Finals**Flight 1**

1	Bochenski, Silvia	9	RED RIVER	
2	Ellenson, Liv	11	CENTRAL CASS	
3	Matthias, Jordyn	9	LAKE OF THE WOODS/IND...	3-08.00
4	Miller, Kailee	9	GRAFTON	3-10.00
5	Mostad, Josie	9	MAY-PORT CG	4-00.00
6	Oconnor, Kennedy	10	MAY-PORT CG	4-00.00
7	Swanson, Brinna	8	RED RIVER	4-00.00
8	Beyer, Keyli	8	BARNES COUNTY NORTH	4-02.00
9	Bruggeman, Nora	9	THIEF RIVER FALLS	4-02.00
10	Heidt, Alyssa	9	GRAFTON	4-02.00
11	Klug, Layla	10	GRAFTON	4-02.00
12	Anderson, Tori	9	GRAFTON	4-04.00
13	Myrdal, Ingrid	9	DRAYTON/VALLEY-EDIN...	4-04.00
14	Olson, Ashlyn	9	MAY-PORT CG	4-04.00
15	Miller, Hannah	11	GRAFTON	4-05.00
16	Haack, Ava	8	LAKE OF THE WOODS/IND...	4-06.00
17	Muggli, Ann	11	OAKES	4-06.00
18	Wojciechowski, Gwen	10	THIEF RIVER FALLS	4-06.00
19	Ybarra, Jazmyn	11	CARRINGTON	4-06.00
20	Abrahamson, Brea	10	CLIMAX-FISHER-SACRED H...	4-08.00
21	Baltes, Kelsey	11	THIEF RIVER FALLS	4-09.00
22	Wendel, Isabel	11	CARRINGTON	4-10.00
23	Arnold, Emily	12	GRAND FORKS CENTRAL	4-11.00
24	Misson, Megan	12	PEMBINA COUNTY NORTH	5-00.00
25	Fedje, Elizabeth	10	DRAYTON/VALLEY-EDIN...	5-01.00
26	Phrakonkham, Ava	11	BAGLEY/FOSSTON	5-03.00

**Boys Pole Vault Varsity** Finals**Flight 1**

1	Folkert, Garret	9	BAGLEY/FOSSTON	
2	Kleven, Joseph	9	GRAND FORKS CENTRAL	
3	Steele, Elliot	7	GRAND FORKS CENTRAL	
4	Krause, Ian	9	CENTRAL CASS	6-00.00
5	Steele, Lincoln	9	GRAND FORKS CENTRAL	6-00.00
6	Swenson, Aiden	10	GRAND FORKS CENTRAL	6-06.00
7	Coombs, Jack	11	GRIGGS MIDKOTA	7-00.00
8	Caron, Brayden	10	MAY-PORT CG	7-06.00
9	Kitchen, Cross	10	MAY-PORT CG	7-06.00
10	Olson, Maisen	10	CENTRAL CASS	7-06.00
11	Wheeler, Fisher	10	CENTRAL CASS	7-06.00
12	Fredrickson, Tucker	11	GRIGGS MIDKOTA	8-00.00
13	Kittelson, Sam	11	DRAYTON/VALLEY-EDIN...	8-00.00
14	Schneider, Simon	10	CENTRAL CASS	8-00.00
15	Johnson, Carter	9	DRAYTON/VALLEY-EDIN...	9-00.00
16	Spears, Brayden	12	THIEF RIVER FALLS	9-00.00
17	Sanders, Jacob	11	LANGDON AREA/EDMORE...	9-04.00
18	Hilde, Harley	12	DRAYTON/VALLEY-EDIN...	9-06.00
19	Ryan, Gavin	12	DRAYTON/VALLEY-EDIN...	10-00.00
20	Urbain, Mbanzendore	11	RED RIVER	10-00.00
21	Kittelson, Charles	12	DRAYTON/VALLEY-EDIN...	10-06.00

**Girls Pole Vault Varsity** Finals**Flight 1**

1	Schark, Kitara	12	MAY-PORT CG	6-00.00
2	Fering, Reese	11	DRAYTON/VALLEY-EDIN...	6-06.00
3	Schneider, Lois	11	CENTRAL CASS	7-00.00
4	Manley, Addelyn	10	PEMBINA COUNTY NORTH	7-06.00
5	Burrell, Greta	11	DRAYTON/VALLEY-EDIN...	8-00.00
6	Flaten, Ella	9	MAY-PORT CG	8-00.00
7	Friedt, Sierra	11	CARRINGTON	8-00.00
8	Gullickson, Brooke	10	DRAYTON/VALLEY-EDIN...	8-00.00
9	Ybarra, Jazmyn	11	CARRINGTON	8-00.00
10	Hoyles, Alyssa	10	DRAYTON/VALLEY-EDIN...	8-06.00
11	Larson, Easton	11	DRAYTON/VALLEY-EDIN...	8-06.00
12	Harris, Lexi	10	OAKES	9-00.00
13	Lura, Mercedes	11	CARRINGTON	10-00.00

Boys Long Jump Varsity **Finals**

## Flight 1

1	Allmaras, Thomas	9	NEW ROCKFORD-SHEYENNE	18-03.00
2	Amann, Parker	11	BARNES COUNTY NORTH	17-08.00
3	Ambler, Cody	11	LANGDON AREA/EDMORE...	20-09.25
4	Anderson, Craig	12	MAY-PORT CG	17-02.50
5	Bachmeier, Chase	12	CENTRAL CASS	18-08.00
6	Bickett, Joshua	11	CARRINGTON	17-00.00
7	Canare, Jasper	11	LAKE OF THE WOODS/IND...	
8	Coonrod, Teagan	11	BISHOP RYAN	16-08.75
9	Cruchet, Colton	10	CENTRAL CASS	18-05.00
10	Danner, Cash	10	THOMPSON	16-07.50
11	Davis, Maddyx	10	CARRINGTON	15-00.00
12	Deng, Deng	12	NEW ROCKFORD-SHEYENNE	17-11.75
13	Dorrow, Gauge	7	LAKE OF THE WOODS/IND...	14-02.00
14	Evenson, Bjorn	10	PEMBINA COUNTY NORTH	
15	Evenson, Damien	12	MAY-PORT CG	15-03.75
16	Garman, Anthony	11	CENTRAL CASS	20-04.00
17	Gebhardt, Jarret	12	OAKES	16-08.00
18	Granger, Porter	11	NEW ROCKFORD-SHEYENNE	20-09.00
19	Humble, Patrick	11	CLIMAX-FISHER-SACRED H...	14-02.00
20	Kittelson, Sam	11	DRAYTON/VALLEY-EDINB...	15-06.00
21	Krogstad, Gavin	11	THOMPSON	
22	Kukowski, Malaki	9	NEW ROCKFORD-SHEYENNE	18-06.50
23	Lafond, Evan	11	BAGLEY/FOSSTON	17-02.00
24	Larocque, James	11	DRAYTON/VALLEY-EDINB...	16-01.00
25	Loeks, Tristen	11	OAKES	15-03.00
26	Lovelace, Easton	11	THOMPSON	17-03.00
27	Lovelace, Levi	11	OAKES	15-07.00
28	McDonald, Caleb	8	LANGDON AREA/EDMORE...	14-02.00
29	McDonald, Tanner	10	LANGDON AREA/EDMORE...	18-07.25
30	Meier, Bennett	11	NEW ROCKFORD-SHEYENNE	17-10.00
31	Mendez Urbina, Fransisco	11	GRAND FORKS CENTRAL	16-04.25
32	Miller, Brodie	9	CENTRAL CASS	13-04.75
33	Miller, Eliot	8	RED RIVER	
34	Moore, Brody	9	OAKES	16-01.00
35	Murph, Latrell	11	GRAND FORKS CENTRAL	17-05.50

## Flight 2

1	Narum, Jace	12	CENTRAL CASS	22-05.00
2	Narvaiz, Adrian	9	THIEF RIVER FALLS	
3	Neidviecky, Kenny	9	CENTRAL CASS	15-02.25
4	Nelson, Clay	9	THIEF RIVER FALLS	13-08.50
5	Nitschke, Reese	9	OAKES	18-10.50
6	Nudell, Owen	11	CENTRAL CASS	18-05.00
7	O'Brien, Jack	11	NELSON COUNTY	17-03.00
8	Olson, Soren	9	GRAFTON	
9	Penas, Rylan	9	THOMPSON	
10	Plutko, Ethan	9	LAKE OF THE WOODS/IND...	16-05.00
11	Prewitt, Lewis	10	GRAND FORKS CENTRAL	15-07.00
12	Reisnour, Nick	12	RED RIVER	15-10.50
13	Rice, Reggie	10	GRAFTON	13-06.00
14	Ripplinger, Brady	9	THOMPSON	15-10.75
15	Ronningen, Lakin	9	GRIGGS MIDKOTA	16-06.00
16	Rowe, Michael	9	THIEF RIVER FALLS	14-08.00
17	Ruppell, Vinnie	10	NEW ROCKFORD-SHEYENNE	15-03.50
18	Schmit, Roddek	11	OAKES	16-10.00
19	Spickler, Trace	9	GRIGGS MIDKOTA	17-05.50
20	Stangeland, Cainen	7	GRIGGS MIDKOTA	
21	Thompson, Jake	11	CENTRAL CASS	20-09.00
22	Thompson, Kayden	9	CENTRAL CASS	15-06.25
23	Urbain, Mbanzendore	11	RED RIVER	19-00.50
24	Usatii, Nikita	9	GRAND FORKS CENTRAL	
25	Vesterson, Gavin	10	RED RIVER	
26	Wessels, Jesse	7	GRIGGS MIDKOTA	
27	Wiese, Trenton	10	BAGLEY/FOSSTON	
28	Wigestrand, Cody	9	RED RIVER	14-08.75
29	Zink, McKade	10	CARRINGTON	16-00.00

Girls Long Jump Varsity **Finals**

## Flight 1

1	Adrain, Alette	10	GRIGGS MIDKOTA	14-02.00
2	Albrecht, Kami	8	NELSON COUNTY	
3	Arnold, Emily	12	GRAND FORKS CENTRAL	
4	Badding, Aubrey	9	LANGDON AREA/EDMORE...	14-07.50
5	Badding, Cora	12	LANGDON AREA/EDMORE...	17-03.00
6	Baltes, Macey	9	THIEF RIVER FALLS	12-00.00
7	Belquist, Emmie	9	NEW ROCKFORD-SHEYENNE	16-00.50
8	Bochenski, Silvia	9	RED RIVER	
9	Campbell, Sophia	9	MAY-PORT CG	11-01.50
10	Dewald, Kennedy	7	GRIGGS MIDKOTA	
11	Ellenson, Liv	11	CENTRAL CASS	14-01.00
12	Ellenson, Milayna	9	CENTRAL CASS	12-09.25
13	Fering, Reese	11	DRAYTON/VALLEY-EDINB...	13-09.75
14	Friesen, Sienna	12	BAGLEY/FOSSTON	14-09.25
15	Geddes, Sophia	9	GRAFTON	13-09.00
16	Gross, Danica	10	THOMPSON	15-08.75
17	Haag, Kendra	11	GRAND FORKS CENTRAL	13-05.00
18	Harris, Lexi	10	OAKES	13-11.50
19	Haugen, Ruth	9	GRIGGS MIDKOTA	15-05.00
20	Heidt, Alyssa	9	GRAFTON	11-06.00
21	Holland, Lauren	9	CENTRAL CASS	10-10.50
22	Horken, Finley	9	CLIMAX-FISHER-SACRED H...	15-11.00
23	Hoyles, Alyssa	10	DRAYTON/VALLEY-EDINB...	10-08.00
24	Hoyt, Harlie	8	GRIGGS MIDKOTA	

## Flight 2

1	Kaul, Adasyn	9	CENTRAL CASS	12-01.00
2	Klug, Layla	10	GRAFTON	13-03.50
3	Kollman, Josie	8	CARRINGTON	13-00.00
4	Krueger, Caitlyn	9	MAY-PORT CG	11-07.50
5	Larson, Easton	11	DRAYTON/VALLEY-EDINB...	14-01.50
6	Larson, Gabby	7	GRIGGS MIDKOTA	
7	LeClerc, Emma	10	GRAFTON	12-04.00
8	Meyer, Emily	9	CENTRAL CASS	11-10.00
9	Meyer, Mackenzie	8	CENTRAL CASS	15-10.00
10	Miller, Kailee	9	GRAFTON	12-06.00
11	Miller, Laila	10	GRAFTON	
12	Nygaard, Taylor	11	THOMPSON	12-06.50
13	Oconnor, Kennedy	10	MAY-PORT CG	13-00.00
14	Peterson, Kayla	8	THIEF RIVER FALLS	13-11.00
15	Reiten, Katelyn	8	NELSON COUNTY	
16	Rickford, Jordyn	7	GRIGGS MIDKOTA	
17	Roth, Evelyn	9	CENTRAL CASS	11-07.00
18	Schaefer, Reese	10	CARRINGTON	12-08.00
19	Schneider, Lois	11	CENTRAL CASS	11-04.00
20	Siverson, Olivia	10	CENTRAL CASS	16-00.75
21	Tafelmeyer, Kenzie	11	GRIGGS MIDKOTA	12-05.50
22	Tennyson, Paige	9	GRAND FORKS CENTRAL	
23	Trinity, Curry	8	RED RIVER	
24	Warmbold, Isabella	12	BAGLEY/FOSSTON	14-10.75
25	Williams, Kodi	11	BARNES COUNTY NORTH	12-05.00
26	Zuschlag, Josie	9	THOMPSON	13-10.50

Boys Triple Jump Varsity **Finals**

## Flight 1

1	Amann, Parker	11	BARNES COUNTY NORTH	38-07.00
2	Amble, Cody	11	LANGDON AREA/EDMORE...	41-06.00
3	Anderson, Craig	12	MAY-PORT CG	33-07.50
4	Bachmeier, Chase	12	CENTRAL CASS	39-03.00
5	Benz, Easton	10	NEW ROCKFORD-SHEYENNE	38-10.50
6	Fredrickson, Tucker	11	GRIGGS MIDKOTA	30-09.00
7	Garman, Anthony	11	CENTRAL CASS	39-10.00
8	Kittelson, Charles	12	DRAYTON/VALLEY-EDINB...	35-02.00
9	Link, Grady	11	CENTRAL CASS	35-03.00
10	Mauch, Caleb	9	THIEF RIVER FALLS	30-11.00
11	McDonald, Caleb	8	LANGDON AREA/EDMORE...	30-09.50
12	McDonald, Tanner	10	LANGDON AREA/EDMORE...	35-07.75
13	Murph, Latrell	11	GRAND FORKS CENTRAL	
14	Narum, Jace	12	CENTRAL CASS	42-05.25
15	Ripplinger, Brady	9	THOMPSON	34-04.00
16	Salberg, Steven	10	GRAND FORKS CENTRAL	
17	Wiese, Trenton	10	BAGLEY/FOSSTON	33-01.00

Girls Triple Jump Varsity **Finals**

## Flight 1

1	Badding, Cora	12	LANGDON AREA/EDMORE...	35-09.50
2	Warmbold, Isabella	12	BAGLEY/FOSSTON	33-11.75
3	Heidt, Alyssa	9	GRAFTON	31-07.50
4	Larson, Easton	11	DRAYTON/VALLEY-EDINB...	31-03.00
5	Peterson, Ava	10	NEW ROCKFORD-SHEYENNE	30-06.00
6	Friedt, Sierra	11	CARRINGTON	30-03.00
7	Hoyles, Alyssa	10	DRAYTON/VALLEY-EDINB...	30-02.50
8	Rolla, Shekinah	10	RED RIVER	30-02.50
9	Fering, Reese	11	DRAYTON/VALLEY-EDINB...	30-00.00
10	Geddes, Sophia	9	GRAFTON	29-09.50
11	Johnson, Kelsey	10	GRIGGS MIDKOTA	29-07.00
12	Haskamp, Emma	12	GRAND FORKS CENTRAL	29-01.50
13	VenHuizen, Klaire	10	GRIGGS MIDKOTA	27-08.00
14	Badding, Aubrey	9	LANGDON AREA/EDMORE...	27-07.00
15	Tafelmeyer, Kenzie	11	GRIGGS MIDKOTA	27-06.00
16	Vrtacnik, Mackenzie	10	LAKE OF THE WOODS/IND...	26-08.75
17	Johnson, Sera	12	THIEF RIVER FALLS	26-04.75
18	Larson, Gabby	7	GRIGGS MIDKOTA	
19	Trinity, Curry	8	RED RIVER	