

GF Dual - 4/22/2019

Cushman Field

Results

Event 1 Girls 4x800 Meter Relay

**GFDual Rec: 10:24.43 R 2010 Schreiner, Stoley, Ferry, Rippli
Z. Schriener; M. Stoley; M.Ferry; E. Ripplinger**

10:10.24 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Grand Forks Central	A	11:09.51 15
1) Hynek, Claire	2) Kindseth, Aria	
3) Roehl, Sophia	4) Brunelle, Lilly	
2 Red River	A	12:28.01 12
1) Neubert, Narria	2) Krump, Zoie	
3) Lachance, Sophie	4) Clement, Cosette	

Event 2 Boys 4x800 Meter Relay

**GFDual Rec: 8:52.79 R 2009 Fisher, Torrey, Lennon, Shafer
T. Fisher; A. Torrey; C. Lennon; P. Shafer**

8:24.24 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Red River	A	8:58.65 15
1) Abdi, Mustafe	2) Hugo, Thomas	
3) McHenry, Hunter	4) Diederich, Broden	
2 Grand Forks Central	A	9:46.63 12
1) Harsell, Ethan	2) Hanson, Jake	
3) Sum, Emmett	4) Vasichek, Tucker	
3 Red River	B	10:02.82 9
1) Stokke, Erik	2) Narum, Dylan	
3) Reilly, Owen	4) Jenkins, Jake	
4 Grand Forks Central	B	10:49.80 6
1) McLean, Dylan	2) Billings, Lee	
3) Westereng, Torrey	4) Polries, Jackson	

Event 3 Girls 300 Meter Hurdles

**GFDual Rec: 46.24 R 2017 Mackenzie Severson
48.84 QA Class A State Qualiy**

Name	School	Finals
Finals		
1 Severson, Mackenzie	Red River	47.75 QA
2 Hynek, Hannah	Grand Forks	50.46 11
3 Hentschell, Harmony	Red River	50.67 10
4 Patel, Shri	Red River	51.38 9
5 Hentschell, Melody	Red River	52.16 8
6 Anderson, Ellie	Red River	56.56 7
7 Swanson, Lauren	Red River	58.14 6
8 Heydt, Madilynn	Red River	1:00.79 5
9 Meberg, Alena	Red River	1:03.02 4
10 Marsh, Amanda	Red River	1:04.82 3

Event 4 Boys 300 Meter Hurdles

**GFDual Rec: 39.66 R 2009 Ryan Todhunter
42.44 QA Class A State Qualiy**

Name	School	Finals
Finals		
1 Enerson, Bryce	Red River	42.88 12
2 Arnold, Adam	Grand Forks	43.05 11

3 Elde, Carter	Grand Forks	43.82 10
4 Bernhardson, Tanner	Red River	45.77 9
5 Pathak, Bikash	Red River	45.87 8
6 Heydt, Lukas	Red River	46.47 7
7 Allan, Collin	Grand Forks	46.85 6
8 Lopez, Anthony	Grand Forks	48.59 5
9 O'Toole, Jacob	Grand Forks	51.51 4
10 Mack, Hayden	Grand Forks	53.96 3
11 Byron, Carter	Red River	54.29 2
12 Severson, Caleb	Red River	57.13 1
13 Richards, Haden	Red River	59.58

Event 5 Girls 100 Meter Dash

**GFDual Rec: 12.64 R 2017 Grace Emineth
13.04 QA Class A State Qualiy**

Name	School	Finals
Finals		
1 Leach, Claire	Red River	12.75 QA
2 Severson, Mackenzie	Red River	12.84 QA
3 Baker, Taylar	Grand Forks	13.36 10
4 Flaten, Leecia	Red River	13.53 9
5 Richards, Alex	Red River	13.57 8
6 Robson, Emily	Red River	14.08 7
7 Grzadzielewski, Kierstyn	Grand Forks	14.11 6
8 Lapp, Claire	Red River	14.22 5
9 Ferguson, Marley	Grand Forks	14.52 4
10 DeCoteau, Brooklyn	Grand Forks	14.56 3
11 Heyd, Sierra	Grand Forks	14.80 2
12 Boe, Emma	Red River	14.95 1
13 Miller, Ava	Red River	14.96
14 McCreary, Lauren	Grand Forks	15.15
15 Fish, Roxy	Red River	15.17
16 Green, Annika	Grand Forks	15.86
17 Davis, Jahveya	Red River	15.93
18 Gomez-Gracida, Maria	Grand Forks	18.55
--- Longtine, Evelyn	Grand Forks	DNS
--- Jacoway-Donalds, Gymari	Grand Forks	DNS
--- Hoffarth, Ellie	Grand Forks	X13.65

Event 6 Boys 100 Meter Dash

**GFDual Rec: 11.26 R 2003 Colt Breedlove
11.44 QA Class A State Qualiy**

Name	School	Finals
Finals		
1 Topping, Zack	Red River	11.57 12
2 Oehlke, Austin	Red River	11.61 11
3 Hare, Cheyenne	Red River	11.64 10
4 Brandvold, Ethan	Red River	11.84 9
5 Hollingshead, Nate	Red River	11.91 8
6 Kroeger, Alessandro	Red River	11.95 7
7 Schill, Alex	Grand Forks	11.97 6
8 Dvorak, Brady	Red River	11.97 5
9 Nottestad, Michael	Red River	12.04 4
10 Williamson, Joe	Grand Forks	12.20 3
11 Rynestad, Wythe	Grand Forks	12.29 2
12 Pathak, Bikash	Red River	J12.35

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Results

Finals ... (Event 6 Boys 100 Meter Dash)

Name	School	Finals
12 DeFoe, Josh	Grand Forks	J12.35 1
14 Vaccaro, Robert	Grand Forks	12.51
15 Lorenz, Jaxton	Grand Forks	12.64
16 Lindseth, Cade	Grand Forks	12.75
17 Rivera, Chris	Grand Forks	12.98
18 Herbeck, Tyler	Grand Forks	13.02
19 Ohnstad, Carson	Grand Forks	13.46
20 Mitchell, Julian	Grand Forks	13.60
21 Swartz, Adam	Grand Forks	14.40
22 Olson, Joey	Grand Forks	14.87
23 Rothenberger, Kyle	Grand Forks	14.96
24 Haines, Jay	Grand Forks	15.91
25 Bender, Jonus	Grand Forks	17.50
--- Allan, Collin	Grand Forks	DNS

Event 7 Girls 4x200 Meter Relay

GFDual Rec: 1:47.63 R 2015 Glenn, Rone, Severson, Eminetl K. Glenn; A Rone; M. Severson; G. Emineth
1:51.54 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Grand Forks Central	A	1:57.86 15
1) Grzadzielewski, Kierstyn	2) Baker, Taylar	
3) McCreary, Lauren	4) Hynek, Hannah	
2 Red River	A	2:00.77 12
1) Marcus, Madison	2) Anderson, Rachel	
3) Anderson, Ellie	4) Reilly, Justice	
--- Red River	B	DQ
1) Miller, Ava	2) Muus, Ally	
3) Maszk, Callie	4) Erickson, Alyssa	
--- Red River	C	DQ
1) Olson, Mckenzie	2) Stokke, Elizabeth	
3) Larsen-Schmidt, Gracia	4) Dorsey, Campbell	
--- Grand Forks Central	B	X2:05.32
1) DeCoteau, Brooklyn	2) Hoffarth, Ellie	
3) King, Kylie	4) Heyd, Sierra	

Event 8 Boys 4x200 Meter Relay

GFDual Rec: 1:32.97 R 2004 Boonstra, CheneyPeters, Lunak A. Boonstra; B. CheneyPeters; Z. Lunak; M. Johnson
1:34.24 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Red River	A	1:36.47 15
1) Oehlke, Austin	2) Anderson, Keandre	
3) Sartwell, Marcelles	4) Hare, Cheyenne	
2 Red River	B	1:43.13 12
1) Pathak, Bikash	2) Pressnell, Nate	
3) Herberg, Trent	4) Yahye, Mohamud	
3 Grand Forks Central	A	1:44.51 9
1) Gates, Jordan	2) Lindseth, Cade	
3) Herbeck, Tyler	4) Mutzenberger, Wyatt	

4 Grand Forks Central	B	1:52.85 6
1) Mitchell, Julian	2) Rivera, Chris	
3) Erickson, Mike	4) Tande, Joel	
5 Red River	C	1:54.09 3
1) Narum, Dylan	2) Panda, Om	
3) Severson, Caleb	4) Richards, Haden	

Event 9 Girls 1600 Meter Run

GFDual Rec: 5:12.04 R 2017 Alexis Roehl
5:30.24 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Nelson, Emily	Red River	5:52.95 12
2 Hynek, Claire	Grand Forks	6:01.20 11
3 Lapp, Claire	Red River	6:09.05 10
4 Roehl, Sophia	Grand Forks	6:17.37 9
5 Derenne, Marie	Grand Forks	6:23.56 8
6 Heyd, Coral	Grand Forks	6:27.25 7
--- Brunelle, Lilly	Grand Forks	DNS

Event 10 Boys 1600 Meter Run

GFDual Rec: 4:28.88 R 2014 Camron Roehl
4:35.24 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Arason, Jake	Red River	4:31.06 QA
2 Simon, Zach	Red River	4:32.35 QA
3 Zenawick, Dameon	Red River	4:49.36 10
4 Hugo, Thomas	Red River	4:49.74 9
5 Prusak, Ryan	Red River	4:50.45 8
6 Rongitsch, Matt	Red River	4:51.69 7
7 Roehl, Quinn	Grand Forks	4:53.88 6
8 Dorsey, Gavin	Red River	4:58.85 5
9 Lorenz, Cael	Grand Forks	5:01.05 4
10 Corcoran, Jeff	Red River	5:06.32 3
11 Halvorson, Cade	Grand Forks	5:08.49 2
12 Diederich, Broden	Red River	5:09.16 1
13 Stevens, Lane	Grand Forks	5:11.75
14 Ali, Abdirahman	Red River	5:24.53
15 Dafoe, Jonah	Red River	5:25.54
16 Lachance, Rawley	Red River	5:27.98
17 Veres, Nick	Grand Forks	5:28.10
18 Faizuddin, Mohammed	Red River	6:04.04
19 Lunksi, Edison	Grand Forks	6:08.70
20 Erickson, Glen	Grand Forks	6:22.75
21 Sollund, Dylan	Red River	6:27.87
22 Gillespie, Mason	Red River	6:30.83

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Results

Event 11 Girls 4x100 Meter Relay

GFDual Rec: 51.11 R 2016 Burian, Steffan, Meland, Severs
T. Burian; K. Steffan; M. Meland; M. Severson
52.84 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Red River	B	58.34 15
1) Fosse, Ella	2) Stenseth, Morgan	
3) Dorsey, Campbell	4) Larsen-Schmidt, Gracia	
2 Red River	A	58.37 12
1) Marcus, Madison	2) Fish, Roxy	
3) Robson, Emily	4) Reilly, Justice	
3 Grand Forks Central	A	59.14 9
1) DeCoteau, Brooklyn	2) Hellyer, Emily	
3) King, Kylie	4) Heyd, Sierra	
4 Red River	C	1:01.92 6
1) Heydt, Madilynn	2) Stokke, Elizabeth	
3) Muus, Ally	4) Davis, Jahveya	
5 Grand Forks Central	B	1:04.60 3
1) King, Savannah	2) Jacoway-Donalds, Gymaria	
3) Longtine, Evelynn	4) Gomez-Gracida, Maria	

Event 12 Boys 4x100 Meter Relay

GFDual Rec: 44.90 R 2009 Shabb, Pope, Dingle, Gefrosh
B. Shabb; E. Pope; C. Dingle; T. Gefrosh
45.44 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Red River	A	46.25 15
1) Topping, Zack	2) Oehlke, Austin	
3) Brandvold, Ethan	4) Dvorak, Brady	
2 Red River	B	49.06 12
1) Erickson, Justin	2) Nottestad, Michael	
3) Kroeger, Alessandro	4) Johnson, Cade	
3 Grand Forks Central	B	52.27 9
1) Erickson, Mike	2) Lopez, Anthony	
3) Tande, Joel	4) Mitchell, Julian	
4 Grand Forks Central	A	52.31 6
1) Lindseth, Cade	2) Lorenz, Jaxton	
3) Rivera, Chris	4) Herbeck, Tyler	
--- Red River	C	DQ 3
1) Masa, Curtis	2) Hutchison, Evan	
3) Buelow, Marshall	4) Richtsmeier, Grant	

Event 13 Girls 400 Meter Dash

GFDual Rec: 1:00.94 R 2014 Ashley Rone
1:01.74 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Richards, Alex	Red River	1:03.65 12
2 Baker, Taylar	Grand Forks	1:03.71 11
3 Hynek, Hannah	Grand Forks	1:06.10 10
4 Kindseth, Aria	Grand Forks	1:10.29 9
5 Reilly, Justice	Red River	1:14.61 8
6 Krump, Zoie	Red River	1:15.56 7

7 Heyd, Sierra	Grand Forks	1:17.61 6
8 Miller, Ava	Red River	1:20.20 5
9 Olson, Mckenzie	Red River	1:20.29 4
10 Gomez-Gracida, Maria	Grand Forks	1:33.38 3
--- Longtine, Evelynn	Grand Forks	DNS
--- Arnold, Emily	Grand Forks	DNS
--- Jacoway-Donalds, Gymari:	Grand Forks	DNS
--- Hoffarth, Ellie	Grand Forks	XDNS
--- Rygh, Sophie	Grand Forks	DNS
--- Hillman, Lauren	Grand Forks	DNS
--- DeCoteau, Brooklyn	Grand Forks	DNS
--- Harrison, Lauren	Grand Forks	DNS

Event 14 Boys 400 Meter Dash

GFDual Rec: 50.30 R 2010 Matt Loehr
52.24 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Anderson, Keandre	Red River	54.50 12
2 Sartwell, Marcelles	Red River	54.69 11
3 Yahye, Mohamud	Red River	55.11 10
4 Elde, Carter	Grand Forks	55.19 9
5 Pressnell, Nate	Red River	56.69 8
6 DeFoe, Josh	Grand Forks	56.72 7
7 Sum, Emmett	Grand Forks	1:01.56 6
8 Billings, Lee	Grand Forks	1:02.50 5

Event 15 Girls 100 Meter Hurdles

GFDual Rec: 15.94 R 2016 Mackenzie Severson
13.04 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Severson, Mackenzie	Red River	16.04 12
2 Hentschell, Harmony	Red River	17.30 11
3 Hentschell, Melody	Red River	17.51 10
4 Patel, Shri	Red River	17.62 9
5 Heydt, Madilynn	Red River	19.01 8
6 Anderson, Ellie	Red River	20.34 7
7 Swanson, Lauren	Red River	21.25 6
8 Marsh, Amanda	Red River	22.23 5
--- Meberg, Alena	Red River	DNS
--- Maszk, Callie	Red River	DNS

Event 16 Boys 110 Meter Hurdles

GFDual Rec: 14.77 R 2005 Ryan Chappel
16.14 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Enerson, Bryce	Red River	15.66 QA
2 Bernhardson, Tanner	Red River	17.65 11
3 Heydt, Lukas	Red River	17.66 10
4 Arnold, Adam	Grand Forks	17.68 9
5 Lopez, Anthony	Grand Forks	20.36 8
6 Byron, Carter	Red River	20.41 7
7 Martin, Alex	Red River	20.60 6
8 O'Toole, Jacob	Grand Forks	21.39 5

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Results

Event 17 Girls 800 Meter Run

GFDual Rec: 2:21.71 R 4/22/2019 Mikayla Weiss

GFDual Rec: 2:21.71 R 4/22/2019 Mikayla Weiss

2:25.24 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Weiss, Mikayla	Grand Forks	2:21.71RQA
2 Fosse, Ella	Red River	2:30.39 11
3 Stenseth, Morgan	Red River	2:33.31 10
4 Hynek, Claire	Grand Forks	2:44.44 9
5 Derenne, Marie	Grand Forks	2:51.84 8
6 Lachance, Sophie	Red River	2:58.45 7
7 Heyd, Coral	Grand Forks	2:58.80 6
8 Clement, Cosette	Red River	3:23.99 5
--- Brunelle, Lilly	Grand Forks	DNS
--- Spoor, Maggie	Grand Forks	DNS
--- Roehl, Sophia	Grand Forks	DNS
--- Harrison, Lauren	Grand Forks	DNS
--- Arnold, Emily	Grand Forks	DNS

Event 18 Boys 800 Meter Run

GFDual Rec: 2:01.43 R 2012 Paul Shafer

2:01.74 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Meyer, Ryan	Grand Forks	2:02.85 12
2 Arason, Jake	Red River	2:05.46 11
3 Abdi, Mustafe	Red River	2:10.45 10
4 Mutzenberger, Wyatt	Grand Forks	2:11.15 9
5 McHenry, Hunter	Red River	2:12.12 8
6 Gates, Jordan	Grand Forks	2:12.99 7
7 Roehl, Quinn	Grand Forks	2:14.96 6
8 Corcoran, Jeff	Red River	2:15.30 5
9 Zenawick, Dameon	Red River	2:16.98 4
10 Simon, Zach	Red River	2:17.92 3
11 Halvorson, Cade	Grand Forks	2:20.11 2
12 Lachance, Rawley	Red River	2:25.22 1
13 Ali, Abdirahman	Red River	2:25.86
14 Hanson, Jake	Grand Forks	2:26.49
15 Stevens, Lane	Grand Forks	2:27.01
16 Panda, Om	Red River	2:28.33
17 Veres, Nick	Grand Forks	2:29.47
18 Dorsey, Gavin	Red River	2:29.91
19 Faizuddin, Mohammed	Red River	2:47.96
20 Sollund, Dylan	Red River	2:59.90
--- McLean, Dylan	Grand Forks	DNS
--- Lelm, Grant	Red River	DNS
--- Rongitsch, Matt	Red River	DNS

Event 19 Girls 200 Meter Dash

GFDual Rec: 26.04 R 2016 Mackenzie Severson

26.94 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Severson, Mackenzie	Red River	26.28 QA

2 Leach, Claire	Red River	26.42 QA
3 Baker, Taylar	Grand Forks	27.78 10
4 Flaten, Leecia	Red River	28.15 9
5 Richards, Alex	Red River	28.46 8
6 Hynek, Hannah	Grand Forks	28.62 7
7 Hillman, Lauren	Grand Forks	28.69 6
8 Anderson, Rachel	Red River	29.62 5
9 Ferguson, Marley	Grand Forks	30.48 4
10 Kindseth, Aria	Grand Forks	31.08 3
11 King, Kylie	Grand Forks	31.32 2
12 Boe, Emma	Red River	32.29 1
13 Muus, Ally	Red River	32.56
14 McCreary, Lauren	Grand Forks	32.66
15 Marsh, Amanda	Red River	33.34
16 Meberg, Alena	Red River	33.39
17 Maszk, Callie	Red River	34.23
18 Davis, Jahveya	Red River	34.54
19 Gomez-Gracida, Maria	Grand Forks	40.02
--- Jacoway-Donalds, Gymari	Grand Forks	DNS
--- Longtine, Evelyn	Grand Forks	DNS
--- Rygh, Sophie	Grand Forks	DNS
--- Hoffarth, Ellie	Grand Forks	X29.59

Event 20 Boys 200 Meter Dash

GFDual Rec: 22.57 R 2004 Ryan Chappel

23.24 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Hare, Cheyenne	Red River	23.85 12
2 Anderson, Keandre	Red River	24.15 11
3 Hoverson, Ben	Grand Forks	24.25 10
4 Oehlke, Austin	Red River	24.27 9
5 Klefstad, Brett	Red River	24.69 7.5
5 Schill, Alex	Grand Forks	24.69 7.5
7 Arnold, Adam	Grand Forks	24.75 6
8 Parkes, Howard	Grand Forks	24.92 5
9 Sartwell, Marcelles	Red River	25.04 4
10 Bernhardson, Tanner	Red River	25.16 3
11 Williamson, Joe	Grand Forks	25.25 2
12 Yahye, Mohamud	Red River	25.26 1
13 DeFoe, Josh	Grand Forks	25.28
14 Elde, Carter	Grand Forks	25.30
15 Rynestad, Wythe	Grand Forks	25.42
16 Pathak, Bikash	Red River	25.61
17 Vaccaro, Robert	Grand Forks	25.98
18 Nottestad, Michael	Red River	26.58
19 Allan, Collin	Grand Forks	27.23
20 Stevenson, Jakob	Grand Forks	27.49
21 O'Toole, Jacob	Grand Forks	27.96
22 Rivera, Chris	Grand Forks	28.43
23 Mitchell, Julian	Grand Forks	28.80
24 Dale, Kieran	Grand Forks	28.91
25 Severson, Caleb	Red River	28.93
--- Kroeger, Alessandro	Red River	DNF
--- Masa, Curtis	Red River	DNS
--- Herberg, Trent	Red River	DNS

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Finals ... (Event 20 Boys 200 Meter Dash)

Name	School	Finals
--- Topping, Zack	Red River	DNS
--- Hollingshead, Nate	Red River	DNS
--- Richards, Haden	Red River	DNS

Event 21 Girls 3200 Meter Run

GFDual Rec: 10:50.66 R 2017 Karley Ackley
12:05.24 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Roehl, Alexis	Grand Forks	11:57.19 QA
2 Weiss, Mikayla	Grand Forks	12:21.22 11
3 Dorsey, Campbell	Red River	12:51.48 10
4 Larsen-Schmidt, Gracia	Red River	13:10.24 9
5 Neubert, Narria	Red River	14:26.33 8

Event 22 Boys 3200 Meter Run

GFDual Rec: 10:06.00 R 2010 Francis Mendee
10:05.24 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Harsell, Ethan	Grand Forks	10:57.10 12
2 Prusak, Ryan	Red River	11:02.29 11
3 Lorenz, Cael	Grand Forks	11:18.56 10
4 Jenkins, Jake	Red River	11:33.24 9
5 Dafoe, Jonah	Red River	11:53.46 8
6 Stokke, Erik	Red River	11:55.96 7
7 Vasichek, Tucker	Grand Forks	12:10.44 6
8 Reilly, Owen	Red River	12:59.30 5

Event 23 Girls 4x400 Meter Relay

GFDual Rec: 4:14.87 R 2010 Zeitvogel, Wysocki, Todhunter,
A. Zeitvogel; E. Wysocki; R. Todhunter; C. Shabb
4:16.24 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Red River	A	4:34.48 15
1) Patel, Shri	2) Hentschell, Harmony	
3) Hentschell, Melody	4) Lapp, Claire	
2 Grand Forks Central	A	4:42.29 12
1) Roehl, Alexis	2) Hynek, Claire	
3) Kindseth, Aria	4) Weiss, Mikayla	
3 Red River	B	4:57.40 9
1) Nelson, Emily	2) Swanson, Lauren	
3) Miller, Ava	4) Krump, Zoie	
4 Grand Forks Central	B	5:07.73 6
1) Roehl, Sophia	2) Derenne, Marie	
3) Arnold, Emily	4) Brunelle, Lilly	
5 Red River	C	5:26.28 3
1) Reilly, Justice	2) Erickson, Alyssa	
3) Lachance, Sophie	4) Clement, Cosette	

Event 24 Boys 4x400 Meter Relay

GFDual Rec: 3:33.08 R 2004 Lunak, Cheney-Peters, Roche, J
Z. Lunak; B. Cheney-Peters; I. Roche; M. Johnson
3:34.24 QA Class A State Qualiy

Team	Relay	Finals
Finals		
1 Red River	A	3:41.95 15
1) Yahye, Mohamud	2) Arason, Jake	
3) Sartwell, Marcelles	4) Anderson, Keandre	
2 Grand Forks Central	A	3:42.20 12
1) Meyer, Ryan	2) Elde, Carter	
3) Mutzenberger, Wyatt	4) Parkes, Howard	
3 Red River	B	3:53.58 9
1) Pressnell, Nate	2) Simon, Zach	
3) Abdi, Mustafe	4) Zenawick, Dameon	
4 Grand Forks Central	B	4:03.69 6
1) Schill, Alex	2) Billings, Lee	
3) Hanson, Jake	4) Sum, Emmett	
5 Red River	E	4:04.69 3
1) Dorsey, Gavin	2) Corcoran, Jeff	
3) Lachance, Rawley	4) Hugo, Thomas	
6 Red River	C	4:18.47
1) Prusak, Ryan	2) Narum, Dylan	
3) Panda, Om	4) Stokke, Erik	
7 Grand Forks Central	C	4:30.43
1) Stevens, Lane	2) Mack, Hayden	
3) Veres, Nick	4) Westereng, Torrey	
8 Red River	D	4:34.15
1) Heydt, Lukas	2) Severson, Caleb	
3) Dafoe, Jonah	4) Byron, Carter	
9 Red River	F	4:41.76
1) Haug, Simon	2) Jimaale, Mohamed	
3) Faizuddin, Mohammed	4) Reilly, Owen	
--- Red River	H	DNF
1) McHenry, Hunter	2) Ali, Abdirahman	
3) Gillespie, Mason	4) Sollund, Dylan	
--- Red River	G	DNS

Event 30 Girls Pole Vault

GFDual Rec: 10-06 R 2009 Ashley Zeitvogel
9-03.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 King, Savannah	Grand Forks	8-09.00 12
2 Ferguson, Marley	Grand Forks	6-00.00 11
3 Green, Annika	Grand Forks	J6-00.00 10
4 Stokke, Elizabeth	Red River	J6-00.00 9

Event 31 Boys Pole Vault

GFDual Rec: 13-06 R 2001 Matt Mortrude; Kaden Rohloff
12-06.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Rohloff, Kaden	Red River	13-06.00RQA
2 Walker, Erik	Red River	10-00.00 11

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Finals ... (Event 31 Boys Pole Vault)

Name	School	Finals
3 Parkes, Howard	Grand Forks	J10-00.00 10
4 Allan, Collin	Grand Forks	9-06.00 9
5 Stevenson, Jakob	Grand Forks	J9-06.00 8
6 Post, Michael	Grand Forks	8-06.00 7
7 Bushee, Bryce	Grand Forks	J8-06.00 6
8 Gillespie, Mason	Red River	8-00.00 5
9 Miller, Cooper	Red River	5-00.00 4
--- Polries, Jackson	Grand Forks	DNS
--- Zahui, Kai	Grand Forks	DNS

Event 32 Girls Triple Jump

GFDual Rec: 36-08 R 4/22/2019 Claire Leach
34-04.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Leach, Claire	Red River	36-08.00RQA
2 Hillman, Lauren	Grand Forks	35-00.50 QA
3 Flaten, Leecia	Red River	34-10.50 QA
4 Fosse, Ella	Red River	32-10.00 9
5 Anderson, Rachel	Red River	31-07.00 8
6 Grzadzielewski, Kierstyn	Grand Forks	30-10.00 7
7 King, Savannah	Grand Forks	30-04.00 6
8 Lotysz, Olivia	Red River	30-00.00 5
9 Marcus, Madison	Red River	29-04.00 4
10 Hellyer, Emily	Grand Forks	28-08.00 3
11 Boe, Emma	Red River	27-10.00 2
12 Robson, Emily	Red River	27-09.00 1
13 Olson, Mckenzie	Red River	27-03.00
14 McCreary, Lauren	Grand Forks	25-07.00
--- Rygh, Sophie	Grand Forks	ND

Event 33 Boys Triple Jump

GFDual Rec: 45-05 R 2003 Drew Hysjulien
41-06.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Hoverson, Ben	Grand Forks	43-07.00 QA
2 Dvorak, Brady	Red River	40-01.00 11
3 Vaccaro, Robert	Grand Forks	39-09.00 10
4 Nelson, Isaak	Red River	38-06.00 9
5 Brandvold, Ethan	Red River	37-10.00 8
6 Rynestad, Wythe	Grand Forks	36-05.00 7
7 Williamson, Joe	Grand Forks	35-10.00 6
8 Heydt, Lukas	Red River	35-09.00 5
9 Nottestad, Michael	Red River	34-11.00 4
10 Haug, Simon	Red River	34-05.00 3
11 Byron, Carter	Red River	34-02.50 2
12 Wray, Ben	Red River	31-03.00 1
--- Hollingshead, Nate	Red River	ND
--- Okonkwo, Desmond	Red River	ND

Event 34 Girls Shot Put

GFDual Rec: 41-05 R 2017 Mia Murph
35-06.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Frank, Shelby	Red River	39-09.00 QA
2 Towers, Madison	Red River	35-11.00 QA
3 Schindler, Olivia	Red River	32-00.00 10
4 Azure, Jade	Red River	31-07.00 9
5 Kraft, Ellie	Red River	28-03.00 8
6 Burris, Jordan	Red River	27-08.00 7
7 Lindseth, Ashlea	Red River	27-02.00 6
8 Barker, Gillian	Grand Forks	26-10.00 5
9 Thorson, Riley	Red River	25-07.00 4
10 Nelson, Katie	Grand Forks	25-04.00 3
11 Boucher, Syd	Red River	24-08.00 2
12 Lancaster, Kaylee	Red River	23-08.00 1
13 Laumb, Hannah	Grand Forks	23-01.00
14 Davis, Jahveya	Red River	22-05.00
15 Mackenzie, Caitlin	Red River	20-08.00
16 Johnson, Kaylie	Red River	18-10.00
--- Johnston, Lacey	Red River	ND
--- Robson, Karlie	Red River	ND
--- Lutt, Brynna	Red River	ND
--- Storstad, Emma	Red River	ND
--- Baker, Kaylee	Grand Forks	ND
--- Durbin, Taylor	Red River	ND
--- Lotysz, Olivia	Red River	SCR

Event 35 Boys Shot Put

GFDual Rec: 53-02 R 2013 Bryan Bjerk
48-06.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Klefstad, Brett	Red River	46-01.00 12
2 Anderson, Luke	Red River	42-04.00 11
3 Johnson, Cade	Red River	41-10.00 10
4 Remz, Jayden	Red River	41-00.00 9
5 Ogren, Cole	Red River	40-02.00 8
6 Buelow, Marshall	Red River	37-02.00 7
7 Erickson, Justin	Red River	36-05.00 6
8 Richtsmeier, Grant	Red River	36-00.00 5
9 Larson, Tyler	Red River	35-03.00 4
10 Hutchison, Evan	Red River	34-01.00 3
11 Erickson, Glen	Grand Forks	33-06.00 2
12 Steckler, Khamani	Red River	33-03.00 1
13 Swartz, Adam	Grand Forks	33-02.00
14 Olson, Joey	Grand Forks	32-08.00
15 Bender, Jonus	Grand Forks	31-06.00
16 McMullin, Adam	Red River	30-06.00
17 Haskamp, Logan	Grand Forks	30-02.00
18 Haines, Jay	Grand Forks	29-10.00
19 Suriano, Ethan	Red River	29-09.00
20 Moreland, Mason	Red River	28-02.00
21 Bipan, Jogi	Grand Forks	27-10.00

GF Dual - 4/22/2019

Cushman Field

Results

Finals ... (Event 35 Boys Shot Put)

Name	School	Finals
22	Rothenberger, Kyle	Grand Forks 27-05.00
23	Ohnstad, Carson	Grand Forks 27-02.00
24	Lopez, Alejandro	Grand Forks 27-01.00
25	Arason, Logan	Red River 26-09.00
26	Olson, Levi	Red River 26-01.00
27	Kunznia, Zach	Grand Forks 24-01.00
28	Tamang, Karma	Grand Forks 23-00.00
29	Masa, Curtis	Red River 22-01.00
---	Koplin, Jacob	Grand Forks ND
---	Riskey, Joseph	Grand Forks ND
---	Rerick, George	Red River ND

Event 36 Girls Javelin Throw

GFDual Rec: 140-08 R 2016 Hannah Arason
110-00 QA Class A State Qualiy

Name	School	Finals
Finals		
1	Lancaster, Kaylee	Red River 110-05.00 QA
2	Kraft, Ellie	Red River 89-00.00 11
3	Burris, Jordan	Red River 88-07.00 10
4	Schindler, Olivia	Red River 87-01.00 9
5	Page, Alex	Red River 86-05.00 8
6	Towers, Madison	Red River 80-00.00 7
7	Johnson, Kaylie	Red River 78-11.00 6
8	Lindseth, Ashlea	Red River 77-09.00 5
9	Barker, Gillian	Grand Forks 77-00.00 4
10	Storstad, Emma	Red River 71-01.00 3
11	Durbin, Taylor	Red River 64-04.00 2
12	Mackenzie, Caitlin	Red River 34-09.00 1
---	Robson, Karlie	Red River ND
---	Lautt, Brynna	Red River ND
---	Johnston, Lacey	Red River ND
---	Baker, Kaylee	Grand Forks ND
---	Laumb, Hannah	Grand Forks ND
---	Thorson, Riley	Red River ND
---	Nelson, Katie	Grand Forks ND
---	Lotysz, Olivia	Red River SCR

Event 37 Boys Javelin Throw

GFDual Rec: 189-04 R 2006 Paul Hoplin
160-00 QA Class A State Qualiy

Name	School	Finals
Finals		
1	Klefstad, Brett	Red River 160-00.00 QA
2	Johnson, Cade	Red River 156-01.00 11
3	Arason, Logan	Red River 136-01.00 10
4	Ogren, Cole	Red River 133-02.00 9
5	Herberg, Trent	Red River 132-07.00 8
6	Erickson, Justin	Red River 122-06.00 7
7	Lorenz, Jaxton	Grand Forks 116-10.00 6
8	Herbeck, Tyler	Grand Forks 109-11.00 5
9	Erickson, Glen	Grand Forks 95-03.00 4
10	Riskey, Joseph	Grand Forks 82-11.00 3
11	Erickson, Mike	Grand Forks 78-07.00 2

12	Rothenberger, Kyle	Grand Forks 76-03.00 1
13	Ohnstad, Carson	Grand Forks 74-08.00
14	Lopez, Alejandro	Grand Forks 59-06.00
15	Tamang, Karma	Grand Forks 55-01.00
16	Martin, Alex	Red River 44-10.00
---	Buelow, Marshall	Red River ND
---	Swartz, Adam	Grand Forks ND

Event 38 Girls High Jump

GFDual Rec: 5-05 R 2013 Hannah Arason
5-01.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1	Fish, Roxy	Red River 4-11.00 12
2	Hentschell, Melody	Red River 4-09.00 11
3	Hentschell, Harmony	Red River 4-07.00 10
4	Hellyer, Emily	Grand Forks 4-03.00 9
5	Maszk, Callie	Red River J4-03.00 7.5
5	Ferguson, Marley	Grand Forks J4-03.00 7.5
7	Erickson, Alyssa	Red River 3-09.00 6
---	Muus, Ally	Red River NH
---	Page, Alex	Red River DNS
---	Lindseth, Ashlea	Red River DNS

Event 39 Boys High Jump

GFDual Rec: 6-04 R 2004 Tom Prout
6-02.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1	Hoverson, Ben	Grand Forks J5-08.00 11
1	Rynestad, Wythe	Grand Forks J5-08.00 12
3	Enerson, Bryce	Red River 5-06.00 10
4	Williamson, Joe	Grand Forks 5-04.00 9
5	Walker, Erik	Red River 5-00.00 8
6	Haug, Simon	Red River 4-10.00 7
7	Dafoe, Jonah	Red River 4-08.00 6
---	Olson, Levi	Red River NH
---	Nelson, Isaak	Red River NH
---	Jimaale, Mohamed	Red River DNS
---	Tande, Joel	Grand Forks DNS

Event 40 Girls Long Jump

GFDual Rec: 17-05.50 R 2007 Kirby Black
16-08.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1	Leach, Claire	Red River 16-09.00 QA
2	Fosse, Ella	Red River J16-09.00 QA
3	Anderson, Rachel	Red River 16-00.00 10
4	Flaten, Leecia	Red River 15-06.00 9
5	Grzadzielewski, Kierstyn	Grand Forks 15-01.50 8
6	Anderson, Ellie	Red River 14-08.00 7
7	King, Savannah	Grand Forks 14-02.50 6
8	Lotysz, Olivia	Red River 13-08.00 5
9	Hellyer, Emily	Grand Forks 13-04.00 4
10	Fish, Roxy	Red River 13-03.00 3

GF Dual - 4/22/2019

Cushman Field

Results

Finals ... (Event 40 Girls Long Jump)

Name	School	Finals
11 Robson, Emily	Red River	13-00.00 2
12 Olson, Mckenzie	Red River	12-11.00 1
13 King, Kylie	Grand Forks	J12-11.00
14 Swanson, Lauren	Red River	12-07.00
15 Boe, Emma	Red River	12-04.50
16 Erickson, Alyssa	Red River	11-08.00
--- Hillman, Lauren	Grand Forks	ND
--- Rygh, Sophie	Grand Forks	ND

Event 41 Boys Long Jump
GFDual Rec: 21-01 R 4/22/2019 Ben Hoverson
20-09.00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Hoverson, Ben	Grand Forks	21-01.00RQA
2 Vaccaro, Robert	Grand Forks	18-10.00 11
3 Walker, Erik	Red River	18-04.00 10
4 Brandvold, Ethan	Red River	J18-04.00 9
5 Enerson, Bryce	Red River	17-11.00 8
6 Hollingshead, Nate	Red River	17-04.00 7
7 Dvorak, Brady	Red River	J17-04.00 6
8 Nelson, Isaak	Red River	17-03.00 5
9 Arnold, Adam	Grand Forks	17-00.00 4
10 Haug, Simon	Red River	16-09.50 3
11 Wray, Ben	Red River	15-10.00 2
12 Hare, Cheyenne	Red River	15-00.00 1
13 Bushee, Bryce	Grand Forks	14-07.50
14 Gillespie, Mason	Red River	14-07.00
15 Lorenz, Jaxton	Grand Forks	14-02.00
16 Jimaale, Mohamed	Red River	13-05.50
--- Williamson, Joe	Grand Forks	ND
--- Topping, Zack	Red River	ND

Event 42 Girls Discus Throw
GFDual Rec: 143-09 R 4/22/2019 Shelby Frank
110-00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Frank, Shelby	Red River	143-09.00RQA
2 Azure, Jade	Red River	107-05.00 11
3 Burriss, Jordan	Red River	86-05.00 10
4 Towers, Madison	Red River	86-00.00 9
5 Boucher, Syd	Red River	85-11.00 8
6 Baker, Kaylee	Grand Forks	85-03.00 7
7 Page, Alex	Red River	84-06.00 6
8 Lindseth, Ashlea	Red River	82-06.00 5
9 Nelson, Katie	Grand Forks	81-08.00 4
10 Barker, Gillian	Grand Forks	81-01.00 3
11 Schindler, Olivia	Red River	77-04.00 2
12 Laumb, Hannah	Grand Forks	68-11.00 1
13 Thorson, Riley	Red River	63-00.00
14 Johnson, Kaylie	Red River	61-01.00
15 Marcus, Madison	Red River	57-10.00
16 Durbin, Taylor	Red River	48-06.00

17 Mackenzie, Caitlin	Red River	36-00.00
--- Johnston, Lacey	Red River	ND
--- Lauth, Brynna	Red River	ND
--- Storstad, Emma	Red River	ND
--- Robson, Karlie	Red River	ND
--- Lotysz, Olivia	Red River	SCR

Event 43 Boys Discus Throw
GFDual Rec: 164-09 R 2013 Bryan Bjerck
145-00 QA Class A State Qualiy

Name	School	Finals
Finals		
1 Klefstad, Brett	Red River	113-09.00 12
2 Larson, Tyler	Red River	112-07.00 11
3 Hutchison, Evan	Red River	108-05.00 10
4 Ogren, Cole	Red River	108-00.00 9
5 Anderson, Luke	Red River	100-06.00 8
6 Richtsmeier, Grant	Red River	100-02.00 7
7 Erickson, Justin	Red River	95-03.00 6
8 Johnson, Cade	Red River	89-05.00 5
9 Steckler, Khamani	Red River	84-10.00 4
10 Haskamp, Logan	Grand Forks	84-02.00 3
11 Arason, Logan	Red River	83-04.00 2
12 Herberg, Trent	Red River	81-00.00 1
13 Swartz, Adam	Grand Forks	80-08.00
14 Olson, Joey	Grand Forks	78-06.00
15 Erickson, Glen	Grand Forks	78-00.00
16 Bender, Jonus	Grand Forks	75-10.00
17 Buelow, Marshall	Red River	73-06.00
18 Rothenberger, Kyle	Grand Forks	72-10.00
19 Haines, Jay	Grand Forks	70-06.00
20 Ohnstad, Carson	Grand Forks	65-02.00
21 Olson, Levi	Red River	64-09.00
22 Kunznia, Zach	Grand Forks	48-06.00
--- McMullin, Adam	Red River	ND
--- Remz, Jayden	Red River	ND
--- Moreland, Mason	Red River	ND
--- Risky, Joseph	Grand Forks	ND
--- Tamang, Karma	Grand Forks	ND
--- Koplín, Jacob	Grand Forks	ND
--- Rerick, George	Red River	ND
--- Lopez, Alejandro	Grand Forks	ND

Women - Team Rankings - 19 Events Scored

1) Red River	806.5
2) Grand Forks Central	381.5

Men - Team Rankings - 19 Events Scored

1) Red River	863.5
2) Grand Forks Central	432.5