

	Enter the names, numbers and teams for your league's runners on this sheet.				
	Be sure the numbers are in ascending order.				
	I put the number in columns A and C. Use an abbreviation for the team name.				
#	Name	#	Team		
100	Emery Holland	100	CC		
101	Dria Lade	101	CC		
102	Paris Mack	102	CC		
103	Molly Meier	103	CC		
104	Jessi Niedviecky	104	CC		
105	Jen Tallackson	105	CC		
106	Taytum Vogel	106	CC		
107		107	CC		
150	Matt Bergh	150	CC		
151	Ronnie Burchill	151	CC		
152	Aiden Davis	152	CC		
153	Sam Faleide	153	CC		
154	Caeden Francis	154	CC		
155	Andy Garman	155	CC		
156	Evan Gross	156	CC		
157	Austin Hoffmeyer	157	CC		
158	Jace Narum	158	CC		
159	Aidan Sears	159	CC		
160	Frosty Wisnewski	160	CC		
161	Isaac Wisnewski	161	CC		
162		162	CC		
200	Reagan Berg	200	VC		
201	Carly Goven	201	VC		
202	Greta Goven	202	VC		
203	Stephanie Hoffarth	203	VC		
204	Sydnee Ingstad	204	VC		
205	Avery Murray	205	VC		
206	Olivia Slyter	206	VC		
207		207	VC		
250	Hale Berntson	250	VC		
251	Keegan Couture	251	VC		
252	Trevor Fetsch	252	VC		
253	Connor Pfennig	253	VC		
254	Luke Plagens	254	VC		
255	Owen Plagens	255	VC		
256	Buddy Scherr	256	VC		
257	Daniel Wintch	257	VC		
258	Corben Golovanoff	258	VC		

259		259	VC		
300	Annika Aakre	300	FS/OG/PC		
301	Madeline Abbott	301	FS/OG/PC		
302	Madison Ahlers	302	FS/OG/PC		
303	Grace Bailly	303	FS/OG/PC		
304	Makenna Bares	304	FS/OG/PC		
305	Audrey Beauchamp	305	FS/OG/PC		
306	Jorja Berger	306	FS/OG/PC		
307	Anna Bernhardt	307	FS/OG/PC		
308	Sara Carr	308	FS/OG/PC		
309	Kiley Craft	309	FS/OG/PC		
310	Elizabeth Graveline	310	FS/OG/PC		
311	Ellika Johnson	311	FS/OG/PC		
312	Josie Paul	312	FS/OG/PC		
313	Azure Ries	313	FS/OG/PC		
314	Ellie Rogness	314	FS/OG/PC		
315	Crysta Schanzenbach	315	FS/OG/PC		
316	Taylor Schneider	316	FS/OG/PC		
317	Mallory Strand	317	FS/OG/PC		
318	Samantha Vannett	318	FS/OG/PC		
319	Lexi Wuebker	319	FS/OG/PC		
320		320	FS/OG/PC		
350	Conner Asche	350	FS/OG/PC		
351	Jonathan Asche	351	FS/OG/PC		
352	Richard Bailly	352	FS/OG/PC		
353	Eric Biver	353	FS/OG/PC		
354	Ben Bjerke	354	FS/OG/PC		
355	Josh Boyko	355	FS/OG/PC		
356	Austin Carlson	356	FS/OG/PC		
357	Noah Geffre	357	FS/OG/PC		
358	Charlie Hapka	358	FS/OG/PC		
359	Andrew Hultin	359	FS/OG/PC		
360	Jason Jiang	360	FS/OG/PC		
361	Nate Krause	361	FS/OG/PC		
362	Mathias McAllister	362	FS/OG/PC		
363	Joshua Messelt	363	FS/OG/PC		
364	Garrison Miller	364	FS/OG/PC		
365	Scott Nester	365	FS/OG/PC		
366	Ben Ostlie	366	FS/OG/PC		
367	Jeffrey Porter	367	FS/OG/PC		
368	Cole Wyland	368	FS/OG/PC		
369		369	FS/OG/PC		
370		370	FS/OG/PC		
400	Lindsey Anderson	400	WF		
401	Lucia Atendaye	401	WF		

402	Jerzay Bachmeier	402	WF		
403	Kaelyn Berg	403	WF		
404	Clare Boldingh	404	WF		
405	Pagie Erbstoesser	405	WF		
406	Ellie Hoang	406	WF		
407	Joslyn Jackson	407	WF		
408	Emily Klamann	408	WF		
409	Jordan Knudsvig	409	WF		
410	Ella Nelson	410	WF		
411	Tess Oduor	411	WF		
412	Linsey Olson	412	WF		
413	Delia Osland	413	WF		
414	Janessa Peightal	414	WF		
415	Hannah Shern	415	WF		
416	Brenna White	416	WF		
417		417	WF		
450	Nicholas Anderson	450	WF		
451	Brady Wohl	451	WF		
452	Lane Dullum	452	WF		
453	Cole Marinucci	453	WF		
454	Gage Kluth	454	WF		
455	Lincoln Retzlaff	455	WF		
456	Levi Rossman	456	WF		
457	James Selberg	457	WF		
458	Justin Smith	458	WF		
459	Landon Troftgruben	459	WF		
460	Caden Willows	460	WF		
461	Noah Yahnke	461	WF		
462		462	WF		
463		463	WF		
464		464	WF		
465		465	WF		
500	Liv Berger	500	South		
501	Alice Carlson	501	South		
502	Ellie Eichhorn	502	South		
503	Keeley Eichhorn	503	South		
504	Katelyn Erickson	504	South		
505	Grace Hoselton	505	South		
506	Samantha Hoselton	506	South		
507	Lauren Reeder	507	South		
508	Lindsey Reeder	508	South		
509	Morgan Reeder	509	South		
510	Emma Rieger	510	South		
511	Ella Roehl	511	South		
512	Kathryn Sticka	512	South		
513	Niki Tsanganelias	513	South		
514		514	South		

515		515	South		
550	Abram Anderson	550	South		
551	Michael Brunner	551	South		
552	Tyler Hoang	552	South		
553	Nathan Hokstaad	553	South		
554	Parker Livdah	554	South		
555	Isaac Miller	555	South		
556	Gunnar Moody	556	South		
557	Damian Norrie	557	South		
558	Brady Sivers	558	South		
559		559	South		
560		560	South		
600	Leah Hoffman	600	North		
601	Elsie Anderson	601	North		
602	Grayce Anderson	602	North		
603	Hope Bowers	603	North		
604	Brooklyn Champagne	604	North		
605	Grace Dorsher	605	North		
606	Olivia Hammes	606	North		
607	Hannah Johnson	607	North		
608	Anna Lien	608	North		
609	Abigail Lovelace	609	North		
610	Macy McShane	610	North		
611	Shelby Middaugh	611	North		
612	Ainsley Ness	612	North		
613	Aletta Olson	613	North		
614	Isabelle Puhl	614	North		
615	Julia Puhl	615	North		
616	Mya Solberg	616	North		
617	Elle Sondag	617	North		
618	Kaitlyn Swanson	618	North		
619	Grace Thiel	619	North		
620	Samantha Trogstad	620	North		
621	Elizabeth Weist	621	North		
622		622	North		
623		623	North		
650	Jon Geske	650	North		
651	Jeb Gossett	651	North		
652	Gus Hillmer	652	North		
653	Daniel Jones	653	North		
654	Finn Lynch	654	North		
655	Braxton Middaugh	655	North		
656	Jethro Nettum	656	North		
657	Ty Nordstrom	657	North		
658	David Olson	658	North		
659	Eli Pederson	659	North		
660	Simon Pryor	660	North		

661	Lucas Rutten	661	North		
662	Gabe Sagvold	662	North		
663	Owen Sondag	663	North		
664	Jack Thiel	664	North		
665	Charlie Wicks	665	North		
666	Caleb Yokom	666	North		
667	Nathan Young	667	North		
668	Luke Yokom	668	North		
669		669	North		
700	Cayden Anderson	700	Sheyenne		
701	Elhaam Aweis	701	Sheyenne		
702	Sydney Bailey	702	Sheyenne		
703	Emma Benson	703	Sheyenne		
704	Della Casas	704	Sheyenne		
705	Safia Hagiridwan	705	Sheyenne		
706	Olivia Heilman	706	Sheyenne		
707	Brooklyn Herrick	707	Sheyenne		
708	Taylor Lang	708	Sheyenne		
709	Rebecca North	709	Sheyenne		
710	Trissa Olafson	710	Sheyenne		
711	Mikahla Ramsey	711	Sheyenne		
712	Eden Smith	712	Sheyenne		
713	Onnica Stansbury	713	Sheyenne		
714		714	Sheyenne		
715		715	Sheyenne		
750	Erik Ault	750	Sheyenne		
751	Nick Benson	751	Sheyenne		
752	Aaron Birrenkott	752	Sheyenne		
753	Brody Black	753	Sheyenne		
754	Justin Carlson	754	Sheyenne		
755	Cooper Clouse	755	Sheyenne		
756	Kamden Coles	756	Sheyenne		
757	Oliver Dietz	757	Sheyenne		
758	Carter Ferber	758	Sheyenne		
759	Aiden Johnson	759	Sheyenne		
760	Caeden Johnson	760	Sheyenne		
761	Jacob Knodle	761	Sheyenne		
762	Sricharan Kotala	762	Sheyenne		
763	Jaxson McQuillian	763	Sheyenne		
764	Hunter Nystrom	764	Sheyenne		
765	Jesse Olsen	765	Sheyenne		
766	Isaiah Robles	766	Sheyenne		
767	Austin Staffne	767	Sheyenne		
768	Michael Toy	768	Sheyenne		
769	Carson Bosse	769	Sheyenne		

800	Linnea Axtman	800	Davies		
801	Brenna Barnick	801	Davies		
802	Madison Barnick	802	Davies		
803	Hailey Bjerke	803	Davies		
804	Kendal Bloom	804	Davies		
805	Cierra Bornemann	805	Davies		
806	Molly Campbell	806	Davies		
807	Mataya Stenerson	807	Davies		
808	Taylor Dietz	808	Davies		
809	Brooke Everson	809	Davies		
810	Trinity Kilde	810	Davies		
811	Isabel Lemke	811	Davies		
812	McKenna Lovehaug	812	Davies		
813	Cadence Modin	813	Davies		
814	Janae Phillips	814	Davies		
815	Callie Ressler	815	Davies		
816	Annika Stephens	816	Davies		
817	Maddie Stroud	817	Davies		
818	Genesis Sweet	818	Davies		
819	Anna Wicklow	819	Davies		
820		820	Davies		
850	Nate Anderson	850	Davies		
851	Carter Berney	851	Davies		
852	Regan Bosch	852	Davies		
853	Adam Brachman	853	Davies		
854	Jake Coulter	854	Davies		
855	Ryan Drummond	855	Davies		
856	Garrett Haugrud	856	Davies		
857	Bennet Hefta	857	Davies		
858	Eli Heyer	858	Davies		
859	Alex Hovdenes	859	Davies		
860	Sam Lies	860	Davies		
861	Sam Lucht	861	Davies		
862	Lucas Menke	862	Davies		
863	Noah Pfeifer	863	Davies		
864	Leighton Steidl	864	Davies		
865	Liam Steidl	865	Davies		
866	Drew Rempher	866	Davies		
867	Jaray Touray	867	Davies		
868	Karter Witte	868	Davies		
869	Ryan Zimmer	869	Davies		
870		870	Davies		
871		871	Davies		
872		872	Davies		