

2024 EDC CROSS COUNTRY CHAMPIONSHIP

Grand Forks, ND

Lincoln Drive Park

Saturday, October 12, 2024



OFFICIAL MEET REPORT

printed: 10/12/2024 3:20 PM

Race #7
Varsity Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Spread
1 Sheyenne	56	2-4-9-18-23(43)(44)(54)(67)(86)	0:53.9
2 Shanley	62	6-8-10-16-22(29)(34)(37)(40)(42)	0:29.3
3 Davies	75	7-12-15-17-24(25)(32)(33)(35)(55)	0:46.2
4 Red River	105	5-11-14-36-39(53)(58)(79)(83)(92)	1:48.8
5 West Fargo	118	1-13-27-31-46(49)(59)(73)(81)(87)	2:19.0
6 Devils Lake	168	3-26-38-50-51(63)(74)(78)(93)(97)	2:28.0
7 Horace	176	20-21-30-48-57(62)(69)(71)(72)	1:57.5
8 Fargo North	279	41-45-61-64-	1:15.0
9 Grand Forks Central	303	19-47-66-82-89(102)	4:17.7
10 Valley City	310	28-52-65-77-	3:28.0
11 Fargo South	355	56-60-75-80-84(90)(94)	1:56.6

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM	1 Mile	2 Mile	3 Mile
1 Lindgren, Alexis	SR	6432	West Fargo	1	19:19.7	---	6:12.9	3:51.9	6:01.2	12:25.4	18:40.6
2 Madrigga, Kathryn	SO	6376	Sheyenne	2	19:25.2	5.5	6:14.7	3:53.0	6:02.1	12:25.4	18:46.9
3 Schmiess, Riley	8	6063	Devils Lake	3	19:27.5	7.8	6:15.4	3:53.5	6:07.4	12:27.7	18:51.6
4 Fellows, Emmie	8	6370	Sheyenne	4	19:29.8	10.1	6:16.1	3:54.0	6:06.5	12:31.4	18:54.0
5 Parks, Ava	JR	6292	Red River	5	19:37.8	18.1	6:18.7	3:55.6	6:01.7	12:25.7	18:53.3
6 Elbert, Lily	JR	6329	Shanley	6	19:46.7	27.0	6:21.6	3:57.3	6:06.1	12:36.4	19:09.1
7 Braaflot, Brynn	SO	5672	Davies	7	19:47.5	27.8	6:21.8	3:57.5	6:16.7	12:42.2	19:14.3
8 Aakre, Annika	JR	6320	Shanley	8	19:48.7	29.0	6:22.2	3:57.7	6:12.0	12:42.6	19:13.2
9 Larson, Sara	FR	6373	Sheyenne	9	19:55.4	35.7	6:24.4	3:59.1	6:08.7	12:42.5	19:18.3
10 Wolf, Mary	SO	6348	Shanley	10	20:00.0	40.3	6:25.9	4:00.0	6:12.5	12:52.5	19:27.3
11 Green, Mattea	SO	6282	Red River	11	20:01.0	41.3	6:26.2	4:00.2	6:06.4	12:47.0	19:27.1
12 Stevens, Brielle	8	5710	Davies	12	20:02.3	42.6	6:26.6	4:00.5	6:17.2	12:42.3	19:27.3
13 Jacobson, Maggie	8	6428	West Fargo	13	20:02.7	43.0	6:26.7	4:00.5	6:09.9	12:54.1	19:27.5
14 Hoefs, Jocelynn	SO	6283	Red River	14	20:03.1	43.4	6:26.8	4:00.6	6:06.8	12:47.2	19:28.1
15 Bock, Addison	JR	5669	Davies	15	20:06.5	46.8	6:27.9	4:01.3	6:26.5	12:59.1	19:32.1
16 Johnson, Mykenna	SO	6334	Shanley	16	20:07.1	47.4	6:28.1	4:01.4	6:07.0	12:46.2	19:28.3
17 Melendez, Elaina	7	5695	Davies	17	20:07.2	47.5	6:28.2	4:01.4	6:26.6	12:59.3	19:31.9
18 L'Heureux, Kiley	8	6374	Sheyenne	18	20:09.0	49.3	6:28.7	4:01.8	6:10.5	12:47.4	19:29.6
19 Kuster, Maddie	8	6192	Grand Forks Centra	19	20:10.7	51.0	6:29.3	4:02.1	6:16.7	12:55.5	19:33.9
20 Herrick, Brooklyn	JR	6215	Horace	20	20:11.4	51.7	6:29.5	4:02.3	6:28.3	13:02.4	19:34.4
21 Novak, Cambelle	8	6221	Horace	21	20:14.6	54.9	6:30.5	4:02.9	6:19.9	12:58.0	19:37.1
22 Bernhardt, Elle	SO	6323	Shanley	22	20:16.0	56.3	6:31.0	4:03.2	6:16.9	12:59.5	19:44.9
23 Swenson, Tanna	SO	6380	Sheyenne	23	20:19.1	59.4	6:32.0	4:03.8	6:15.4	12:56.6	19:40.2
24 Ballinger, Kaitlyn	7	5667	Davies	24	20:33.7	1:14.0	6:36.7	4:06.7	6:27.3	13:12.6	19:56.7
25 Ali, Noof	JR	5666	Davies	(25)	20:43.2	1:23.5	6:39.7	4:08.6	6:30.0	13:21.2	20:04.2
26 Triepke, Tenley	8	6064	Devils Lake	26	20:43.7	1:24.0	6:39.9	4:08.7	6:22.7	13:12.8	20:06.9
27 Retzlaff, Miranda	SR	6436	West Fargo	27	20:52.4	1:32.7	6:42.7	4:10.5	6:22.0	13:18.4	20:12.6
28 Goven, Greta	SR	6402	Valley City	28	20:54.2	1:34.5	6:43.3	4:10.8	6:08.9	12:59.8	20:11.6
29 Dean, Kami	JR	6327	Shanley	(29)	20:55.4	1:35.7	6:43.7	4:11.1	6:12.1	13:07.3	20:17.5
30 Williamson, Elizabeth	SO	6232	Horace	30	20:56.5	1:36.8	6:44.0	4:11.3	6:38.0	13:27.0	20:20.8

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**Race #7
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM	1 Mile	2 Mile	3 Mile
31 Dilly, Makenna	JR	6426	West Fargo	31	21:01.8	1:42.1	6:45.7	4:12.4	6:27.3	13:26.6	20:22.3
32 Steckler, Kinley	JR	5708	Davies	(32)	21:02.4	1:42.7	6:45.9	4:12.5	6:36.1	13:31.2	20:24.7
33 Bornemann, Jaylee	SR	5671	Davies	(33)	21:09.9	1:50.2	6:48.3	4:14.0	6:29.4	13:28.4	20:33.5
34 Grothmann, Lucy	JR	6332	Shanley	(34)	21:10.1	1:50.4	6:48.4	4:14.0	6:29.2	13:28.4	20:34.5
35 Nesius, Davin	JR	5698	Davies	(35)	21:11.3	1:51.6	6:48.8	4:14.3	6:29.9	13:35.9	20:37.5
36 Dorsey, Brooke	SR	6279	Red River	36	21:13.9	1:54.2	6:49.6	4:14.8	6:19.2	13:25.4	20:31.7
37 Rogness, Meg	8	6341	Shanley	(37)	21:19.6	1:59.9	6:51.4	4:15.9	6:33.0	13:43.7	20:44.7
38 Goss, Dottie	FR	5749	Devils Lake	38	21:25.5	2:05.8	6:53.3	4:17.1	6:24.7	13:31.9	20:50.2
39 Howard, Emma	FR	6284	Red River	39	21:26.6	2:06.9	6:53.7	4:17.3	6:26.8	13:30.6	20:46.1
40 Olivieri, Angelina	FR	6339	Shanley	(40)	21:30.2	2:10.5	6:54.9	4:18.0	6:16.0	13:21.5	20:49.1
41 Medders, Sadie	FR	6113	Fargo North	41	21:30.3	2:10.6	6:54.9	4:18.1	6:41.3	13:47.6	20:49.0
42 Childress, Violet	7	6326	Shanley	(42)	21:33.0	2:13.3	6:55.8	4:18.6	6:34.4	13:45.0	20:56.9
43 Heilman, Jazlyn	JR	6371	Sheyenne	(43)	21:34.5	2:14.8	6:56.2	4:18.9	6:28.4	13:36.1	20:55.9
44 Kildahl, Audrey	8	6372	Sheyenne	(44)	21:36.2	2:16.5	6:56.8	4:19.2	6:37.6	13:46.5	20:56.4
45 Gates, Maria	SO	6104	Fargo North	45	21:37.0	2:17.3	6:57.0	4:19.4	6:36.7	13:46.2	20:56.2
46 Duffy, Grace	FR	6427	West Fargo	46	21:38.7	2:19.0	6:57.6	4:19.7	6:31.1	13:48.6	21:00.7
47 Fiala, Paige	8	6188	Grand Forks Centra	47	21:40.9	2:21.2	6:58.3	4:20.2	6:48.0	13:48.4	20:59.6
48 Petrick, Ella	7	6223	Horace	48	21:46.8	2:27.1	7:00.2	4:21.4	6:45.2	13:49.4	21:05.7
49 Johnson, Averi	SR	6429	West Fargo	(49)	21:49.5	2:29.8	7:01.1	4:21.9	6:32.4	13:44.4	21:05.9
50 Nelson, Livia	JR	6059	Devils Lake	50	21:49.8	2:30.1	7:01.2	4:22.0	6:42.2	13:47.9	21:11.3
51 Yoder, Ealynn	8	6067	Devils Lake	51	21:55.5	2:35.8	7:03.0	4:23.1	6:35.9	13:47.9	21:17.2
52 Fetsch, Cadence	SO	6400	Valley City	52	21:59.6	2:39.9	7:04.3	4:23.9	6:27.8	13:40.2	21:18.4
53 Fargo, Addison	SR	6280	Red River	(53)	22:04.7	2:45.0	7:05.9	4:24.9	6:50.7	14:13.2	21:31.5
54 Saville, Addie	JR	6378	Sheyenne	(54)	22:05.6	2:45.9	7:06.2	4:25.1	6:39.8	14:03.3	21:24.0
55 Melendez, Jaden	FR	5696	Davies	(55)	22:07.0	2:47.3	7:06.7	4:25.4	6:45.1	14:10.3	21:29.4
56 James, Axumite Wren	SR	6153	Fargo South	56	22:07.3	2:47.6	7:06.8	4:25.5	6:45.3	14:10.9	21:30.5
57 Jewett, Brooke	SR	6216	Horace	57	22:08.9	2:49.2	7:07.3	4:25.8	6:44.6	14:06.1	21:31.7
58 Johnson, Julie	7	6286	Red River	(58)	22:09.4	2:49.7	7:07.5	4:25.9	6:57.2	14:12.4	21:31.8
59 Klamann, Olivia	SR	6430	West Fargo	(59)	22:11.2	2:51.5	7:08.0	4:26.2	6:45.3	14:07.0	21:28.3
60 Barbot, Summer	SO	6146	Fargo South	60	22:11.5	2:51.8	7:08.1	4:26.3	6:46.9	14:13.8	21:33.8
61 Riedinger, Lucia	FR	6118	Fargo North	61	22:16.4	2:56.7	7:09.7	4:27.3	6:49.3	14:17.2	21:38.9
62 Bishop, Adorah	JR	6211	Horace	(62)	22:17.7	2:58.0	7:10.1	4:27.5	7:05.3	14:26.2	21:41.5
63 Lebrun, Aubrie	JR	6054	Devils Lake	(63)	22:18.2	2:58.5	7:10.3	4:27.6	6:36.8	13:52.4	21:33.4
64 Hodges, Piper	8	6108	Fargo North	64	22:18.7	2:59.0	7:10.5	4:27.7	7:00.0	14:26.8	21:39.4
65 Pfennig, Tricia	SR	6406	Valley City	65	22:27.2	3:07.5	7:13.2	4:29.4	6:46.3	14:12.3	21:48.8
66 Fiala, Claire	SO	6187	Grand Forks Centra	66	22:30.9	3:11.2	7:14.4	4:30.2	6:59.9	14:24.5	21:48.8
67 Boucher, Thalia	SO	6369	Sheyenne	(67)	22:42.7	3:23.0	7:18.2	4:32.5	6:45.7	14:24.3	22:02.9
68 Pochmara, Elizabeth	8	6116	Fargo North	68	22:45.3	3:25.6	7:19.0	4:33.1	7:00.3	14:26.8	21:58.8
69 Lemke, Nora	8	6219	Horace	(69)	22:48.3	3:28.6	7:20.0	4:33.7	6:56.8	14:25.6	22:05.0
70 Melby, Isla	FR	6114	Fargo North	(70)	22:51.4	3:31.7	7:21.0	4:34.3	7:10.7	14:34.2	22:04.9
71 Bailey, Sydney	SR	6210	Horace	(71)	23:01.2	3:41.5	7:24.1	4:36.2	7:04.6	14:38.3	22:21.0
72 Karjalainen, Lia	JR	6217	Horace	(72)	23:02.7	3:43.0	7:24.6	4:36.5	7:05.8	14:39.0	22:21.5
73 Phillips, Mia	FR	6435	West Fargo	(73)	23:07.2	3:47.5	7:26.0	4:37.4	6:51.5	14:34.4	22:24.5
74 Nelson, Elicia	SO	6058	Devils Lake	(74)	23:16.6	3:56.9	7:29.1	4:39.3	6:57.3	14:42.2	22:35.1
75 Babingui Minou, Lengueth	JR	6145	Fargo South	75	23:25.6	4:05.9	7:32.0	4:41.1	7:20.2	15:05.3	22:43.4
76 Ness, Ainsley	SR	6115	Fargo North	(76)	23:31.9	4:12.2	7:34.0	4:42.4	7:22.1	15:07.4	22:47.5

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77 Fetsch, Addison	8	6399	Valley City	77	23:35.7	4:16.0	7:35.2	4:43.1	7:29.2	15:14.7	22:55.4
78 Kavli, Aubree	8	6053	Devils Lake	(78)	23:37.5	4:17.8	7:35.8	4:43.5	7:10.8	14:53.2	22:56.4
79 Dafoe, Olivia	7	6278	Red River	(79)	23:37.8	4:18.1	7:35.9	4:43.6	6:55.9	14:43.1	22:55.2
80 Rudolph, Ava	JR	6157	Fargo South	80	23:39.3	4:19.6	7:36.4	4:43.9	7:02.7	14:58.1	22:56.1
81 Kunz, Grace	SR	6431	West Fargo	(81)	23:48.0	4:28.3	7:39.2	4:45.6	7:08.7	14:59.5	23:02.2
82 Bertleson, Rylee	JR	6183	Grand Forks Centra	82	23:48.7	4:29.0	7:39.4	4:45.7	7:23.7	15:11.6	23:08.2
83 Johnson, Ellie	JR	6285	Red River	(83)	23:49.2	4:29.5	7:39.5	4:45.8	6:52.4	14:42.9	23:01.7
84 Roehl, Ella	SR	6156	Fargo South	84	24:03.9	4:44.2	7:44.3	4:48.8	7:11.3	15:07.1	23:18.7
85 Hillmer, Ingrid	FR	6106	Fargo North	(85)	24:06.4	4:46.7	7:45.1	4:49.3	7:35.7	15:42.6	23:23.6
86 Machayya, Gaby	JR	6375	Sheyenne	(86)	24:08.8	4:49.1	7:45.9	4:49.8	7:06.6	15:08.8	23:23.3
87 Christians, Taylor	SR	6425	West Fargo	(87)	24:14.7	4:55.0	7:47.7	4:50.9	6:54.2	15:00.9	23:27.3
88 Hass, Claire	FR	6403	Valley City	88	24:22.2	5:02.5	7:50.2	4:52.4	7:29.2	15:32.9	23:45.6
89 Hogberg, Ryah	SR	6190	Grand Forks Centra	89	24:28.4	5:08.7	7:52.2	4:53.7	7:14.0	15:26.7	23:47.1
90 Gorder, Syndee	JR	6077	Fargo South	(90)	24:29.6	5:09.9	7:52.5	4:53.9	7:48.1	15:52.8	23:52.5
91 Anderson, Autumn	JR	6397	Valley City	(91)	24:33.1	5:13.4	7:53.7	4:54.6	7:30.3	15:49.6	23:52.9
92 Shock, Brenna	SR	6295	Red River	(92)	24:33.5	5:13.8	7:53.8	4:54.7	6:59.7	15:15.8	23:42.3
93 Orness, Elizabeth	JR	6060	Devils Lake	(93)	24:36.8	5:17.1	7:54.9	4:55.4	7:16.7	15:28.0	23:51.3
94 Felber, Jaden	SR	6149	Fargo South	(94)	24:44.8	5:25.1	7:57.4	4:57.0	7:47.6	15:59.6	24:04.9
95 Wolhart, Nora	SO	6411	Valley City	(95)	24:51.0	5:31.3	7:59.4	4:58.2	7:33.6	15:51.0	24:04.0
96 Wilson, Gweneth	JR	6122	Fargo North	(96)	24:55.8	5:36.1	8:01.0	4:59.2	7:31.4	15:43.0	24:08.7
97 Vaagen, Rachel	SO	6065	Devils Lake	(97)	25:07.6	5:47.9	8:04.8	5:01.5	7:23.4	15:44.4	24:18.0
98 Storly, Brenna	JR	6407	Valley City	(98)	25:15.7	5:56.0	8:07.4	5:03.1	7:35.0	15:51.2	24:27.8
99 Hoffarth, Marisa	SO	6404	Valley City	(99)	25:50.8	6:31.1	8:18.6	5:10.2	7:41.8	16:35.6	25:06.1
100 Wadeson, Gabby	FR	6410	Valley City	(100)	26:20.8	7:01.1	8:28.3	5:16.2	7:42.1	16:39.4	25:36.4
101 Hoffman, Leah	SR	6109	Fargo North	(101)	26:42.7	7:23.0	8:35.3	5:20.5	7:35.7	16:33.1	25:59.5
102 Uhlir, Katie	SR	6194	Grand Forks Centra	(102)	26:44.6	7:24.9	8:35.9	5:20.9	8:29.5	17:25.7	26:06.5