

Parents Letter: Week 10 – April 17th – April 22nd

Hello GFC Boys Track & Field Parents,

Looks like our outdoor season is finally going to start!! We are at Cushman Field every day for practice. This week is very busy!

Monday- May 1st

3:45 pm Team meeting Blue Line locker room

4:00 pm Practice Starts

Tuesday

3:30 pm Start individual pictures – Athletes need their FULL UNIFORMS – jackets, pants, singlet, shorts

4:00 pm Team Pictures

4:15 pm Practice Starts

Wednesday

JV meet 4 pm start at Cushman Field

If anyone is injured, let them rest for Friday

All jumpers compete

Run A & B 4x100

If not competing, do speed workout

Thursday

3:45 pm practice

Friday

8:45 am Excused from class

9:00 am Bus Leaves for West Fargo High School, Packer Relays

11:00 am Meet Starts

6:00 pm Best guess on getting back to Central

Week 11

Monday, May 8, Fargo Rotary.-- We need to decide after Packer Relays, who is going? if any

Friday - FS - True Team meet - 3 per event

Saturday - FS - JV EDC - Unlimited - Take most of our athletes!

Thank you!!

Sean Allan

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