

2023 Knights Under the Lights Order of Event

FIELD EVENTS SCHEDULE:

*****All Field Events Begin at 3:30***

Pole Vault (girls first followed by boys) - 3 entries

High Jump (boys first followed by girls) - 3 entries

Long Jump - 3 entries (boys and girls cafeteria style together, 3 attempts, no finals)

Triple Jump - 3 entries (boys and girls cafeteria style together, 3 attempts, no finals)

Shot Put - 3 entries (girls followed by boys, 4 attempts, no finals)

Discus - 3 entries (boys followed by girls, 4 attempts, no finals)

RUNNING EVENTS BEGIN AT 3:45 (ROLLING SCHEDULE)

Girls first followed by boys

JV 1600m Run - unscored and unlimited

4x800m Relay - 1 entry, 1 section

100/110m Hurdles - 3 entries, 3 sections

100m Dash - 5 entries, 5 sections (*should go pretty quick even with expanded entrants*)

4x200m Relay - 1 entry, 1 section

1600m Run - 3 entries

JV 4x100m Relay - 1 JV entry per team, unscored

4x100m Relay - 1 entry, 1 section

400m Dash - 3 entries, 3 sections

300m Hurdles - 3 entries, 3 sections

800m Run - 3 entries (Do we want to combine into 2 sections instead of 3?)

200m Dash - 4 entries, 4 sections

3200m Run - 3 entries, 1 section

4x400m Relay - 1 entry, 1 section

4x400m Co-Ed Relay (g-b-g-b) - 1 entry, 1 section

*****In some events, heats may be combined based on total entries***