

Grand Forks Central

2024 Cross Country Schedule



www.knightrunning.com

Monday	June 3??	Summer Running Starts	University Park	7 pm????	
Monday	August 12	Start Season	Central High School	4:00 PM	
Wednesday		Parents Meeting	Lower Gym GF Central High School	5:45 PM	
			Location	Start Time	Departue Time
Saturday	Aug 24	Orriginals Invitational	Parkhurst Rec Area, Jamestown, ND	10:00 AM	6:00 AM
Thursday	Aug 29???	West Fargo Invite	Leonard Country Club	10:00 AM	7:00 AM
Saturady	Sept 7	Heartland Preview	Sioux Falls, SD	10:30 AM	Friday-TBA
Saturday	Sept 14	Anderson/Stavn	McDowell Dam, Bismarck	1:00 PM	7:00 AM
Saturday	Sept 21	Valley City	Bjornson Golf Course	11:00 AM	7:30 AM
Saturday	Sept 28	ND/MN Boarder Battle	Lincoln Park Drive	10:00 AM	
Saturday	Oct 12	EDC Championships	Lincoln Park Drive	1:00 PM	
Saturday	Oct 26	ND State Championships	Jamestown, Parkhurst Recreation	2:00 pm Girls	10:00 AM
				2:45 pm Boys	
Sunday	.Nov 12	NXN Heartland Regionals	Yankton Trails Park, Sioux Falls, SD	8:00 AM	
	Last as a PC and	4/00/0004			

Last modified 1/30/2024