

**2024 EDC CROSS COUNTRY CHAMPIONSHIP**

Grand Forks, ND

Lincoln Drive Park

Saturday, October 12, 2024

**OFFICIAL MEET REPORT**

printed: 10/12/2024 2:17 PM

**Race #5  
JV Girls 5K****Final Results****INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile	2 Mile	3 Mile
1 Deutsch, Sophia	8	5676	Davies	-	21:08.5	---	6:47.9	4:13.7	6:30.6	13:31.1	20:29.8
2 Graham, Mia	FR	6331	Shanley	-	21:34.9	26.4	6:56.4	4:19.0	6:41.5	13:51.0	20:56.7
3 Lies, Ellie	FR	5690	Davies	-	22:03.1	54.6	7:05.4	4:24.6	6:50.5	14:08.4	21:25.1
4 Hedges, Tori	SR	5684	Davies	-	22:05.6	57.1	7:06.2	4:25.1	6:50.2	14:11.2	21:29.6
5 VanPeurseem, Maggie	SR	5714	Davies	-	22:15.1	1:06.6	7:09.3	4:27.0	6:59.6	14:19.1	21:31.4
6 Repina, Karina	SR	5703	Davies	-	22:24.1	1:15.6	7:12.2	4:28.8	7:06.9	14:31.0	21:42.8
7 Bakke, Claire	FR	6322	Shanley	-	22:25.6	1:17.1	7:12.7	4:29.1	6:51.2	14:14.8	21:47.8
8 Pfeifer, Sophia	SR	5702	Davies	-	22:28.9	1:20.4	7:13.7	4:29.8	7:10.8	14:38.5	21:57.5
9 Stefanich, Anne	8	6297	Red River	-	22:29.9	1:21.4	7:14.1	4:30.0	6:51.4	14:15.3	21:50.3
10 Roney, Nora	SR	6343	Shanley	-	22:32.3	1:23.8	7:14.8	4:30.5	7:17.5	14:40.4	21:56.7
11 McCullough, Addison	JR	5692	Davies	-	22:45.1	1:36.6	7:18.9	4:33.0	7:07.1	14:35.9	22:00.2
12 Roney, Claire	FR	6342	Shanley	-	22:46.5	1:38.0	7:19.4	4:33.3	7:17.8	14:40.4	22:07.6
13 Thomson, Laney	FR	5712	Davies	-	22:51.0	1:42.5	7:20.8	4:34.2	7:09.7	14:38.6	22:09.2
14 Lelm, Rylie	SR	6289	Red River	-	22:57.3	1:48.8	7:22.9	4:35.5	7:12.7	14:46.6	22:18.6
15 Schaffer, Lucy	JR	5704	Davies	-	22:58.0	1:49.5	7:23.1	4:35.6	7:06.5	14:38.1	22:16.9
16 Fosberg, Ellie	JR	5677	Davies	-	23:07.8	1:59.3	7:26.2	4:37.6	7:09.1	14:38.7	22:21.1
17 Triepke, Paisley	FR	5713	Davies	-	23:15.5	2:07.0	7:28.7	4:39.1	7:12.8	14:40.4	22:31.3
18 Gannon, Kaitlyn	SO	5679	Davies	-	23:15.8	2:07.3	7:28.8	4:39.2	7:10.5	14:40.9	22:34.3
19 Underdahl, Emily	7	6230	Horace	-	23:18.0	2:09.5	7:29.5	4:39.6	7:41.1	15:09.6	22:37.1
20 Harrison, Atalia	JR	6212	Horace	-	23:26.7	2:18.2	7:32.3	4:41.3	7:27.0	15:02.8	22:46.3
21 Knudsen, Olivia	SR	6288	Red River	-	23:31.3	2:22.8	7:33.8	4:42.3			
22 Smith, Violet	FR	6121	Fargo North	-	23:32.5	2:24.0	7:34.2	4:42.5	7:14.5	14:59.6	22:49.8
23 Shorma, Olivia	SO	6344	Shanley	-	23:38.4	2:29.9	7:36.1	4:43.7	7:42.3	15:20.7	22:59.4
24 Walters, Mia	JR	6231	Horace	-	23:42.8	2:34.3	7:37.5	4:44.6	7:31.8	15:20.0	23:02.1
25 Nelson, Miabella	FR	6290	Red River	-	23:48.3	2:39.8	7:39.3	4:45.7	7:17.8	15:06.7	23:04.8
26 Benton, Grace	FR	6275	Red River	-	23:50.7	2:42.2	7:40.0	4:46.1	7:18.8	15:05.7	23:05.5
27 Smith, Camryn	FR	6296	Red River	-	23:56.4	2:47.9	7:41.9	4:47.3	7:18.6	15:05.6	23:09.7
28 Cokeley, Phoebe	8	6185	Grand Forks Centra	-	24:03.3	2:54.8	7:44.1	4:48.7	7:51.2	15:34.2	23:21.9
29 Keller, Lilia	SO	6191	Grand Forks Centra	-	24:08.0	2:59.5	7:45.6	4:49.6	7:11.9	15:13.1	23:24.7
30 Helgoe, Ava	SO	6213	Horace	-	24:08.9	3:00.4	7:45.9	4:49.8	7:26.6	15:25.3	23:24.3
31 Nygaard, Mylie	JR	6222	Horace	-	24:12.8	3:04.3	7:47.1	4:50.6	7:27.5	15:20.2	23:32.0
32 Parrill, Elsa	FR	6293	Red River	-	24:13.8	3:05.3	7:47.5	4:50.8	7:16.0	15:21.3	23:34.9
33 Thomas, Avery	JR	6229	Horace	-	24:14.4	3:05.9	7:47.7	4:50.9	7:41.0	15:34.9	23:35.0
34 Voss, Elizabeth	JR	6347	Shanley	-	24:14.5	3:06.0	7:47.7	4:50.9	7:32.2	15:23.9	23:27.1
35 Atchison, Maci	FR	6321	Shanley	-	24:15.0	3:06.5	7:47.8	4:51.0	7:13.2	15:45.9	23:36.3
36 Eback, Alora	SR	6148	Fargo South	-	24:18.1	3:09.6	7:48.8	4:51.6	7:48.9	15:49.3	23:37.0
37 Hauck, Kendal	SO	5683	Davies	-	24:20.2	3:11.7	7:49.5	4:52.0	7:50.5	15:49.6	23:39.3
38 Perez, Melisa	JR	5701	Davies	-	24:30.2	3:21.7	7:52.7	4:54.0	7:50.8	15:50.1	23:45.5
39 Meyer, Cassidy	FR	6337	Shanley	-	24:30.7	3:22.2	7:52.9	4:54.1	7:37.0	15:35.4	23:43.5
40 Herman, Ella	7	6051	Devils Lake	-	24:32.6	3:24.1	7:53.5	4:54.5	7:33.3	15:34.1	23:53.9
41 Clark, Sarah	SO	5674	Davies	-	24:41.3	3:32.8	7:56.3	4:56.3	7:21.8	15:41.8	24:03.2
42 Niewind, Ava	JR	6220	Horace	-	24:46.5	3:38.0	7:58.0	4:57.3	7:44.5	15:51.6	24:04.6
43 Snow, Alana	FR	6228	Horace	-	24:53.9	3:45.4	8:00.4	4:58.8	7:51.1	16:03.2	24:16.7
44 Swanson, Addison	FR	6298	Red River	-	24:56.6	3:48.1	8:01.2	4:59.3	7:49.6	16:06.9	24:18.0
45 Hanson, Lucy	FR	6151	Fargo South	-	24:59.4	3:50.9	8:02.1	4:59.9	7:47.7	16:10.7	24:25.7
46 Johnson, Kendal	FR	6287	Red River	-	25:02.9	3:54.4	8:03.2	5:00.6	7:31.4	15:46.7	24:18.7

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM	1 Mile	2 Mile	3 Mile
47 Lindgren, Samantha	FR	6433	West Fargo	-	25:03.3	3:54.8	8:03.4	5:00.7	7:11.4	15:33.2	24:15.8
48 Madson, Julia	SO	6336	Shanley	-	25:03.6	3:55.1	8:03.5	5:00.7	7:51.6	16:12.1	24:23.8
49 Koch, Sharlotte	SO	6335	Shanley	-	25:03.6	3:55.1	8:03.5	5:00.7	7:51.3	16:11.9	24:23.9
50 Schieve, Bevin	FR	6226	Horace	-	25:12.1	4:03.6	8:06.2	5:02.4	7:45.3	16:13.5	24:32.3
51 Pryor, Elsa Ruth	JR	6117	Fargo North	-	25:22.0	4:13.5	8:09.4	5:04.4	8:06.4	16:23.3	24:38.7
52 Nordhougen, Autumn	FR	5699	Davies	-	25:22.4	4:13.9	8:09.5	5:04.5	8:04.9	16:34.7	24:44.0
53 Freier, Mckenzie	SO	5678	Davies	-	25:22.4	4:13.9	8:09.5	5:04.5	8:03.0	16:26.8	24:43.6
54 Sappington, Evangeline	SR	6225	Horace	-	25:34.7	4:26.2	8:13.5	5:06.9	7:31.0	16:02.6	25:01.3
55 Ough, Abygail	SR	5700	Davies	-	25:34.8	4:26.3	8:13.5	5:07.0	8:05.1	16:30.7	24:55.0
56 Soliman, Julianna	SO	5707	Davies	-	25:35.3	4:26.8	8:13.7	5:07.1	7:51.9	16:28.5	25:01.3
57 Jostad, Emily	FR	5686	Davies	-	25:42.8	4:34.3	8:16.1	5:08.6	7:35.1	16:09.3	24:56.7
58 Motschenbacher, Clara	JR	6155	Fargo South	-	25:52.2	4:43.7	8:19.1	5:10.4	8:02.3	16:32.1	25:08.2
59 Sandell, Amelia	FR	6119	Fargo North	-	26:00.8	4:52.3	8:21.9	5:12.2	8:00.1	16:33.6	25:24.1
60 Hashbarger, Eve	JR	6152	Fargo South	-	26:08.7	5:00.2	8:24.4	5:13.7	7:59.4	16:32.6	25:21.4
61 Yokom, Brynn	SO	6123	Fargo North	-	26:13.3	5:04.8	8:25.9	5:14.7	8:05.2	16:37.5	25:31.5
62 Gates, Emily	FR	6103	Fargo North	-	26:15.0	5:06.5	8:26.4	5:15.0	8:07.2	16:47.2	25:27.5
63 Gigstad, Aniston	SR	5680	Davies	-	26:37.2	5:28.7	8:33.6	5:19.4	8:05.2	16:56.9	26:02.7
64 Robinson, Alice	FR	6224	Horace	-	26:38.5	5:30.0	8:34.0	5:19.7	8:04.3	16:50.9	26:01.4
65 Hardy, Norah	FR	5682	Davies	-	26:43.0	5:34.5	8:35.4	5:20.6	7:35.3	16:22.9	26:04.3
66 Stephens, Johanna	SO	5709	Davies	-	26:50.0	5:41.5	8:37.7	5:22.0	8:04.0	17:22.4	26:06.8
67 Isaac, Odura	SR	6333	Shanley	-	26:59.2	5:50.7	8:40.6	5:23.8	8:18.7	17:27.1	26:17.4
68 Mann, Rebecca	FR	6112	Fargo North	-	27:11.8	6:03.3	8:44.7	5:26.4	8:29.7	17:33.1	26:21.2
69 Hirsch, Hillary	JR	6107	Fargo North	-	27:13.4	6:04.9	8:45.2	5:26.7	8:41.9	17:32.7	26:23.0
70 Wanzek, Madilynn	SO	5715	Davies	-	27:17.7	6:09.2	8:46.6	5:27.5	8:05.7	17:13.3	26:33.3
71 Parisien, Autumn	SO	6061	Devils Lake	-	27:25.3	6:16.8	8:49.0	5:29.1	8:05.4	17:08.8	26:33.4
72 Hennings, Ava	JR	6214	Horace	-	27:33.3	6:24.8	8:51.6	5:30.7	7:16.8	16:32.6	26:47.4
73 Koterba, Ava	SR	5688	Davies	-	28:17.0	7:08.5	9:05.7	5:39.4	8:48.6	18:09.8	27:20.8
74 Champagne, Juliette	SR	6098	Fargo North	-	28:26.3	7:17.8	9:08.6	5:41.3	9:11.0	18:25.2	27:32.7
75 Muir, Taylor	SO	5697	Davies	-	28:39.4	7:30.9	9:12.9	5:43.9	8:48.4	18:09.2	27:51.2
76 Britton, Brenna	SR	5673	Davies	-	28:43.9	7:35.4	9:14.3	5:44.8	8:16.4	17:56.3	27:42.8
77 Meidinger, Lily	SO	5694	Davies	-	28:44.7	7:36.2	9:14.6	5:44.9	8:21.3	17:57.6	27:45.7
78 Gasevic, Luna	FR	6102	Fargo North	-	29:19.4	8:10.9	9:25.7	5:51.9	9:13.7	18:27.7	28:33.2
79 Leet, Eva	SO	6218	Horace	-	29:47.9	8:39.4	9:34.9	5:57.6	9:11.5	19:15.2	29:07.3
80 Spaulding, Addyson	SR	6345	Shanley	-	30:40.1	9:31.6	9:51.7	6:08.0	8:58.1	19:16.5	29:49.9
81 Swanson, Jillian	SO	6299	Red River	-	30:46.0	9:37.5	9:53.6	6:09.2	9:21.3	20:16.4	30:00.5
82 Schmitt, Olivia	JR	6227	Horace	-	31:13.6	10:05.1	10:02.4	6:14.7	8:45.3	19:26.8	30:28.0
83 Brandt, Sofia	JR	6277	Red River	-	31:44.1	10:35.6	10:12.3	6:20.8	9:47.9	20:22.7	30:45.8
84 Quackenbush, Sabine	SO	6294	Red River	-	31:51.1	10:42.6	10:14.5	6:22.2	10:02.3	20:36.9	30:52.6
85 Boelke, Kate	JR	5670	Davies	-	31:57.1	10:48.6	10:16.4	6:23.4	9:11.2	19:26.7	30:53.0
86 Maldonado, Ari	SO	5691	Davies	-	32:13.4	11:04.9	10:21.7	6:26.7	9:34.1	20:23.8	31:16.1
87 Gaston, Aaliyah	SO	6281	Red River	-	35:04.1	13:55.6	11:16.6	7:00.8	9:39.1	21:52.2	34:22.0