

# Boys Top 50 All-Time 5K Personal Records

	Grade	Year	5k		
1	Juntunen, Wade	12	1998	15:43	<b>1998 State Champion</b>
2	Parrish, Colin	12	2007	15:45	2007 State Champion Runner-up
3	Larsen, Leif	12	2014	15:58	
4	Perry, Kyle	11	2003	15:59	
5	Gust, Matt	12	1997	16:00	
6	Roehl, Camron	11	2013	16:06	
7	Zimmer, Chris	11	1994	16:15	
8	DeKrey, Lee	12	2001	16:16	<b>2000 State Champion</b>
9	Osborn, Richie	11	2016	16:18	
10	Hettich, David	12	2015	16:19	
11	Shafer, Paul	12	2011	16:20	
12	Roehl, Quinn	10	<b>2020</b>	16:21	<u>Notes</u>
13	Harlow, Shane	11	2009	16:22	
14	Dafoe, Richard	12	1999	16:25	<b>Bold = All-State</b>
15	Kylo, Ronnie	12	2007	16:27	
16	Fisher, Tom	11	2010	16:27	
17	Swadlo, Keith	12	1998	16:29	
18	Jorde, Josh	12	1993	16:34	
19	Richardson, Jesse	11	1997	16:38	
20	Sorum, Mat	12	1999	16:41	
21	Fisher, Andrew	12	1999	16:43	
22	Torrey, Andrew	12	2012	16:47	
23	Meyer, Ryan	9	2017	16:47	
24	Glimsdahl, Nick	12	2001	16:48	
25	Kirby, George	12	1993	16:50	
26	Fiala, Nate	10	1998	17:01	
27	Sharief, Stephon	12	2006	17:06	
28	Arnold, Adam	9	<b>2017</b>	17:07	
29	Martin, Zach	11	<b>2020</b>	17:08	
30	Elde, Carter	10	<b>2019</b>	17:09	
31	Theisen, Matt	12	1996	17:12	
32	Simonson, Dane	12	2002	17:12	
33	Gerszewski, Justin	11	2010	17:12	
34	Ford, Chris	12	1993	17:13	
35	Torrey, Alex	10	2009	17:13	
36	Petty, Derek	10	2011	17:16	
37	Ackley, Nick	12	2012	17:18	
38	Harsell, Ethan	12	2018	17:20	
39	Williamson, Joe	10	<b>2020</b>	17:22	
40	Dorward, Shay	11	2014	17:24	
41	Halverson, Cade	10	2019	17:26	
42	Peterson, Matt	12	2001	17:27	
43	Frushour, Paul	12	2001	17:28	

44	Torrey, Mike	10	2007	17:28
45	Caraballo, Chris	11	2013	17:28
46	Wood, Ben	12	2013	17:29
47	Harriman, Tyler	12	2010	17:30
48	Williams, Delane	11	1998	17:31
49	Murphy, Keelan	11	2012	17:31
50	Kurtyka, Chad	12	1996	17:34
51	Stoltman, Byrce	12	2010	17:36
52	Olsen, Eric	11	2017	17:36
53	Van de Bogert, Dylan	10	2018	17:37
54	Mondor, Mark	12	2004	17:38
55	Peterson, Kohlton	11	2016	17:43
56	Drake, Seth	10*	2006	17:45
57	Barclay, Mark	11	2004	17:46
58	Rau, Josh	11	2006	17:46
59	Springer, Aaron	11	2016	17:48
60	Nelson, Zach	11	2016	17:48
61	Peters, Chris	12	1998	17:49
62	Lorenz, Cael	9	2017	17:49
63	Beckstead, Kyle	11	2003	17:50
64	Peterson, Ben	12	2007	17:52
65	Helegson, Ted	12	2012	17:54
66	Lappe, Josh	11	2006	17:55
67	Heinz, Jordan	9*	1998	17:59
68	Lorenz, Cael	11	<b>2019</b>	17:59
69	Mutzenberger, Wyatt	10	<b>2019</b>	18:03
70	Zacha, John	9	2011	18:04
71	Hoffert, Derek	11	2004	18:05
72	Houska, Ben	10	2009	18:05
73	Reed, Cayden	10	<b>2020</b>	18:06
74	Wood, Nick	12	2006	18:08
75	Dianat, Alex	11	2013	18:09
76	Norton, Sean	10	2009	18:10
77	Hoverson, Branon	10	2018	18:11
78	Brown, Nathan	9*	2004	18:14
79	Cavanugh, Julian	10	2013	18:14
80	Vasichek, Tucker	11	2019	18:16
81	Palmgren, Ross	10*	2005	18:18
82	Cruz, Emery	10	2016	18:19
83	Tyrrell, Jake	9*	2005	18:21
84	Stevens, Lane	10	2019	18:24
85	DeFoe, Josh	12	2019	18:24
86	Jensen, Shane	12	2012	18:30
87	Sande, Curtis	10	<b>2020</b>	18:31
88	Fiala, Eric	10	2003	18:32
89	Volcheck, Jon	12	2011	18:32
90	Swanson, Brenden	12	2017	18:33

91 Fonder, Jordan	12	2010	18:36
92 Kelly, Ian	12	2013	18:39
93 Gibson, Kegan	12	2012	18:40
94 Olson, Matt	12	2001	18:46
95 Cowger, Adam	12	2001	18:48
96 Kuchera, Logan	10	2005	18:48
97 Scott, Kris	9	2005	18:55
98 Heyde, Matt	12	1996	18:57
99 Simonson, Morgan	10	2001	18:57
100 Lorenz, Ty	10	2018	18:59
101 Diederich, Preston	9	<b>2020</b>	19:01
102 White, Michael	9	2011	19:02
103 Elbert, Matt	12	2005	19:03
104 Harsell, Avery	11	<b>2020</b>	19:04
105 Bushaw, Mark	11	2009	19:05
106 Kraft, Zach	9	2008	19:07
107 Chiasson, Travis	10	2005	19:12
108 Lappe, Chris	10	2007	19:13
109 Martinson, Cody	10	2007	19:13
110 Green, Joseph	12	2017	19:13
111 Walsh, Andrew	12	2006	19:16
112 Welsh, Evan	11	2016	19:17
113 McKeever, Josh	10	2016	19:17
114 Reese, Cedric	11	2014	19:20
115 Jackson, Finn	9	2019	19:23
116 Jehs, Tyler	11	2010	19:27
117 Newton, Jacob	10	2016	19:27
118 Foley, Dylan	9	2011	19:30
119 Smith, RJ	10	2009	19:31
120 Brooks, Michael	12	2011	19:31
121 Keogh, Ryan	12	2015	19:36
122 Olson, Gabe	9	2004	19:38
123 Hudson, Nick	12	2010	19:40
124 Devine, Thomas	11	2013	19:42
125 Demuth, Chris	10	2016	19:42
126 Bender, Matt	11*	2005	19:46
127 Oen, Cole	7	2014	19:46
128 Parkes, Howard	12	2019	19:46
129 Kobilansky, Caleb	11	2008	19:51
130 McLaughlin, Mike	11	2006	19:53
131 Young, Tyler	12	2012	19:54
132 Wood, Tony	10	2009	19:57
133 Blake, Drew	9	2005	19:58
134 Byron, Cory	9	2008	19:58
135 Young, Jake	9	2010	19:58
136 Boucher, Evan	11	2005	20:04
137 Sum, Emmett	10	2019	20:05

138 Woodbury, Bryant	11	2019	20:08
139 Cogil, Austin	11	2009	20:10
140 Westreng, Torrey	10	<b>2019</b>	20:11
141 White Dress, Warren	10	2006	20:15
142 Qualley, Riley	11	2009	20:18
143 Hutton, AJay	11	2015	20:18
144 Mack, Hayden	11	<b>2020</b>	20:19
145 Fish, Bryce	12	2011	20:23
146 Featherson, Seth	9	2005	20:24
147 Bakke, Cooper	7	2018	20:28
148 Colgrove, Darian	11	2014	20:31
149 Allan, Collin	9	2017	20:34
150 Volcheck, Jakob	10	2011	20:37
151 Cornell, Matt	10	2008	20:38
152 Stancliff, Rex	8	2013	20:40
153 Fiala, Aidan	8	<b>2020</b>	20:40
154 Houston, Morin	10	2014	20:42
155 Ewers, Ryan	9	2009	20:42
156 Boaz, Layton	8	<b>2020</b>	20:43
157 Monreal, Josh	12	2005	20:44
158 Sharief, Nicholas	12	2009	20:46
159 Mclean, Dylan	9	2018	20:46
160 Nelp, Lance	9	2016	20:50
161 Ford, Casey	11	2009	20:52
162 Gibson, Eryx	9	2013	20:52
163 Rowley, Cody	9	2010	20:55
164 Nordel, David	10	2007	20:57
165 Smith, Marcus	9	2009	20:57
166 Hoffman, Rylan	8	2018	20:57
167 Polries, Jackson	7	2016	20:58
168 Walk, Tony	12	2004	20:59
169 Hanson, Jake	8	2016	21:06
170 Dozhier, Jeff	10	2005	21:10
171 Kobilansky, Josh	9	2005	21:10
172 Warnke, Taylor	10	2007	21:10
173 Tandberg, Gus	10	2014	21:13
174 Melland, Eric	9	2008	21:19
175 Schwan, Jaden	9	<b>2020</b>	21:21
176 Lamberson, James	10	2011	21:23
177 Raymond, Drew	8	2016	21:23
178 Enno, Jordan	10	2010	21:25
179 Reese, Sebastien	9	2016	21:30
180 Phelps, Kevin	12	2004	21:31
181 Dale, Kieran	12	2019	21:33
182 Ajimaporn, Pun	11	2009	21:43
183 Hettich, Daniel	9	2016	21:43
184 Liberman, Chris	12	2017	21:47

185	Carlson, Adam	12	2012	21:52
186	Paulson, Clayton	10	2015	22:04
187	Ingle ,Evan	9	2018	22:04
188	Sasiela, Steven	10	2010	22:10
189	Grainger, Connor	10	2012	22:17
190	Petrick, Zack	12	2005	22:27
191	Lunski, Edison	9	2019	22:27
192	Keener, Tyler	9	2011	22:36
193	Jefferson, Raymond	10	2004	22:43
194	Austin, Wes	12	2012	22:49
195	Dallum, Levi	11	<b>2020</b>	22:51
196	Moore, Zach	12	2019	23:00
197	Jackson, Ben	11	2005	23:04
198	Sele, Jamie	11	2011	23:06
199	Qualley, Jeremy	9	2004	23:13
200	Harrison, Ryan	7	2018	23:15
201	Kendell, Brody	7	2018	23:16
202	Iiams, Jacob	7	2009	23:18
203	Johnson, Brett	10	2007	23:23
204	Kalka, Joe	8	2007	23:23
205	Green, Chris	11	2014	23:23
206	Rath, Alex	12	2010	23:46
207	Salberg, Bradley	9	<b>2020</b>	23:54
208	Ziemer, Evan	9	2018	23:59
209	Salberg, Steven	7	<b>2020</b>	24:21
210	Boese, David	11	2005	24:36
211	Mastel, Adam	10	2015	24:56
212	Phelps, Parker	8	2012	26:40
213	Foster, Cameron	9*	2008	27:52