

**53rd Annual
Shanley Invitational
TRACK & FIELD MEET**

(EST. 1969)

Friday, May 28th, 2023

South HS, Fargo, ND

ORDER OF EVENTS

RUNNING EVENTS

1:00 PM

Combined JV 3200m Run (if needed)

1:30 PM

4 x 800 M Relay

300 M Hurdles

100 M Dash

4 x 200 M Relay

1600 M Run

4 x 100 M Relay

400 Meter Dash

100/110 M Hurdles

800 M Run

200 M Dash

3200 M Run

4 x 400 M Relay

FIELD EVENTS

1:00 PM

High Jump (Girls) (Boys)

Long Jump (Girls) (Boys)

Triple Jump (Boys) (Girls)

Shot Put (Boys) (Girls)

Discus (Girls) (Boys)

Javelin (Boys) (Girls)

Pole Vault (Boys) (Girls)

GIRLS WILL RUN FIRST IN ALL EVENTS!

Meet Schedule

12:15 Coaches Meeting

12:45 Recognition of Shanley senior track and field athletes

12:55 National Anthem – Let this track meet begin!!!!!!

Thank you to South HS administration and coaches for allowing Shanley to use your facility and helping to run the meet.

**A SPECIAL THANKS TO THE SHANLEY HIGH SCHOOL
ATHLETIC CLUB FOR THEIR SUPPORT, AND ALL THE COACHES,
WORKERS, AND PARENTS FOR VOLUNTEERING THEIR TIME AND ENERGY!!**