

NORTH DAKOTA STATE XC MEET

Jamestown, ND
Parkhurst Campground
10/25/2024 - 10/26/2024



OFFICIAL MEET REPORT
printed: 10/26/2024 3:15 PM

Race #4
Class A Girl's 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Spread
1 Williston	86*	2-17-20-22-25(31)(63)	1:23.2
2 Bismarck	86*	3-5-6-13-59(79)(90)	2:06.6
3 Minot	92	7-15-16-19-35(88)(103)	0:49.8
4 Century	106	1-9-21-33-42(47)(77)	3:04.9
5 Legacy	127	4-23-29-32-39(49)(53)	1:26.8
6 Sheyenne	152	10-11-27-34-70(86)(107)	1:37.3
7 Shanley	211	36-37-40-46-52(54)(66)	0:26.5
8 Davies	213	26-41-43-45-58(60)(64)	0:54.0
9 Dickinson	232	14-44-48-55-71(75)(139)	1:33.4
10 Red River	264	8-18-56-81-101(119)(131)	2:30.4
11 Mandan	325	30-61-69-73-92(102)(117)	1:34.8
12 Devils Lake	331	24-38-62-89-118(125)(152)	2:21.5
13 West Fargo	379	12-57-84-105-121(123)(133)	3:00.2
14 Horace	435	50-51-74-126-134(135)	2:25.1
15 Fargo North	453	28-95-99-109-122(137)(141)	2:30.3
16 Jamestown	568	83-110-115-124-136(145)(153)	1:43.3
17 Valley City	628	76-108-130-149-165(167)(178)	3:12.8
18 Grand Forks Central	631	65-104-128-157-177(183)(184)	4:03.7
19 Fargo South	703	112-144-146-147-154(166)(169)	1:46.8
20 Watford City	726	87-140-151-163	
21 Turtle Mountain Communit	850	120-172	

*Tiebreakers

Williston	2	17	20	22	25	31
Bismarck	3	5	6	13	59	79

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile	2 Mile
1 Ihmels, Ruby	SO	1137	Century	1	17:28.1	---	5:37.0	3:29.6	5:20.2	11:06.6
2 Jeannotte, Harley	FR	1489	Williston	2	18:48.9	1:20.8	6:03.0	3:45.8	5:38.8	11:50.9
3 Fettig, Taya	SR	1114	Bismarck	3	19:00.5	1:32.4	6:06.7	3:48.1	5:34.2	11:53.3
4 Selensky, Eva	SR	1307	Legacy	4	19:05.6	1:37.5	6:08.4	3:49.1	5:38.2	11:52.8
5 Dahl, Izzy	SO	1112	Bismarck	5	19:34.5	2:06.4	6:17.7	3:54.9	5:40.7	12:11.4
6 Kleser, Aubrey	JR	1116	Bismarck	6	19:34.9	2:06.8	6:17.8	3:55.0	5:51.7	12:18.6
7 Harris, Lucy	FR	1342	Minot	7	19:36.0	2:07.9	6:18.1	3:55.2	5:51.4	12:18.7
8 Green, Mattea	SO	1372	Red River	8	19:41.4	2:13.3	6:19.9	3:56.3	5:57.7	12:31.2
9 Echelbarger, Audrey	8	1134	Century	9	19:42.6	2:14.5	6:20.3	3:56.5	6:04.8	12:36.3
10 Fellows, Emmie	8	1411	Sheyenne	10	19:43.0	2:14.9	6:20.4	3:56.6	5:56.7	12:27.0
11 Madrigga, Kathryn	SO	1417	Sheyenne	11	19:43.4	2:15.3	6:20.5	3:56.7	5:56.5	12:26.4
12 Jacobson, Maggie	8	1470	West Fargo	12	19:43.5	2:15.4	6:20.5	3:56.7	5:55.0	12:32.4
13 Hintz, Hannah	8	1115	Bismarck	13	19:46.0	2:17.9	6:21.4	3:57.2	5:51.5	12:29.8

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile	2 Mile
14 Gregoire, Leila	JR	1191	Dickinson	14	19:47.1	2:19.0	6:21.7	3:57.4	5:54.8	12:27.0
15 Jackson, Kaylee	FR	1343	Minot	15	19:51.4	2:23.3	6:23.1	3:58.3	5:57.5	12:36.2
16 Kopp, Alyviah	FR	1345	Minot	16	19:52.5	2:24.4	6:23.4	3:58.5	5:57.7	12:35.9
17 Moss, Cambree	SO	1492	Williston	17	19:53.0	2:24.9	6:23.6	3:58.6	5:53.8	
18 Parks, Ava	JR	1378	Red River	18	19:57.2	2:29.1	6:25.0	3:59.4	5:55.8	12:27.8
19 Lade, Sophia	SO	1346	Minot	19	19:57.8	2:29.7	6:25.1	3:59.6	5:58.3	12:40.9
20 Wold, Angela	JR	1495	Williston	20	20:02.7	2:34.6	6:26.7	4:00.5	5:55.3	12:43.4
21 Bergquist, Izabella	7	1132	Century	21	20:03.8	2:35.7	6:27.1	4:00.8	6:05.6	12:48.1
22 Ames, Finley	FR	1488	Williston	22	20:07.3	2:39.2	6:28.2	4:01.5	5:56.1	12:34.1
23 Simonson, Isabelle	SR	1308	Legacy	23	20:08.1	2:40.0	6:28.5	4:01.6	5:54.4	12:28.2
24 Schmiess, Riley	8	1178	Devils Lake	24	20:11.1	2:43.0	6:29.4	4:02.2	6:00.6	12:37.6
25 Vigness, Brenly	FR	1494	Williston	25	20:12.1	2:44.0	6:29.7	4:02.4	5:53.0	12:40.4
26 Stevens, Brielle	8	1160	Davies	26	20:12.5	2:44.4	6:29.9	4:02.5	6:12.7	12:51.6
27 Larson, Sara	FR	1414	Sheyenne	27	20:14.6	2:46.5	6:30.5	4:02.9	6:08.1	12:49.5
28 McShane, Macy	SR	1214	Fargo North	28	20:15.6	2:47.5	6:30.9	4:03.1	6:03.3	12:45.8
29 Woeste, Lauren	JR	1310	Legacy	29	20:16.3	2:48.2	6:31.1	4:03.3	6:01.2	12:44.3
30 Alderin, Carlee	8	1321	Mandan	30	20:17.8	2:49.7	6:31.6	4:03.6	6:04.3	12:47.5
31 Kitchens, Brooklynn	JR	1491	Williston	(31)	20:18.0	2:49.9	6:31.6	4:03.6	6:08.5	12:51.5
32 Selensky, Ella	FR	1306	Legacy	32	20:18.5	2:50.4	6:31.8	4:03.7	6:13.7	13:00.5
33 Lemer, Jillian	JR	1139	Century	33	20:21.4	2:53.3	6:32.7	4:04.3	5:53.6	12:41.5
34 Swenson, Tanna	SO	1419	Sheyenne	34	20:23.2	2:55.1	6:33.3	4:04.6	6:08.6	12:50.5
35 Ulrickson, Scout	JR	1349	Minot	35	20:25.8	2:57.7	6:34.1	4:05.2	6:04.7	12:51.0
36 Elbert, Lily	JR	1394	Shanley	36	20:27.7	2:59.6	6:34.8	4:05.5	6:04.1	12:52.2
37 Johnson, Mykenna	SO	1396	Shanley	37	20:27.8	2:59.7	6:34.8	4:05.6	6:06.0	12:53.7
38 Triepke, Tenley	8	1179	Devils Lake	38	20:30.3	3:02.2	6:35.6	4:06.1	6:14.4	13:00.5
39 Crane, Brynn	SR	1303	Legacy	39	20:32.4	3:04.3	6:36.3	4:06.5	6:29.4	13:18.2
40 Aakre, Annika	JR	1390	Shanley	40	20:32.6	3:04.5	6:36.3	4:06.5	6:06.0	12:52.6
41 Bock, Addison	JR	1153	Davies	41	20:32.7	3:04.6	6:36.4	4:06.5	6:13.1	12:59.5
42 Buchholtz, Kasie	FR	1133	Century	42	20:33.0	3:04.9	6:36.5	4:06.6	6:06.0	12:51.1
43 Melendez, Elaina	7	1157	Davies	43	20:33.3	3:05.2	6:36.6	4:06.7	6:11.8	12:59.6
44 Privratsky, Arabella	SR	1195	Dickinson	44	20:33.6	3:05.5	6:36.7	4:06.7	6:13.6	13:06.7
45 Ballinger, Kaitlyn	7	1152	Davies	45	20:35.2	3:07.1	6:37.2	4:07.0	6:12.4	12:59.9
46 Wolf, Mary	SO	1399	Shanley	46	20:39.3	3:11.2	6:38.5	4:07.9	6:11.1	13:00.3
47 Heck, Addison	JR	1135	Century	(47)	20:44.0	3:15.9	6:40.0	4:08.8	6:11.8	13:12.3
48 Praus, Abby	SO	1194	Dickinson	48	20:44.3	3:16.2	6:40.1	4:08.9	6:13.6	13:11.0
49 Axt, Bre	SR	1301	Legacy	(49)	20:44.7	3:16.6	6:40.2	4:08.9	5:56.5	12:49.4
50 Novak, Cambelle	8	1268	Horace	50	20:46.5	3:18.4	6:40.8	4:09.3	6:20.9	13:16.9
51 Herrick, Brooklyn	JR	1266	Horace	51	20:48.7	3:20.6	6:41.5	4:09.7	6:27.5	13:18.8
52 Olivieri, Angelina	FR	1397	Shanley	52	20:54.2	3:26.1	6:43.3	4:10.8	6:12.9	13:08.0
53 Rost, Aubrey	SR	1305	Legacy	(53)	20:59.1	3:31.0	6:44.9	4:11.8	6:32.5	13:28.2
54 Bernhardt, Elle	SO	1391	Shanley	(54)	20:59.6	3:31.5	6:45.0	4:11.9	6:12.8	13:12.8
55 Wood, Claire	SO	1199	Dickinson	55	21:01.5	3:33.4	6:45.6	4:12.3	6:23.0	13:18.8
56 Hoefs, Jocelynn	SO	1373	Red River	56	21:02.8	3:34.7	6:46.0	4:12.6	6:04.8	13:04.9
57 Retzlaff, Miranda	SR	1476	West Fargo	57	21:06.3	3:38.2	6:47.2	4:13.3	6:18.0	13:20.8
58 Braaflat, Brynn	SO	1155	Davies	58	21:06.5	3:38.4	6:47.2	4:13.3	6:13.0	12:56.7
59 Cavett, Taylor	JR	1111	Bismarck	59	21:07.1	3:39.0	6:47.4	4:13.4	6:07.6	13:09.5

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile	2 Mile
60 Ali, Noof	JR	1151	Davies	(60)	21:09.8	3:41.7	6:48.3	4:14.0	6:15.6	13:23.1
61 Weisbeck, Ambry	FR	1329	Mandan	61	21:12.3	3:44.2	6:49.1	4:14.5	6:24.9	13:31.6
62 Goss, Dottie	FR	1171	Devils Lake	62	21:14.4	3:46.3	6:49.8	4:14.9	6:15.4	13:19.7
63 Ames, Brynna	SR	1487	Williston	(63)	21:15.0	3:46.9	6:50.0	4:15.0	6:10.4	13:13.3
64 Bornemann, Jaylee	SR	1154	Davies	(64)	21:15.2	3:47.1	6:50.0	4:15.0	6:28.5	13:28.6
65 Kuster, Maddie	8	1256	Grand Forks Centra	65	21:15.4	3:47.3	6:50.1	4:15.1	6:12.2	13:16.1
66 Dean, Kami	JR	1393	Shanley	(66)	21:16.8	3:48.7	6:50.5	4:15.4	6:12.6	13:16.7
67 Deutsch, Sophia	8	1156	Davies	(67)	21:17.8	3:49.7	6:50.9	4:15.6	6:32.0	13:32.7
68 Rogness, Meg	8	1398	Shanley	(68)	21:19.3	3:51.2	6:51.4	4:15.9	6:23.8	13:25.7
69 Grubb, Reagan	SO	1322	Mandan	69	21:19.4	3:51.3	6:51.4	4:15.9	6:25.8	13:27.8
70 Kildahl, Audrey	8	1413	Sheyenne	70	21:20.3	3:52.2	6:51.7	4:16.1	6:24.7	13:22.4
71 Tolman, Laney	SR	1197	Dickinson	71	21:20.5	3:52.4	6:51.7	4:16.1	6:26.4	13:28.5
72 Nesius, Davin	JR	1158	Davies	(72)	21:22.7	3:54.6	6:52.4	4:16.5	6:29.3	13:37.4
73 Lindsley, Arianna	8	1323	Mandan	73	21:22.9	3:54.8	6:52.5	4:16.6	6:20.3	13:21.6
74 Williamson, Elizabeth	SO	1270	Horace	74	21:23.2	3:55.1	6:52.6	4:16.6	6:42.9	13:45.0
75 Yoder, Rory	JR	1200	Dickinson	(75)	21:23.3	3:55.2	6:52.6	4:16.7	6:37.4	13:37.1
76 Goven, Greta	SR	1437	Valley City	76	21:23.6	3:55.5	6:52.7	4:16.7	6:13.8	13:17.5
77 Austin, Ava	SO	1131	Century	(77)	21:24.1	3:56.0	6:52.9	4:16.8	6:28.8	13:36.2
78 Zander, Jovi	FR	1496	Williston	(78)	21:24.1	3:56.0	6:52.9	4:16.8	6:17.3	13:30.6
79 Farrell, Catherine	JR	1113	Bismarck	(79)	21:24.4	3:56.3	6:53.0	4:16.9	6:07.3	13:14.0
80 Hildremyr, McKenzie	JR	1304	Legacy	(80)	21:29.6	4:01.5	6:54.7	4:17.9	6:41.6	13:47.7
81 Dorsey, Brooke	SR	1370	Red River	81	21:30.9	4:02.8	6:55.1	4:18.2	6:21.6	13:22.5
82 Grothmann, Lucy	JR	1395	Shanley	(82)	21:33.2	4:05.1	6:55.8	4:18.6	6:24.4	13:38.2
83 Maus, Millicent	8	1290	Jamestown	83	21:33.2	4:05.1	6:55.8	4:18.6	6:19.4	13:39.6
84 Johnson, Averi	SR	1471	West Fargo	84	21:33.9	4:05.8	6:56.0	4:18.8	6:20.2	13:26.4
85 Steckler, Kinley	JR	1159	Davies	(85)	21:37.2	4:09.1	6:57.1	4:19.4	6:31.3	13:39.2
86 L'Heureux, Kiley	8	1415	Sheyenne	(86)	21:40.7	4:12.6	6:58.2	4:20.1	7:01.2	13:48.7
87 Olson, Katie	JR	1455	Watford City	87	21:40.8	4:12.7	6:58.3	4:20.2	6:11.3	13:27.2
88 Burdick, Grace	FR	1341	Minot	(88)	21:40.8	4:12.7	6:58.3	4:20.2	6:23.1	13:29.1
89 Nelson, Livia	JR	1176	Devils Lake	89	21:46.2	4:18.1	7:00.0	4:21.2	6:22.7	13:34.3
90 Penn, Kari	FR	1117	Bismarck	(90)	21:46.2	4:18.1	7:00.0	4:21.2	6:24.2	13:41.4
91 Bless, Payton	FR	1302	Legacy	(91)	21:49.8	4:21.7	7:01.2	4:22.0	6:26.7	13:37.6
92 Shane, Sundriana	JR	1327	Mandan	92	21:52.6	4:24.5	7:02.1	4:22.5	6:12.1	13:27.9
93 Childress, Violet	7	1392	Shanley	(93)	21:55.4	4:27.3	7:03.0	4:23.1	6:26.2	13:47.9
94 Traynor, Nora	SO	1118	Bismarck	(94)	21:55.6	4:27.5	7:03.0	4:23.1	6:21.7	13:46.5
95 Medders, Sadie	FR	1215	Fargo North	95	21:56.6	4:28.5	7:03.3	4:23.3	6:42.1	13:54.5
96 Wise Spirit, Rita	SR	1119	Bismarck	(96)	21:58.1	4:30.0	7:03.8	4:23.6	6:19.5	13:37.0
97 TeSoro, Abbey	JR	1493	Williston	(97)	21:59.7	4:31.6	7:04.3	4:23.9	6:23.2	13:41.8
98 Roth, Reagan	SO	1140	Century	(98)	22:02.8	4:34.7	7:05.3	4:24.6	6:41.6	13:55.2
99 Gates, Maria	SO	1212	Fargo North	99	22:02.9	4:34.8	7:05.4	4:24.6	6:38.3	13:51.7
100 Kern, Danae	JR	1138	Century	(100)	22:05.0	4:36.9	7:06.0	4:25.0	6:41.4	13:55.3
101 Howard, Emma	FR	1374	Red River	101	22:11.8	4:43.7	7:08.2	4:26.4	6:23.7	13:45.4
102 Seefeldt, Kelby	SO	1326	Mandan	(102)	22:12.3	4:44.2	7:08.4	4:26.5	6:44.1	13:56.7
103 Jackson, Makenna	FR	1344	Minot	(103)	22:12.5	4:44.4	7:08.5	4:26.5	6:24.1	13:49.9
104 Fiala, Paige	8	1253	Grand Forks Centra	104	22:13.3	4:45.2	7:08.7	4:26.7	6:39.8	13:57.0
105 Duffy, Grace	FR	1469	West Fargo	105	22:16.8	4:48.7	7:09.8	4:27.4	6:31.7	14:04.4

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106 House, Emerson	SR	1136	Century	(106)	22:17.2	4:49.1	7:10.0	4:27.4	6:37.7	14:01.4
107 Heilman, Jazlyn	JR	1412	Sheyenne	(107)	22:20.2	4:52.1	7:10.9	4:28.0	6:36.0	13:58.8
108 Pfennig, Tricia	SR	1440	Valley City	108	22:20.7	4:52.6	7:11.1	4:28.1	6:38.7	14:06.7
109 Bartell, Claire	SR	1211	Fargo North	109	22:20.8	4:52.7	7:11.1	4:28.2	6:34.8	13:57.8
110 Hoffer, Layna	SO	1287	Jamestown	110	22:21.0	4:52.9	7:11.2	4:28.2	6:23.2	13:46.4
111 Wisthoff, Lucy	SR	1120	Bismarck	(111)	22:23.1	4:55.0	7:11.9	4:28.6	6:25.5	13:54.8
112 Barbot, Summer	SO	1232	Fargo South	112	22:25.6	4:57.5	7:12.7	4:29.1	6:45.3	14:09.2
113 Burke, Lily	JR	1309	Legacy	(113)	22:29.3	5:01.2	7:13.9	4:29.9	6:48.9	14:17.6
114 Saville, Addie	JR	1418	Sheyenne	(114)	22:29.6	5:01.5	7:14.0	4:29.9	6:37.0	14:07.2
115 Krueger, Ellie	SR	1289	Jamestown	115	22:29.8	5:01.7	7:14.0	4:30.0	6:33.5	14:10.9
116 Johnson, Harper	SO	1490	Williston	(116)	22:30.3	5:02.2	7:14.2	4:30.1	6:39.3	14:07.7
117 Myhre, Mailey	FR	1324	Mandan	(117)	22:31.7	5:03.6	7:14.6	4:30.3	6:47.1	14:13.4
118 Lebrun, Aubrie	JR	1174	Devils Lake	118	22:32.6	5:04.5	7:14.9	4:30.5	6:32.4	13:57.0
119 Fargo, Addison	SR	1371	Red River	(119)	22:35.9	5:07.8	7:16.0	4:31.2	6:46.6	14:19.1
120 Marion, Taryn	SR	1425	Turtle Mountain Co	120	22:41.5	5:13.4	7:17.8	4:32.3	6:52.2	14:30.4
121 Dilly, Makenna	JR	1468	West Fargo	121	22:43.7	5:15.6	7:18.5	4:32.7	6:50.8	14:23.4
122 Pochmara, Elizabeth	8	1218	Fargo North	122	22:45.9	5:17.8	7:19.2	4:33.2	6:47.6	14:15.8
123 Klamann, Olivia	SR	1472	West Fargo	(123)	22:46.4	5:18.3	7:19.4	4:33.3	6:39.5	14:06.2
124 Fitzgerald, Hattie	7	1283	Jamestown	124	22:51.7	5:23.6	7:21.1	4:34.3	6:38.7	14:10.8
125 Yoder, Ealynn	8	1180	Devils Lake	(125)	22:52.0	5:23.9	7:21.2	4:34.4	6:43.2	14:22.4
126 Jewett, Brooke	SR	1267	Horace	126	22:55.8	5:27.7	7:22.4	4:35.2	7:04.8	14:30.1
127 Reinke, Hatti	FR	1348	Minot	(127)	23:00.9	5:32.8	7:24.0	4:36.2	6:46.5	14:30.9
128 Fiala, Claire	SO	1252	Grand Forks Centra	128	23:02.1	5:34.0	7:24.4	4:36.4	6:52.7	14:30.9
129 Mesman, Royce	SO	1347	Minot	(129)	23:04.2	5:36.1	7:25.1	4:36.8	6:39.1	14:19.9
130 Fetsch, Cadence	SO	1436	Valley City	130	23:04.7	5:36.6	7:25.2	4:36.9	6:37.9	14:14.9
131 Johnson, Julie	7	1376	Red River	(131)	23:05.7	5:37.6	7:25.6	4:37.1	7:05.2	14:42.7
132 Stefanich, Anne	8	1379	Red River	(132)	23:07.5	5:39.4	7:26.1	4:37.5	6:49.6	14:28.9
133 Phillips, Mia	FR	1475	West Fargo	(133)	23:11.0	5:42.9	7:27.3	4:38.2	6:31.6	14:21.3
134 Bailey, Sydney	SR	1264	Horace	134	23:11.6	5:43.5	7:27.5	4:38.3	7:14.8	14:52.3
135 Bishop, Adorah	JR	1265	Horace	(135)	23:12.3	5:44.2	7:27.7	4:38.5	7:15.2	14:53.7
136 Jackson, Hadley	8	1288	Jamestown	136	23:16.5	5:48.4	7:29.0	4:39.3	6:27.4	14:11.8
137 Hodges, Piper	8	1213	Fargo North	(137)	23:20.8	5:52.7	7:30.4	4:40.2	6:52.9	14:31.5
138 Boucher, Thalia	SO	1410	Sheyenne	(138)	23:22.4	5:54.3	7:30.9	4:40.5	6:51.3	14:41.9
139 Schilling, Emily	FR	1196	Dickinson	(139)	23:22.4	5:54.3	7:30.9	4:40.5	7:07.8	14:47.1
140 Bohn, Sudora	7	1451	Watford City	140	23:27.1	5:59.0	7:32.4	4:41.4	7:16.2	15:10.7
141 Melby, Isla	FR	1216	Fargo North	(141)	23:29.1	6:01.0	7:33.1	4:41.8	7:07.2	14:45.6
142 Rerick, Ava	SO	1325	Mandan	(142)	23:29.7	6:01.6	7:33.3	4:41.9	6:52.2	14:43.7
143 Lelm, Rylie	SR	1377	Red River	(143)	23:30.9	6:02.8	7:33.7	4:42.2	7:05.4	14:45.1
144 Rudolph, Ava	JR	1240	Fargo South	144	23:31.3	6:03.2	7:33.8	4:42.3	6:47.3	14:27.0
145 Becker, Layla	FR	1281	Jamestown	(145)	23:32.1	6:04.0	7:34.1	4:42.4	6:42.0	14:56.7
146 Babingui Minou, Lengueth	JR	1231	Fargo South	146	23:33.9	6:05.8	7:34.6	4:42.8	7:14.0	14:56.4
147 Roehl, Ella	SR	1239	Fargo South	147	23:46.7	6:18.6	7:38.7	4:45.3	6:53.5	14:45.6
148 Machayya, Gaby	JR	1416	Sheyenne	(148)	23:51.6	6:23.5	7:40.3	4:46.3	6:51.1	14:43.1
149 Hass, Claire	FR	1438	Valley City	149	23:59.5	6:31.4	7:42.9	4:47.9	7:10.1	15:06.4
150 Christians, Taylor	SR	1467	West Fargo	(150)	24:00.5	6:32.4	7:43.2	4:48.1	6:43.9	14:54.9
151 Nusz, Leah	8	1454	Watford City	151	24:06.1	6:38.0	7:45.0	4:49.2	7:16.8	15:18.8

NORTH DAKOTA STATE XC MEET

Jamestown, ND
 Parkhurst Campground
 10/25/2024 - 10/26/2024



OFFICIAL MEET REPORT
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Race #4
Class A Girl's 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile	2 Mile
152 Nelson, Elicia	SO	1175	Devils Lake	(152)	24:06.6	6:38.5	7:45.1	4:49.3	6:57.2	15:05.6
153 Belzer, Stella	FR	1282	Jamestown	(153)	24:11.0	6:42.9	7:46.6	4:50.2	7:03.2	15:19.8
154 Gorder, Sydnee	JR	1235	Fargo South	154	24:12.4	6:44.3	7:47.0	4:50.5	7:19.7	15:21.8
155 White Buffalo, Adriana	SO	1330	Mandan	(155)	24:13.0	6:44.9	7:47.2	4:50.6	7:07.1	15:04.4
156 Orness, Elizabeth	JR	1177	Devils Lake	(156)	24:15.8	6:47.7	7:48.1	4:51.2	7:21.9	15:14.5
157 Cokeley, Phoebe	8	1251	Grand Forks Centra	157	24:16.5	6:48.4	7:48.3	4:51.3	7:22.6	15:20.1
158 Storms, Maggie	FR	1328	Mandan	(158)	24:17.3	6:49.2	7:48.6	4:51.5	6:48.4	15:08.8
159 Waters, Ember	SR	1198	Dickinson	(159)	24:17.7	6:49.6	7:48.7	4:51.5	7:07.9	15:21.9
160 Ness, Ainsley	SR	1217	Fargo North	(160)	24:22.2	6:54.1	7:50.2	4:52.4	7:27.4	15:30.6
161 Harms, Clara	SO	1285	Jamestown	(161)	24:22.7	6:54.6	7:50.3	4:52.5	7:15.8	15:20.0
162 Martin, Erin	FR	1193	Dickinson	(162)	24:26.4	6:58.3	7:51.5	4:53.3	7:19.2	15:22.1
163 Olson, Lola	SO	1456	Watford City	163	24:27.7	6:59.6	7:51.9	4:53.5	7:16.4	15:19.0
164 Flieth, Emma	JR	1284	Jamestown	(164)	24:35.6	7:07.5	7:54.5	4:55.1	6:57.5	15:03.3
165 Anderson, Autumn	JR	1434	Valley City	165	24:36.4	7:08.3	7:54.7	4:55.3	7:25.5	15:31.3
166 Felber, Jaden	SR	1234	Fargo South	(166)	24:36.4	7:08.3	7:54.7	4:55.3	7:32.1	15:45.7
167 Fetsch, Addison	8	1435	Valley City	(167)	24:37.1	7:09.0	7:55.0	4:55.4	7:08.4	15:05.8
168 Kavli, Aubree	8	1173	Devils Lake	(168)	24:38.3	7:10.2	7:55.3	4:55.7	7:25.0	15:30.5
169 Eback, Alora	SR	1233	Fargo South	(169)	24:38.8	7:10.7	7:55.5	4:55.8	7:35.1	15:50.3
170 Hoffer, Jayla	SR	1286	Jamestown	(170)	24:42.5	7:14.4	7:56.7	4:56.5	7:28.1	15:32.5
171 Johnson, Ellie	JR	1375	Red River	(171)	24:45.1	7:17.0	7:57.5	4:57.0	6:49.7	15:08.4
172 Tetrault, Kennadie	JR	1426	Turtle Mountain Co	172	25:00.8	7:32.7	8:02.6	5:00.2	7:11.8	15:40.5
173 Hashbarger, Eve	JR	1237	Fargo South	(173)	25:06.1	7:38.0	8:04.3	5:01.2	7:40.5	15:52.7
174 Herman, Ella	7	1172	Devils Lake	(174)	25:10.0	7:41.9	8:05.5	5:02.0	7:34.0	15:52.3
175 Motschenbacher, Clara	JR	1238	Fargo South	(175)	25:13.4	7:45.3	8:06.6	5:02.7	7:31.8	15:51.6
176 Hillmer, Ingrid	FR	1219	Fargo North	(176)	25:15.8	7:47.7	8:07.4	5:03.2	7:34.4	16:20.6
177 Keller, Lilia	SO	1255	Grand Forks Centra	177	25:19.1	7:51.0	8:08.5	5:03.8	7:22.6	15:38.1
178 Storly, Brenna	JR	1441	Valley City	(178)	25:20.7	7:52.6	8:09.0	5:04.1	7:35.6	15:53.5
179 Hanson, Lucy	FR	1236	Fargo South	(179)	25:38.2	8:10.1	8:14.6	5:07.6	7:31.1	16:40.0
180 Wolhart, Nora	SO	1442	Valley City	(180)	25:48.1	8:20.0	8:17.8	5:09.6	7:32.5	16:12.1
181 Hoffarth, Marisa	SO	1439	Valley City	(181)	25:58.8	8:30.7	8:21.2	5:11.8	7:27.0	16:13.1
182 Smith, Violet	FR	1220	Fargo North	(182)	26:11.0	8:42.9	8:25.1	5:14.2	7:32.6	16:12.3
183 Uhlir, Katie	SR	1257	Grand Forks Centra	(183)	26:46.3	9:18.2	8:36.5	5:21.3	7:44.1	16:47.7
184 Hogberg, Ryah	SR	1254	Grand Forks Centra	(184)	27:06.4	9:38.3	8:43.0	5:25.3	7:34.4	16:33.2