

# East Region Meet - 5/19/23

## Meet Program

### Girls 4x800 Relay Varsity

Finals

#### Heat 1

1	WEST FARGO	'A'	10:13.53
	1) <i>Hagen, Kiaya 9</i>	2) <i>Pfau, Chloe 12</i>	
	3) <i>Jackson, Joslyn 12</i>	4) <i>Anderson, Lindsey 12</i>	
2	FARGO NORTH	'A'	10:09.88
	1) <i>Hammes, Olivia 10</i>	2) <i>Champagne, Brooklyn 12</i>	
	3) <i>Anderson, Grayce 10</i>	4) <i>Thiel, Grace 10</i>	
3	RED RIVER	'A'	9:27.01
	1) <i>Parks, Ava 9</i>	2) <i>Hartze, Morgan 11</i>	
	3) <i>Schiller, Jocelyn 11</i>	4) <i>Dosch, Lauren 12</i>	
4	DAVIES	'A'	9:55.07
	1) <i>Nesius, Davin 9</i>	2) <i>Scott, Bayley 12</i>	
	3) <i>Wareham, Ava 8</i>	4) <i>Braaflat, Brynn 8</i>	
5	WEST FARGO SHEYENNE	'A'	10:06.70
	1) <i>Saville, Addie 9</i>	2) <i>Machayya, Gaby 9</i>	
	3) <i>Dinger, Baylor 7</i>	4) <i>Heilman, Jazlyn 9</i>	
6	SHANLEY	'A'	10:09.94
	1) <i>Dean, Kami 9</i>	2) <i>Dilly, Makenna 9</i>	
	3) <i>Binek, Allison 9</i>	4) <i>Grothmann, Lucy 9</i>	
7	DEVILS LAKE	'A'	10:42.33
	1) <i>McLaurin, Gabrielle 11</i>	2) <i>Wass, Ella 7</i>	
	3) <i>McLaurin, Emily 8</i>	4) <i>Goss, Dottie 7</i>	
8	WHAHPETON	'A'	11:13.38
	1) <i>Hoerer, Alison 12</i>	2) <i>Hansen, Olivia 10</i>	
	3) <i>Comstock, Lucie 7</i>	4) <i>Falck, Gracie 7</i>	

### Boys 4x800 Relay Varsity

Finals

#### Heat 1

1	WHAHPETON	'A'	9:05.92
	1) <i>Hockert, Carter 9</i>	2) <i>Marklhos-Keikland, Jonas 12</i>	
	3) <i>Bergmans, Daan 11</i>	4) <i>Berge, Noah 11</i>	
2	FARGO SOUTH	'A'	8:56.15
	1) <i>Aly Ahmed, Omar 12</i>	2) <i>Barbot, Oscar 11</i>	
	3) <i>Robinson, Lukas 10</i>	4) <i>Kain, Alexander 9</i>	
3	DEVILS LAKE	'A'	8:23.01
	1) <i>Bennett, Zane 8</i>	2) <i>Goss, Tyler 12</i>	
	3) <i>Sobolik, Adam 10</i>	4) <i>Goss, Brady 12</i>	
4	DAVIES	'A'	8:14.34
	1) <i>Anderson, Nate 11</i>	2) <i>Brachman, Adam 11</i>	
	3) <i>Currence, Kasen 9</i>	4) <i>Steidl, Leighton 12</i>	
5	RED RIVER	'A'	8:09.52
	1) <i>Neil, Josh 11</i>	2) <i>Hoffarth, Grant 11</i>	
	3) <i>Quinn, Joe 10</i>	4) <i>Larsen-Schmidt, Micah 11</i>	
6	FARGO NORTH	'A'	8:10.83
	1) <i>Middaugh, Braxton 12</i>	2) <i>Lien, James 11</i>	
	3) <i>Cerney, Isaac 9</i>	4) <i>Rasmussen, Ian 10</i>	
7	WEST FARGO SHEYENNE	'A'	8:22.15
	1) <i>Aadland, Chase 11</i>	2) <i>Deibert, Tucker 11</i>	
	3) <i>Gisselbeck, Stetson 10</i>	4) <i>Robles, Isaiah 11</i>	
8	WEST FARGO	'A'	8:39.76
	1) <i>Wohl, Brady 11</i>	2) <i>Yahnke, Noah 12</i>	
	3) <i>Amundson, Isaac 10</i>	4) <i>Seymour, Haakon 9</i>	
9	SHANLEY	'A'	9:10.32
	1) <i>Andrews, Nathan 11</i>	2) <i>Lantz, Ethan 12</i>	
	3) <i>Carroll, Quinn 9</i>	4) <i>Hannesson, Fisher 11</i>	
10	GRAND FORKS CENTRAL	'A'	9:23.12
	1) <i>Sande, Curtis 11</i>	2) <i>Vanyo, Tyson 8</i>	
	3) <i>Fiala, Aidan 10</i>	4) <i>Diederich, Preston 11</i>	

### Girls 300m Hurdles Varsity

Finals

#### Heat 1

1	Kraft, Sara	8	DEVILS LAKE	48.09
2	Donat, Jane	11	DAVIES	47.70
3	Khatri, Jada	8	FARGO SOUTH	13.47
4	Laqua, Kate	10	DAVIES	44.15
5	Brakke, Sophie	10	RED RIVER	47.16
6	Abdul-Hammed, Hikmah	9	FARGO NORTH	47.81
7	Gustafson, Samantha	12	WEST FARGO	48.39
8	Roberts, Alexandra	10	DAVIES	48.60

**Heat 2**

1	Moen, Brynn	11	GRAND FORKS...	50.68
2	Lovehaug, Alexis	10	DAVIES	48.91
3	Hoefs, Jocelynn	8	RED RIVER	48.66
4	Gayflor, Sanie	9	DAVIES	48.78
5	James, Axumite Wren	10	FARGO SOUTH	48.80
6	Knoke, Paityn	8	FARGO NORTH	50.45
7	Ingstad, Sydnee	12	VALLEY CITY	50.69
8	Isaac, Odura	10	SHANLEY	51.07

**Heat 3**

1	Larsen, Rylee	10	WEST FARGO	55.95
2	McCloud, Mallie	9	DEVILS LAKE	54.81
3	Breidenbach, Peyton	12	WEST FARGO S...	51.67
4	Sacko, Kadi	11	WEST FARGO	53.97
5	Newell, Piper	9	WEST FARGO S...	54.52
6	Ellis, Beth	12	FARGO SOUTH	55.24
7	Simek, Emily	10	WEST FARGO	56.31
8	Gross, McKenna	9	WEST FARGO	56.76

**Heat 4**

2	Graves, Madeline	9	WAHPETON	1:01.03
3	Benedict, Jasmyn	9	WAHPETON	57.96
4	Llapa, Morianna	12	RED RIVER	58.46
5	Orness, Elizabeth	9	DEVILS LAKE	58.87
6	Botnen, Keira	9	RED RIVER	1:03.00
7	Nordness, Heather	12	FARGO NORTH	1:05.04
8	Yamani, Alya	11	RED RIVER	1:09.94

**Boys 300m Hurdles Varsity** Finals**Heat 1**

1	Bryce Volk, Aiden	12	DEVILS LAKE	41.42
2	Kaster, Soren	12	WEST FARGO S...	41.01
3	Beil, Joshua	10	DAVIES	39.51
4	Heydt, Lukas	12	RED RIVER	40.05
5	Muchow, Brody	9	DAVIES	40.83
6	Guscette, Jack	10	WEST FARGO	41.40
7	Lonn, Bennet	9	DAVIES	41.46
8	Knoke, Trey	10	FARGO NORTH	41.55

**Heat 2**

1	Kessel, Reis	11	FARGO SOUTH	42.74
2	Neil, Josh	11	RED RIVER	42.54
3	King, Laquan	12	FARGO NORTH	41.96
4	Asche, Hudson	10	DAVIES	42.03
5	Flaherty, Joe	11	SHANLEY	42.51
6	Masiri, Desire	10	WEST FARGO	42.55
7	Anderson, Charlie	12	FARGO NORTH	43.07
8	Suedel, Danny	10	GRAND FORKS...	43.08

**Heat 3**

1	Wanner, Blake	12	FARGO NORTH	44.44
2	Anzo-Inyu, Daniel	12	FARGO NORTH	43.86
3	Valdez, Joaquin	8	WEST FARGO	43.20
4	Massaquoi, Aidan	12	WEST FARGO S...	43.31
5	Gomez, Joseph	10	WAHPETON	43.69
6	Tesch, Kolten	9	DAVIES	44.36
7	Kloeckner, Tyler	12	FARGO SOUTH	44.58
8	Anderson, Jayvon	9	FARGO SOUTH	44.66

**Heat 4**

1	Matson, Jack	9	RED RIVER	48.20
2	Rexin, Andrew	10	HORACE	47.46
3	Suriano, Asher	9	RED RIVER	45.50
4	Villas, Mikko Angelo	12	RED RIVER	46.33
5	Impola, Jacob	12	WEST FARGO S...	46.83
6	Birnbaum, Jacob	9	HORACE	48.05
7	Senger, Zander	9	WEST FARGO	48.83
8	Senger, Rory	9	WEST FARGO	49.35

**Heat 5**

3	Quam, Grant	10	DEVILS LAKE	49.44
4	Bennett, Tucker	8	DEVILS LAKE	50.01
5	Carlsen, Caleb	9	GRAND FORKS...	51.79
6	Anderson, Aydin	9	GRAND FORKS...	52.82

**Girls 100 Meters Varsity** Finals**Heat 1**

1	Olson, Karina	12	VALLEY CITY	12.94
2	Sappington, Evangeline	10	HORACE	12.90
3	Renschler, Paige	11	SHANLEY	12.46
4	Gee, Michelle	9	WEST FARGO	12.15
5	Ray, Kia	9	WEST FARGO S...	12.46
6	Salou, Alimath	12	DAVIES	12.54
7	Burian, Mariah	10	DAVIES	12.91
8	Maxwell, Jordis	11	FARGO SOUTH	13.14

**Heat 2**

1	Wadeson, Mika	10	WEST FARGO S...	13.19
2	McCarthy, Annika	12	DEVILS LAKE	13.18
3	White, Ellery	10	RED RIVER	13.17
4	Nesius, Michaela	12	DAVIES	13.14
5	Naklen, Isabelle	9	FARGO SOUTH	13.17
6	Kraft, Sara	8	DEVILS LAKE	13.18
7	Toe, Danielle	12	DAVIES	13.19
8	Witherspoon, Rebecca	9	WEST FARGO S...	13.20

**Heat 3**

1	Bailey, Sydney	10	HORACE	13.59
2	Britton, Brenna	10	DAVIES	13.50
3	Scarbrough, Zevina	10	WEST FARGO	13.34
4	Heilman, Ella	10	WEST FARGO	13.26
5	Tangedal, Gabby	10	DEVILS LAKE	13.26
6	Khatri, Jada	8	FARGO SOUTH	13.47
7	Mauch, Taylor	7	WAHPETON	13.53
8	Kocka, Kadie	9	VALLEY CITY	13.64

**Heat 4**

1	Bakalar, Layni	8	VALLEY CITY	13.75
2	Elhamadany, Noura	12	RED RIVER	13.73
3	Didier, Laityn	9	VALLEY CITY	13.68
4	Bah, Ejatu	10	WEST FARGO	13.66
5	Olson, Brittyn	10	WEST FARGO S...	13.67
6	Stegman, Lyla	9	WEST FARGO	13.72
7	Saxlund, Peyton	8	WEST FARGO S...	13.73
8	Tangedal, Isabella	11	DEVILS LAKE	13.84

**Heat 5**

1	Toetdal, Caroline	11	FARGO NORTH	14.57
2	Chakua, Jady	11	FARGO NORTH	14.13
3	Wohlers, Ashlyn	9	WAHPETON	13.98
4	Flaherty, Molly	9	SHANLEY	13.87
5	Heyd, Sierra	12	GRAND FORKS...	13.90
6	Thomsen, Chesney	9	VALLEY CITY	13.99
7	Look, Madeline	9	RED RIVER	14.45
8	Naklen, Webeline	9	FARGO SOUTH	14.65

**Heat 6**

1	Bjerke, Mina	9	RED RIVER	14.99
2	Peters, Ella	9	GRAND FORKS...	14.91
3	Swanson, Addison	7	RED RIVER	14.73
4	Kargbo, Posseh	11	FARGO NORTH	14.67
5	Lopez-Lee, Galyha	10	WAHPETON	14.68
6	Johnson, Delaney	12	FARGO NORTH	14.83
7	Anderson, Myah	9	WAHPETON	14.96

**Heat 7**

3	Punt, Mya	12	FARGO NORTH	15.96
4	Brown, Presley	9	DEVILS LAKE	15.05
5	Miller, Maci	10	WAHPETON	15.14

**Boys 100 Meters Varsity****Finals****Heat 1**

1	Dorudian, Amir	12	RED RIVER	11.13
2	Skari, Ian	9	WEST FARGO	11.11
3	Severson, Caleb	12	RED RIVER	10.85
4	Greff, Jackson	12	DAVIES	10.64
5	Gaden, James	12	FARGO SOUTH	10.84
6	Hasbargen, Nick	11	DAVIES	10.94
7	Haugo, Peder	11	FARGO NORTH	11.12
8	Schumacher, Isaac	11	DAVIES	11.14

**Heat 2**

1	Jacobson, Parker	11	VALLEY CITY	11.39
2	Bourke, Aiden	12	FARGO SOUTH	11.34
3	Raan, Ethan	12	WEST FARGO S...	11.22
4	Gartei, Abel	11	WEST FARGO S...	11.15
5	Nojang, Aden	10	FARGO NORTH	11.22
6	Benson, Eric	11	DAVIES	11.34
7	Mallory, Mikey	12	RED RIVER	11.35
8	Schlichting, Kye	9	WEST FARGO S...	11.40

**Heat 3**

1	Lincoln, Isaiah	10	WEST FARGO S...	11.52
2	Dolo, Titus	10	DAVIES	11.46
3	Adams-Vandal, Sam	11	FARGO NORTH	11.45
4	Kubat, Kevin	12	GRAND FORKS...	11.42
5	Christmann, Kaden	11	SHANLEY	11.43
6	Nyenabo, Isaac	12	WEST FARGO	11.45
7	Ajeo, Justin	10	SHANLEY	11.50
8	Williams, Lance	10	WEST FARGO	11.61

**Heat 4**

1	Villas, Mike Andrei	10	RED RIVER	11.86
2	Koenig, Clay	10	FARGO NORTH	11.83
3	Hanesgard, George	11	FARGO SOUTH	11.77
4	Hofstad, Drew	11	DEVILS LAKE	11.63
5	Hintz, Dylan	12	DEVILS LAKE	11.73
6	Miller, Jaxson	11	WEST FARGO S...	11.77
7	Shape, Derek	9	VALLEY CITY	11.84
8	Kjervestad, Chase	11	WEST FARGO	11.87

**Heat 5**

1	Enget, Sam	12	DEVILS LAKE	12.10
2	Fisher, Naz	9	GRAND FORKS...	12.03
3	Geigle, Grayson	12	SHANLEY	12.00
4	Lambl, Logan	10	RED RIVER	11.91
5	Middleton, Jaden	11	FARGO SOUTH	11.99
6	Pollock, Chad	10	SHANLEY	12.00
7	Koltjes, Gannon	11	FARGO NORTH	12.03
8	Lunski, Edison	12	GRAND FORKS...	12.10

**Heat 6**

1	Bryce Volk, Caber	9	DEVILS LAKE	12.80
2	Dirckx, Brayden	10	GRAND FORKS...	12.28
3	Schneider, Drew	9	SHANLEY	12.18
4	Cavanaugh, Reggie	11	DEVILS LAKE	12.13
5	Hill, Jaxon	10	WAHPETON	12.17
6	Semanko, Damarion	11	FARGO SOUTH	12.21
7	Hendrickson, Bradyn	12	GRAND FORKS...	12.49
8	Botz, Hayden	12	VALLEY CITY	12.88

**Heat 7**

3	McGregor, Payton	12	WEST FARGO	
4	Anderson, Jake	10	VALLEY CITY	12.94
5	Hill, Jonathan	12	WAHPETON	12.99

## Girls 4x200 Relay Varsity

Finals

## Heat 1

1	HORACE	'A'	1:50.19
	1) Schock, Olivia 9		2) Sappington, Evangeline 10
	3) Bailey, Sydney 10		4) Nygaard, Isabella 9
2	VALLEY CITY	'A'	1:48.57
	1) Olson, Tesa 11		2) Shanenko, Abby 10
	3) Thoreson, Hadley 11		4) Bakalar, Layni 8
3	DAVIES	'A'	1:42.19
	1) Salou, Alimath 12		2) Safranski, Ashton 11
	3) Gayflor, Sanie 9		4) Burian, Mariah 10
4	SHANLEY	'A'	1:46.02
	1) Isaac, Odura 10		2) Robin, Clara 10
	3) Hakim, Mesiku 11		4) Renschler, Paige 11
5	WEST FARGO	'A'	1:47.23
	1) Heilman, Ella 10		2) Samek, Taya 12
	3) Scarbrough, Zevina 10		4) Nelson, Ella 11
6	WEST FARGO SHEYENNE	'A'	1:48.60
	1) Nhial, Naomi 9		2) Wadeson, Mika 10
	3) Kpeenu, Leziga 12		4) Witherspoon, Rebecca 9
7	FARGO SOUTH	'A'	1:50.33
	1) Maxwell, Jordis 11		2) Majetich, Adelina 12
	3) Sorum, Erin 12		4) Naklen, Isabelle 9
8	DEVILS LAKE	'A'	1:51.22
	1) Tangedal, Gabby 10		2) Fritel, Cabryn 10
	3) Tangedal, Isabella 11		4) Kus, Trinity 7

## Heat 2

3	RED RIVER	'A'	1:51.38
	1) Buroko, Danielle 7		2) Hoefs, Jocelynn 8
	3) Larson, Bryn 10		4) White, Ellery 10
4	FARGO NORTH	'A'	1:51.83
	1) Abdul-Hammed, Hikmah 9		2) Fluge, Nora 10
	3) Onama, Lydia 10		4) Knoke, Paityn 8
5	WAHPETON	'A'	1:53.14
	1) Warne, Anya 11		2) Fobb, Jaida 11
	3) Mauch, Taylor 7		4) Miller, Halle 10
6	GRAND FORKS CENTRAL	'A'	1:55.39
	1) Heyd, Sierra 12		2) Holweger, Kiara 12
	3) Arnold, Emily 11		4) Moen, Brynn 11

## Boys 4x200 Relay Varsity

Finals

## Heat 1

1	WEST FARGO	'A'	1:32.54
	1) Blotsky, Isaac 9		2) Guscette, Jack 10
	3) Kjervestad, Chase 11		4) Nyenabo, Isaac 12
2	RED RIVER	'A'	1:31.74
	1) Mallory, Mikey 12		2) Chine, Jaden 12
	3) Andrade, Brody 10		4) Dorudian, Amir 12
3	FARGO SOUTH	'A'	1:27.79
	1) Bourke, Aiden 12		2) Zulu, Justin 11
	3) Moore, A'Johntez 11		4) Zulu, Austin 11
4	WEST FARGO SHEYENNE	'A'	1:30.35
	1) Gartei, Abel 11		2) Breidenbach, Reece 12
	3) Raan, Ethan 12		4) Schlichting, Ty 12
5	DAVIES	'A'	1:31.28
	1) Benson, Eric 11		2) Beil, Joshua 10
	3) Tschosik, Grant 11		4) Deebom, Golden 10
6	FARGO NORTH	'A'	1:32.39
	1) Adams-Vandal, Sam 11		2) Haugo, Peder 11
	3) Koenig, Clay 10		4) Nojang, Aden 10
7	VALLEY CITY	'A'	1:33.90
	1) Norby, Isaac 9		2) Cope, Treylan 12
	3) Anderson, Jake 10		4) Borg, Carter 11
8	WAHPETON	'A'	1:33.93
	1) Mauch, Treyton 10		2) DeVries, Jackson 10
	3) Arenstein, Beau 12		4) Withuski, Andrew 12

## Heat 2

3	SHANLEY	'A'	1:34.24
	1) Flaherty, Joe 11		2) Ajeo, Justin 10
	3) Hollcraft, Luke 12		4) Christmann, Kaden 11
4	GRAND FORKS CENTRAL	'A'	1:36.35
	1) Melicher, Brody 9		2) Oss, Navy 12
	3) Lindseth, Cade 12		4) Kubat, Kevin 12
5	HORACE	'A'	1:38.75
	1) Olson, Gavin 11		2) Burrow, Xavier 11
	3) Podliska, Markus 9		4) Wojcik, Anthony 9

## Girls 1600 Meters Varsity

Finals

## Heat 1

1	Berg, Reagan	11	VALLEY CITY	5:16.65
2	Knudsvig, Jordan	12	WEST FARGO	5:19.28
3	Steckler, Kinley	9	DAVIES	5:20.89
4	Herrick, Brooklyn	9	HORACE	5:24.34
5	Heilman, Olivia	11	WEST FARGO S...	5:25.52
6	Bornemann, Cierra	11	DAVIES	5:25.95
7	Beschorner, Olivia	12	WEST FARGO S...	5:27.95
8	Dean, Kami	9	SHANLEY	5:28.46
9	Everson, Brooke	12	DAVIES	5:33.43
10	Bartell, Claire	10	FARGO NORTH	5:38.35
11	Lelm, Rylie	10	RED RIVER	5:39.67
12	Parks, Ava	9	RED RIVER	5:45.24
13	Bornemann, Jaylee	10	DAVIES	5:46.72
14	Lam, Kaia	7	RED RIVER	5:48.43
15	Hillmer, Berit	9	FARGO NORTH	5:48.50
16	Champagne, Brooklyn	12	FARGO NORTH	5:54.36
17	Johnson, Averi	10	WEST FARGO	5:54.76
18	Retzlaff, Miranda	10	WEST FARGO	5:56.14

## Heat 2

1	Engelking, Ellie	8	WEST FARGO S...	6:00.06
2	Larson, Sara	7	WEST FARGO S...	6:01.67
3	Pfennig, Tricia	10	VALLEY CITY	6:02.34
4	Julian, Isabelle	11	FARGO SOUTH	6:03.34
5	Swenson, Tanna	8	WEST FARGO S...	6:05.17
6	Shock, Brenna	10	RED RIVER	6:09.63
7	Jewett, Brooke	10	HORACE	6:11.60
8	Olson, Aletta	11	FARGO NORTH	6:18.84
9	Christians, Taylor	10	WEST FARGO	6:19.00
10	Stern, Katelyn	11	GRAND FORKS...	6:25.36
11	Klaman, Olivia	10	WEST FARGO	6:26.89
12	Fritel, Hallie	12	DEVILS LAKE	6:31.69
13	Fosberg, Ellie	9	DAVIES	6:32.79
14	Murchie, Emily	10	FARGO NORTH	6:39.64
15	Anderson, Autumn	9	VALLEY CITY	6:39.67
16	Hashbarger, Eve	9	FARGO SOUTH	6:40.08
17	Valentine, Sierra	12	WHPETON	6:53.26
18	Berry, Ellen	11	GRAND FORKS...	6:53.95
19	Emineth, McKenna	12	RED RIVER	6:57.47

## Heat 2

1	Gannon, Colin	11	DAVIES	4:57.38
2	Diederich, Preston	11	GRAND FORKS...	4:57.99
3	Black, Brody	11	WEST FARGO S...	4:58.99
4	Arens, Liam	9	WEST FARGO S...	4:59.29
5	Kain, Alexander	9	FARGO SOUTH	4:59.42
6	Azure, Noah	10	DEVILS LAKE	5:00.35
7	Phillips, Karson	10	DAVIES	5:00.85
8	Rohr, Owen	10	HORACE	5:01.13
9	Peterson, Caden	9	WEST FARGO S...	5:01.50
10	Golovanoff, Corben	11	VALLEY CITY	5:01.98
11	Pryor, Simon	12	FARGO NORTH	5:02.48
12	Duerr, Zach	9	WEST FARGO S...	5:02.86
13	Bjur, Gavin	9	HORACE	5:02.88
14	Willows, Caden	11	WEST FARGO	5:03.92
15	Barbot, Oscar	11	FARGO SOUTH	5:04.02

## Heat 3

1	Duerr, Cole	9	WEST FARGO S...	5:05.56
2	Davies, Ben	9	WEST FARGO	5:06.67
3	Selberg, James	12	WEST FARGO	5:07.35
4	Liebl, Henry	9	SHANLEY	5:09.18
5	Dalton, Malachi	11	SHANLEY	5:16.36
6	Berry, Jack	9	GRAND FORKS...	5:20.16
7	Syster, Jacob	10	FARGO SOUTH	5:22.63
8	Pfau, Karter	9	FARGO NORTH	5:24.71
9	Anderson, Preston	10	DAVIES	5:31.39
10	Stubbe, Malcolm	12	DEVILS LAKE	5:33.27
11	Lentz, Timothy	10	FARGO SOUTH	5:48.26
12	Sorby, Jack	8	VALLEY CITY	5:51.82
13	Erickson, Ethan	8	SHANLEY	
14	Rutten, Lucas	12	FARGO NORTH	

## Boys 1600 Meters Varsity

Finals

## Heat 1

1	Roehl, Quinn	12	GRAND FORKS...	4:14.22
2	Dafoe, Elijah	10	RED RIVER	4:22.71
3	Goss, Brady	12	DEVILS LAKE	4:23.21
4	Rempfer, Drew	12	DAVIES	4:26.14
5	Dafoe, Jonah	12	RED RIVER	4:29.33
6	Pederson, Elijah	12	FARGO NORTH	4:32.67
7	Amundson, Isaac	10	WEST FARGO	4:38.29
8	Wohl, Brady	11	WEST FARGO	4:39.88
9	Aly Ahmed, Omar	12	FARGO SOUTH	4:40.35
10	Lange, Asher	9	DAVIES	4:45.45
11	Bennett, Zane	8	DEVILS LAKE	4:53.14
12	Berberich, Kael	11	RED RIVER	4:54.00
13	Radke, David	11	RED RIVER	4:54.03
14	Grebel, Koye	12	VALLEY CITY	4:55.06
15	Krump, William	10	RED RIVER	4:56.20

## Girls 4x100 Relay Varsity

Finals

## Heat 1

1	FARGO SOUTH	'B'	51.42
	1) <i>Majetich, Adelina 12</i>		2) <i>Maxwell, Jordis 11</i>
	3) <i>Sorum, Erin 12</i>		4) <i>Naklen, Isabelle 9</i>
2	SHANLEY	'A'	51.24
	1) <i>Flaherty, Molly 9</i>		2) <i>Binek, Allison 9</i>
	3) <i>Emineth, Allie 11</i>		4) <i>Isaac, Odura 10</i>
3	DAVIES	'A'	49.10
	1) <i>Gayflor, Sanie 9</i>		2) <i>Burian, Mariah 10</i>
	3) <i>Safranski, Ashton 11</i>		4) <i>Salou, Alimath 12</i>
4	WEST FARGO SHEYENNE	'A'	50.11
	1) <i>Wadeson, Mika 10</i>		2) <i>Fitzpatrick, Avary 11</i>
	3) <i>Witherspoon, Rebecca 9</i>		4) <i>Ray, Kia 9</i>
5	WEST FARGO	'A'	50.24
	1) <i>Heilman, Ella 10</i>		2) <i>Scarborough, Zevina 10</i>
	3) <i>Gustafson, Samantha 12</i>		4) <i>Gee, Michelle 9</i>
6	FARGO SOUTH	'A'	51.42
7	HORACE	'A'	51.47
	1) <i>Nygaard, Isabella 9</i>		2) <i>Bailey, Sydney 10</i>
	3) <i>Walters, Mia 9</i>		4) <i>Nygaard, Mylie 9</i>
8	VALLEY CITY	'A'	52.05
	1) <i>Bakalar, Layni 8</i>		2) <i>Didier, Laityn 9</i>
	3) <i>Kocka, Kadie 9</i>		4) <i>Thomsen, Chesney 9</i>

## Heat 2

3	DEVILS LAKE	'A'	52.61
	1) <i>Tangedal, Gabby 10</i>		2) <i>Fritel, Cabryn 10</i>
	3) <i>Kus, Trinity 7</i>		4) <i>McCarthy, Annika 12</i>
4	RED RIVER	'A'	52.82
	1) <i>Look, Madeline 9</i>		2) <i>Elhamadany, Noura 12</i>
	3) <i>Larson, Bryn 10</i>		4) <i>White, Ellery 10</i>
5	FARGO NORTH	'A'	52.84
	1) <i>Abdul-Hammed, Hikmah 9</i>		2) <i>Fluge, Nora 10</i>
	3) <i>Tollefson, Haidyn 12</i>		4) <i>Onama, Lydia 10</i>
6	GRAND FORKS CENTRAL	'A'	53.49
	1) <i>Heyd, Sierra 12</i>		2) <i>Holweger, Kiara 12</i>
	3) <i>Arnold, Emily 11</i>		4) <i>Moen, Brynn 11</i>
7	WAHPETON	'A'	54.27
	1) <i>Wohlens, Ashlyn 9</i>		2) <i>Lunneborg, Lataya 10</i>
	3) <i>Mauch, Taylor 7</i>		4) <i>Miller, Halle 10</i>

## Boys 4x100 Relay Varsity

Finals

## Heat 1

1	WEST FARGO	'A'	44.12
	1) <i>Williams, Lance 10</i>		2) <i>Skari, Ian 9</i>
	3) <i>Kjervestad, Chase 11</i>		4) <i>Nyenabo, Isaac 12</i>
2	DAVIES	'A'	43.39
	1) <i>Schumacher, Isaac 11</i>		2) <i>Benson, Eric 11</i>
	3) <i>Hasbargen, Nick 11</i>		4) <i>Tschosik, Grant 11</i>
3	WEST FARGO SHEYENNE	'A'	42.53
	1) <i>Gartei, Abel 11</i>		2) <i>Schlichting, Kye 9</i>
	3) <i>Raan, Ethan 12</i>		4) <i>Schlichting, Ty 12</i>
4	FARGO SOUTH	'A'	43.01
	1) <i>Bourke, Aiden 12</i>		2) <i>Moore, A'Johntez 11</i>
	3) <i>Hanesgard, George 11</i>		4) <i>Gaden, James 12</i>
5	RED RIVER	'A'	43.26
	1) <i>Mallory, Mikey 12</i>		2) <i>Severson, Caleb 12</i>
	3) <i>Gaye, Isaiah 10</i>		4) <i>Dorudian, Amir 12</i>
6	FARGO NORTH	'A'	43.66
	1) <i>Adams-Vandal, Sam 11</i>		2) <i>Haugo, Peder 11</i>
	3) <i>Koenig, Clay 10</i>		4) <i>Nojang, Aden 10</i>
7	WAHPETON	'A'	44.16
	1) <i>Mauch, Treyton 10</i>		2) <i>DeVries, Jackson 10</i>
	3) <i>Arenstein, Beau 12</i>		4) <i>Withuski, Andrew 12</i>
8	VALLEY CITY	'A'	45.18
	1) <i>Jacobson, Parker 11</i>		2) <i>Friestad, Wyatt 12</i>
	3) <i>Shape, Derek 9</i>		4) <i>Jacobson, Aiden 12</i>

## Heat 2

3	GRAND FORKS CENTRAL	'A'	45.35
	1) <i>Lindseth, Cade 12</i>		2) <i>Kubat, Kevin 12</i>
	3) <i>Oss, Navy 12</i>		4) <i>Fisher, Naz 9</i>
4	SHANLEY	'A'	45.44
	1) <i>Ajeo, Justin 10</i>		2) <i>Flaherty, Joe 11</i>
	3) <i>Christmann, Kaden 11</i>		4) <i>Geigle, Grayson 12</i>
5	HORACE	'A'	46.84
	1) <i>Olson, Gavin 11</i>		2) <i>Burrow, Xavier 11</i>
	3) <i>Wojcik, Anthony 9</i>		4) <i>Hestbeck, Jeremy 10</i>

## Girls 400 Meters Varsity

Finals

## Heat 1

1	Lang, Jersey	10	WEST FARGO S...	1:01.71
2	Hakim, Mesiku	11	SHANLEY	59.69
3	Gee, Michelle	9	WEST FARGO	58.30
4	Schiller, Jocelyn	11	RED RIVER	58.49
5	Laqua, Kate	10	DAVIES	59.32
6	Fitzpatrick, Avary	11	WEST FARGO S...	1:00.01
7	Nhial, Naomi	9	WEST FARGO S...	1:02.50
8	Robin, Clara	10	SHANLEY	1:02.67

**Heat 2**

1	Kpeenu, Leziga	12	WEST FARGO S...	1:04.31
2	Modin, Cadence	11	DAVIES	1:03.96
3	Graf, Ava	11	DAVIES	1:02.73
4	Sturma, Lauren	12	DAVIES	1:03.19
5	Schock, Olivia	9	HORACE	1:03.63
6	Nesius, Davin	9	DAVIES	1:04.14
7	Wavrin, Lily	8	WEST FARGO	1:04.83
8	Bah, Ejatu	10	WEST FARGO	1:05.49

**Heat 3**

1	Shock, Anna	10	DEVILS LAKE	1:07.57
2	Pfau, Chloe	12	WEST FARGO	1:06.84
3	Nelson, Ella	11	WEST FARGO	1:05.71
4	Binek, Allison	9	SHANLEY	1:06.35
5	Wass, Ella	7	DEVILS LAKE	1:06.43
6	Lebrun, Aubrie	9	DEVILS LAKE	1:07.27
7	Bishop, Brynn	11	WEST FARGO S...	1:08.22
8	Heyd, Sierra	12	GRAND FORKS...	1:08.50

**Heat 4**

1	Gerdon, Addison	11	WAHPETON	1:12.16
2	Rodacker, Chassidy	8	DEVILS LAKE	1:11.10
3	Shock, Brenna	10	RED RIVER	1:08.53
4	Hoffman, Molly	11	FARGO NORTH	1:10.12
5	Jones, Katie	10	VALLEY CITY	1:10.80
6	Zimmerman, Jaeda	9	FARGO SOUTH	1:11.20
7	Anderson, Elsie	11	FARGO NORTH	1:12.64
8	Suah, Ciara	9	FARGO SOUTH	1:12.98

**Heat 5**

1	Hoffert, Talyn	9	FARGO SOUTH	1:14.49
2	Vega, Sofia	11	FARGO NORTH	1:14.04
3	Mehl, Bethany	8	FARGO SOUTH	1:13.25
4	Barbot, Summer	8	FARGO SOUTH	1:13.54
5	Knudsen, Olivia	10	RED RIVER	1:13.85
6	Anderson, Myah	9	WAHPETON	1:14.14
7	Wilson, Vivian	11	FARGO NORTH	1:14.73
8	Miller, Audrina	9	RED RIVER	1:14.87

**Heat 6**

3	Benedict, Jasmyn	9	WAHPETON	1:15.60
4	Yamani, Alya	11	RED RIVER	1:23.18
5	Uhlir, Katie	10	GRAND FORKS...	1:26.63
6	Olson, Aletta	11	FARGO NORTH	
7	Miller, Maci	10	WAHPETON	

**Boys 400 Meters Varsity****Finals****Heat 1**

1	Breidenbach, Reece	12	WEST FARGO S...	51.57
2	Quibell, Tristan	12	FARGO SOUTH	50.86
3	Zulu, Austin	11	FARGO SOUTH	49.31
4	Zulu, Justin	11	FARGO SOUTH	50.00
5	Hakim, Vuciri	12	SHANLEY	50.45
6	Hoffarth, Grant	11	RED RIVER	51.54
7	Gaden, James	12	FARGO SOUTH	51.92
8	Andrews, Nathan	11	SHANLEY	51.93

**Heat 2**

1	Davidson, Zach	11	DAVIES	53.38
2	Pritchard, Hayden	12	WEST FARGO	53.06
3	Ansah, Deandrey	12	WEST FARGO S...	52.11
4	Andrade, Brody	10	RED RIVER	52.24
5	Plueddeman, Paul	11	WEST FARGO S...	52.74
6	Lien, James	11	FARGO NORTH	53.28
7	Toso, Kole	12	DEVILS LAKE	53.99
8	Schafer, Kyle	10	RED RIVER	54.01

**Heat 3**

1	Wanner, Blake	12	FARGO NORTH	54.78
2	Knudsvig, Andrew	10	WEST FARGO	54.73
3	Swanson, Hunter	9	DAVIES	54.08
4	Helgeson, Jack	9	RED RIVER	54.49
5	Tarlue, Prince	10	DAVIES	54.67
6	Seymour, Haakon	9	WEST FARGO	54.75
7	Martin, Owen	9	RED RIVER	54.97
8	Matadi, Wilmot	9	DAVIES	55.80

**Heat 4**

1	Exner, Bryar	9	DEVILS LAKE	56.91
2	Kielty, Bjorn	11	FARGO NORTH	56.29
3	Campbell, Europe	10	FARGO NORTH	55.81
4	Berry, Talib	10	GRAND FORKS...	56.01
5	Sobolik, Adam	10	DEVILS LAKE	56.07
6	Gossett, Jeb	11	FARGO NORTH	56.58
7	Hollcraft, David	10	SHANLEY	56.91
8	Norby, Isaac	9	VALLEY CITY	57.26

**Heat 5**

1	Jelinek, Alex	11	WEST FARGO	57.98
2	Hendrickson, Bradyn	12	GRAND FORKS...	57.58
3	Hockert, Carter	9	WAHPETON	57.30
4	Fischer, Ryland	9	DAVIES	57.37
5	Hill, Jaxon	10	WAHPETON	57.50
6	Carroll, AJ	11	SHANLEY	57.74
7	Benson, Ryan	11	HORACE	58.34
8	Vorhies, Logan	9	GRAND FORKS...	58.49

**Heat 6**

3	Williams, Seth	11	HORACE	58.92
4	Lucht, Bennet	11	WEST FARGO S...	59.30
5	Dirckx, Brayden	10	GRAND FORKS...	59.64
6	Sanchez, Gerardo	10	DEVILS LAKE	1:02.05
7	Undem, Hunter	8	VALLEY CITY	1:02.75
8	Hill, Jonathan	12	WAHPETON	1:03.65

**Heat 7**

3	Bradley, Ethan	10	SHANLEY	1:05.86
4	Vaagen, Isaac	10	DEVILS LAKE	1:13.46
5	Semanko, Damarion	11	FARGO SOUTH	

## Girls 100m Hurdles Varsity

Finals

## Heat 1

1	Sorum, Erin	12	FARGO SOUTH	16.17
2	James, Axumite Wren	10	FARGO SOUTH	15.98
3	Gulsvig, Elyse	12	DAVIES	15.81
4	Olson, Karina	12	VALLEY CITY	15.44
5	Gustafson, Samantha	12	WEST FARGO	15.58
6	Brakke, Sophie	10	RED RIVER	15.86
7	Gayflor, Sanie	9	DAVIES	16.09
8	Narmah, Kaylee	10	DAVIES	16.76

## Heat 2

1	Wendel, Madison	10	VALLEY CITY	17.97
2	Isaac, Odura	10	SHANLEY	17.46
3	Breidenbach, Peyton	12	WEST FARGO S...	17.23
4	Moen, Brynn	11	GRAND FORKS...	16.86
5	Roberts, Alexandra	10	DAVIES	17.13
6	Germundson, Ella	11	HORACE	17.39
7	Finn, Brooke	9	WEST FARGO	17.95
8	Sacko, Kadi	11	WEST FARGO	17.99

## Heat 3

1	Newell, Piper	9	WEST FARGO S...	18.78
2	Dolo, Sonya	12	DAVIES	18.50
3	Knoke, Paityn	8	FARGO NORTH	18.22
4	Abdul-Hammed, Hikmah	9	FARGO NORTH	18.05
5	Fosher, Callen	9	WEST FARGO S...	18.05
6	Polda, Kennedy	11	WAHPETON	18.25
7	Terstriep, Elle	12	SHANLEY	18.59
8	Potratz, Dacota	9	VALLEY CITY	18.88

## Heat 4

1	Llapa, Morianna	12	RED RIVER	20.23
2	Onama, Lydia	10	FARGO NORTH	19.12
3	Ellis, Beth	12	FARGO SOUTH	19.07
4	Esposito, Emma	9	WEST FARGO	18.94
5	Obi, Soludo	9	WEST FARGO	19.06
6	McCloud, Mallie	9	DEVILS LAKE	19.10
7	Botnen, Keira	9	RED RIVER	19.91
8	Teah, Ciera	12	FARGO SOUTH	20.86

## Heat 5

2	McBeain, Alessa	8	FARGO SOUTH	
3	Orness, Elizabeth	9	DEVILS LAKE	21.19
4	Graves, Madeline	9	WAHPETON	20.93
5	Johnson, Dylan	12	FARGO NORTH	20.93
6	Nordness, Heather	12	FARGO NORTH	21.97

## Boys 110m Hurdles Varsity

Finals

## Heat 1

1	King, Laquan	12	FARGO NORTH	15.79
2	Lonn, Bennet	9	DAVIES	15.65
3	Byron, Carter	12	RED RIVER	15.21
4	Knoke, Trey	10	FARGO NORTH	14.89
5	Heydt, Lukas	12	RED RIVER	15.04
6	Muchow, Brody	9	DAVIES	15.38
7	Kessel, Reis	11	FARGO SOUTH	15.76
8	Kaster, Soren	12	WEST FARGO S...	15.92

## Heat 2

1	Valdez, Joaquin	8	WEST FARGO	16.59
2	Masiri, Desire	10	WEST FARGO	16.44
3	Strand, Ben	11	RED RIVER	16.25
4	Asche, Hudson	10	DAVIES	15.93
5	Anderson, Jayvon	9	FARGO SOUTH	16.24
6	Guscette, Jack	10	WEST FARGO	16.28
7	Anzo-Inyu, Daniel	12	FARGO NORTH	16.53
8	Morris, Elijah	9	WEST FARGO	16.85

## Heat 3

2	Impola, Jacob	12	WEST FARGO S...	18.21
3	McGregor, Keyton	11	WEST FARGO	17.52
4	Kloeckner, Tyler	12	FARGO SOUTH	16.90
5	Tesch, Kolten	9	DAVIES	17.38
6	Suriano, Asher	9	RED RIVER	17.56
7	Lozano Rivera, Steven	10	DAVIES	18.24

## Heat 4

3	Birnbaum, Jacob	9	HORACE	19.69
4	Rexin, Andrew	10	HORACE	19.47
5	Massaquoi, Aidan	12	WEST FARGO S...	19.63

## Girls 800 Meters Varsity

Finals

## Heat 1

1	Dosch, Lauren	12	RED RIVER	2:12.95
2	Hartze, Morgan	11	RED RIVER	2:20.73
3	Goven, Greta	10	VALLEY CITY	2:21.61
4	Beschorner, Olivia	12	WEST FARGO S...	2:21.85
5	Anderson, Grayce	10	FARGO NORTH	2:22.19
6	Thiel, Grace	10	FARGO NORTH	2:22.61
7	Stephens, Halle	10	DAVIES	2:24.28
8	Lueck, Brynn	7	VALLEY CITY	2:24.97
9	Miller, Ellie	10	DAVIES	2:25.48
10	Nelson, Emily	12	RED RIVER	2:25.48
11	Wareham, Ava	8	DAVIES	2:27.30
12	Braaflat, Brynn	8	DAVIES	2:28.95
13	Lovelace, Abigail	12	FARGO NORTH	2:29.80
14	Grothmann, Lucy	9	SHANLEY	2:33.26
15	Lelm, Rylie	10	RED RIVER	2:35.28
16	Anderson, Lindsey	12	WEST FARGO	2:36.33

## Heat 2

1	Goss, Dottie	7	DEVILS LAKE	2:37.09
2	Wettlaufer, Jocelyn	8	HORACE	2:37.32
3	Goven, Carly	12	VALLEY CITY	2:37.78
4	Saville, Addie	9	WEST FARGO S...	2:37.88
5	Schaffer, Lucy	9	DAVIES	2:39.05
6	Wetterlin, Andrea	9	WEST FARGO	2:39.38
7	Hagen, Kiaya	9	WEST FARGO	2:39.59
8	Fetsch, Cadence	8	VALLEY CITY	2:39.62
9	Dilly, Makenna	9	SHANLEY	2:40.78
10	Johnson, Averi	10	WEST FARGO	2:41.32
11	Pfennig, Tricia	10	VALLEY CITY	2:41.99
12	Britsch, Kayla	12	DEVILS LAKE	2:43.27
13	Comstock, Lucie	7	WAHPETON	2:44.85
14	Machayya, Gaby	9	WEST FARGO S...	2:47.41
15	Dinger, Baylor	7	WEST FARGO S...	2:48.36
16	Engelking, Ellie	8	WEST FARGO S...	2:48.89



**Heat 3**

1	Julian, Isabelle	11	FARGO SOUTH	2:49.11
2	Christians, Taylor	10	WEST FARGO	2:49.88
3	Lebrun, Aubrie	9	DEVILS LAKE	2:49.99
4	Murchie, Emily	10	FARGO NORTH	2:52.75
5	Roehl, Ella	10	FARGO SOUTH	2:53.53
6	Johnson, Ellie	9	RED RIVER	2:54.73
7	Valentine, Sierra	12	WAHPETON	2:54.91
8	Fritel, Hallie	12	DEVILS LAKE	2:55.02
9	Bainbgui Minou, Lengueth	9	FARGO SOUTH	3:01.33
10	Oswalt, Klara	9	WAHPETON	3:05.03
11	Cooper, Carly	9	WAHPETON	3:10.88
12	Uhlir, Katie	10	GRAND FORKS...	3:17.43
13	Ward, Mylee	10	FARGO SOUTH	3:17.91
14	Anderson, Elsie	11	FARGO NORTH	
15	Stern, Katelyn	11	GRAND FORKS...	

**Heat 3**

1	Weston, Jordan	11	FARGO NORTH	2:17.71
2	Stubbe, Malcolm	12	DEVILS LAKE	2:17.82
3	Larson, Charley	12	FARGO SOUTH	2:18.80
4	Robinson, Lukas	10	FARGO SOUTH	2:19.32
5	Dalton, Malachi	11	SHANLEY	2:19.44
6	Svenby, Jonah	10	WEST FARGO	2:20.01
7	Breidenbach, Zaine	9	WEST FARGO S...	2:20.30
8	Allmendinger, Jake	11	FARGO NORTH	2:23.21
9	Sum, Theo	10	GRAND FORKS...	2:24.84
10	Azure, Noah	10	DEVILS LAKE	2:27.63
11	Sorby, Jack	8	VALLEY CITY	2:29.53
12	Hunt, Bailey	12	WEST FARGO	2:30.65
13	Lentz, Timothy	10	FARGO SOUTH	2:39.49
14	Barth, Colman	11	WAHPETON	2:52.15
15	Eback, Avery	9	DEVILS LAKE	2:59.45

**Boys 800 Meters Varsity****Finals****Heat 1**

1	Roehl, Quinn	12	GRAND FORKS...	1:55.01
2	Rempfer, Drew	12	DAVIES	1:57.79
3	Dafoe, Jonah	12	RED RIVER	1:58.94
4	Larsen-Schmidt, Micah	11	RED RIVER	2:00.15
5	Middaugh, Braxton	12	FARGO NORTH	2:00.34
6	Pederson, Elijah	12	FARGO NORTH	2:00.60
7	Touray, Jaray	11	DAVIES	2:00.67
8	Sande, Curtis	11	GRAND FORKS...	2:01.62
9	Goss, Tyler	12	DEVILS LAKE	2:01.87
10	Yahnke, Noah	12	WEST FARGO	2:01.95
11	Robles, Isaiah	11	WEST FARGO S...	2:02.16
12	Brachman, Adam	11	DAVIES	2:04.60
13	Aly Ahmed, Omar	12	FARGO SOUTH	2:07.08
14	Anderson, Nate	11	DAVIES	2:07.55
15	Wohl, Brady	11	WEST FARGO	2:08.32
16	Barbot, Oscar	11	FARGO SOUTH	2:08.41

**Heat 2**

1	Gisselbeck, Stetson	10	WEST FARGO S...	2:09.59
2	Neil, Josh	11	RED RIVER	2:09.63
3	Reinke, Colton	9	DAVIES	2:09.72
4	Deibert, Tucker	11	WEST FARGO S...	2:10.01
5	Aadland, Chase	11	WEST FARGO S...	2:10.03
6	Berge, Noah	11	WAHPETON	2:10.99
7	Rasmussen, Ian	10	FARGO NORTH	2:11.21
8	Bennett, Zane	8	DEVILS LAKE	2:12.38
9	Lantz, Ethan	12	SHANLEY	2:12.75
10	Vanyo, Tyson	8	GRAND FORKS...	2:13.73
11	Schindler, Micah	11	RED RIVER	2:14.44
12	Erickson, Ethan	8	SHANLEY	2:14.88
13	Prichard, Alex	10	RED RIVER	2:15.24
14	Marklhos-Keikland, Jonas	12	WAHPETON	2:16.84
15	Golovanoff, Corben	11	VALLEY CITY	2:17.11
16	Liebl, Henry	9	SHANLEY	2:17.56

**Girls 200 Meters Varsity****Finals****Heat 1**

1	Sappington, Evangeline	10	HORACE	26.71
2	Safranski, Ashton	11	DAVIES	26.30
3	Gee, Michelle	9	WEST FARGO	25.29
4	Laqua, Kate	10	DAVIES	25.98
5	Renschler, Paige	11	SHANLEY	26.23
6	Salou, Alimath	12	DAVIES	26.56
7	Heilman, Ella	10	WEST FARGO	27.12
8	Tangedal, Gabby	10	DEVILS LAKE	27.20

**Heat 2**

1	Fobb, Jaida	11	WAHPETON	27.71
2	Wuo, Kenzie	8	WEST FARGO S...	27.48
3	Gulsvig, Elyse	12	DAVIES	27.33
4	Maxwell, Jordis	11	FARGO SOUTH	27.35
5	Lovehaug, Alexis	10	DAVIES	27.44
6	Wadeson, Mika	10	WEST FARGO S...	27.68
7	White, Ellery	10	RED RIVER	28.06
8	Kpeenu, Leziga	12	WEST FARGO S...	28.17

**Heat 3**

1	Elhamadany, Noura	12	RED RIVER	28.68
2	Nelson, Ella	11	WEST FARGO	28.53
3	Scarbrough, Zevina	10	WEST FARGO	28.25
4	McCarthy, Annika	12	DEVILS LAKE	28.41
5	Naklen, Isabelle	9	FARGO SOUTH	28.41
6	Tangedal, Isabella	11	DEVILS LAKE	28.60
7	Samek, Taya	12	WEST FARGO	28.75
8	Buroko, Danielle	7	RED RIVER	28.94

**Heat 4**

1	Swanson, Addison	7	RED RIVER	30.26
2	Flaherty, Molly	9	SHANLEY	29.93
3	Olson, Brittnyn	10	WEST FARGO S...	29.34
4	Chakua, Jadyne	11	FARGO NORTH	29.52
5	Bishop, Brynn	11	WEST FARGO S...	29.68
6	Olson, Tesa	11	VALLEY CITY	30.02
7	Suah, Ciara	9	FARGO SOUTH	30.34
8	Shanenko, Abby	10	VALLEY CITY	30.50

**Heat 5**

1	Voss, Elizabeth	9	SHANLEY	31.00
2	Thoreson, Hadley	11	VALLEY CITY	30.90
3	Warne, Anya	11	WAHPETON	30.75
4	Hoffman, Molly	11	FARGO NORTH	30.86
5	Naklen, Webeline	9	FARGO SOUTH	30.88
6	Brown, Presley	9	DEVILS LAKE	30.91
7	Toetdal, Caroline	11	FARGO NORTH	31.16
8	Gerdon, Addison	11	WAHPETON	31.19

**Heat 6**

1	Wilson, Vivian	11	FARGO NORTH	31.95
2	Lassiter, Jaisa	10	VALLEY CITY	31.67
3	Bjerke, Mina	9	RED RIVER	31.24
4	Anderson, Myah	9	WAHPETON	31.55
5	Miller, Maci	10	WAHPETON	31.62
6	Rodacker, Chassidy	8	DEVILS LAKE	31.73

**Heat 7**

3	Fadairo, Tolu	11	GRAND FORKS...	32.65
4	Vega, Sofia	11	FARGO NORTH	33.40
5	Pabst, Cierra	12	VALLEY CITY	35.35

**Boys 200 Meters Varsity****Finals****Heat 1**

1	Hakim, Vuciri	12	SHANLEY	22.72
2	Severson, Caleb	12	RED RIVER	22.38
3	Zulu, Austin	11	FARGO SOUTH	21.83
4	Zulu, Justin	11	FARGO SOUTH	22.13
5	Ansah, Deandrey	12	WEST FARGO S...	22.38
6	Schlichting, Ty	12	WEST FARGO S...	22.64
7	Haugo, Peder	11	FARGO NORTH	22.76
8	Beil, Joshua	10	DAVIES	22.81

**Heat 2**

1	Kubat, Kevin	12	GRAND FORKS...	23.24
2	Raan, Ethan	12	WEST FARGO S...	23.23
3	Skari, Ian	9	WEST FARGO	22.84
4	Adams-Vandal, Sam	11	FARGO NORTH	23.08
5	Benson, Eric	11	DAVIES	23.13
6	Gartei, Abel	11	WEST FARGO S...	23.24
7	Bryce Volk, Aiden	12	DEVILS LAKE	23.27
8	Quibell, Tristan	12	FARGO SOUTH	23.27

**Heat 3**

1	Chine, Jaden	12	RED RIVER	23.61
2	Hintz, Dylan	12	DEVILS LAKE	23.49
3	Friestad, Wyatt	12	VALLEY CITY	23.36
4	Williams, Lance	10	WEST FARGO	23.37
5	Andrade, Brody	10	RED RIVER	23.45
6	Schumacher, Isaac	11	DAVIES	23.57
7	Christmann, Kaden	11	SHANLEY	23.61
8	Schwab, Keaton	12	DAVIES	23.69

**Heat 4**

1	Matson, Jack	9	RED RIVER	23.90
2	Dolo, Titus	10	DAVIES	23.81
3	DeVries, Jackson	10	WAHPETON	23.72
4	Lincoln, Isaiah	10	WEST FARGO S...	23.76
5	Villas, Mike Andrei	10	RED RIVER	23.80
6	Jacobson, Parker	11	VALLEY CITY	23.84
7	Shape, Derek	9	VALLEY CITY	23.94
8	Nyenabo, Isaac	12	WEST FARGO	24.09

**Heat 5**

1	Hoffert, Treyton	11	FARGO SOUTH	24.39
2	Koltjes, Gannon	11	FARGO NORTH	24.22
3	Blotsky, Isaac	9	WEST FARGO	24.10
4	Melicher, Brody	9	GRAND FORKS...	24.12
5	Koenig, Clay	10	FARGO NORTH	24.20
6	Taylor, Amari	9	FARGO SOUTH	24.38
7	Lindseth, Cade	12	GRAND FORKS...	24.52
8	Cavanaugh, Reggie	11	DEVILS LAKE	24.57

**Heat 6**

1	Berry, Talib	10	GRAND FORKS...	25.37
2	Geigle, Grayson	12	SHANLEY	25.07
3	Kjervestad, Chase	11	WEST FARGO	24.61
4	Toso, Kole	12	DEVILS LAKE	24.64
5	Wanner, Blake	12	FARGO NORTH	24.85
6	Hill, Jaxon	10	WAHPETON	25.11
7	Lunski, Edison	12	GRAND FORKS...	25.37
8	Exner, Bryar	9	DEVILS LAKE	25.62

**Heat 7**

3	Anderson, Jake	10	VALLEY CITY	25.65
4	Botz, Hayden	12	VALLEY CITY	25.87
5	Hill, Jonathan	12	WAHPETON	27.32
6	Bradley, Ethan	10	SHANLEY	29.33
7	Hollcraft, David	10	SHANLEY	

**Girls 3200 Meters Varsity****Finals****Heat 1**

1	Steckler, Kinley	9	DAVIES	11:41.32
2	Knudsvig, Jordan	12	WEST FARGO	11:51.49
3	Heilman, Olivia	11	WEST FARGO S...	11:58.63
4	Bornemann, Cierra	11	DAVIES	12:00.12
5	Herrick, Brooklyn	9	HORACE	12:01.30
6	Heilman, Jazlyn	9	WEST FARGO S...	12:38.73
7	Hammes, Olivia	10	FARGO NORTH	12:45.80
8	Ali, Noof	9	DAVIES	12:48.12
9	Lindgren, Alexis	10	WEST FARGO	12:48.16
10	Scott, Riley	10	DAVIES	12:51.57
11	Jackson, Joslyn	12	WEST FARGO	12:53.90
12	Fetsch, Cadence	8	VALLEY CITY	12:56.44
13	Retzlaff, Miranda	10	WEST FARGO	12:56.96
14	Dupont, Evelyn	12	RED RIVER	12:58.79
15	Champagne, Brooklyn	12	FARGO NORTH	13:20.58

## Boys 3200 Meters Varsity

Finals

## Heat 1

1	Sondag, Owen	11	FARGO NORTH	9:15.10
2	Roehl, Quinn	12	GRAND FORKS...	9:27.73
3	Dafoe, Elijah	10	RED RIVER	9:53.12
4	Carroll, Quinn	9	SHANLEY	9:59.23
5	Steidl, Leighton	12	DAVIES	10:09.44
6	Quinn, Joe	10	RED RIVER	10:13.44
7	Cerney, Isaac	9	FARGO NORTH	10:36.62
8	Berberich, Kael	11	RED RIVER	10:36.75
9	Currence, Kasen	9	DAVIES	10:37.00
10	Menke, Lucas	12	DAVIES	10:38.70
11	Black, Brody	11	WEST FARGO S...	10:40.72
12	Amundson, Isaac	10	WEST FARGO	10:47.33
13	Fiala, Aidan	10	GRAND FORKS...	10:49.32
14	Radke, David	11	RED RIVER	10:49.98
15	Berberich, Asa	10	RED RIVER	10:50.70
16	Kain, Alexander	9	FARGO SOUTH	10:51.07
17	Hovdenes, Alex	11	DAVIES	10:52.27

## Heat 2

1	L' Heurreux, Devin	8	WEST FARGO S...	11:01.10
2	Pryor, Simon	12	FARGO NORTH	11:13.76
3	Pochmara, Christian	10	FARGO NORTH	11:17.92
4	Selzler, Lucas	10	DAVIES	11:25.47
5	Davies, Ben	9	WEST FARGO	11:30.13
6	Bergmans, Daan	11	WAHPETON	11:31.01
7	Willows, Caden	11	WEST FARGO	11:34.04
8	Syster, Jacob	10	FARGO SOUTH	11:39.05
9	Berry, Jack	9	GRAND FORKS...	11:47.48
10	Vink, Colin	9	SHANLEY	12:16.92
11	Salberg, Steven	9	GRAND FORKS...	12:33.98
12	Kaufman, AJ	12	WEST FARGO S...	

## Girls 4x400 Relay Varsity

Finals

## Heat 1

3	RED RIVER	'A'	4:01.34
1) Hartze, Morgan 11	2) Dosch, Lauren 12		
3) Nelson, Emily 12	4) Schiller, Jocelyn 11		
4	DAVIES	'A'	4:08.13
1) Burian, Mariah 10	2) Safranski, Ashton 11		
3) Graf, Ava 11	4) Laqua, Kate 10		
5	WEST FARGO SHEYENNE	'A'	4:09.58
1) Lang, Jersey 10	2) Nhial, Naomi 9		
3) Beschorner, Olivia 12	4) Fitzpatrick, Avary 11		
6	FARGO NORTH	'A'	4:13.13
1) Lovelace, Abigail 12	2) Anderson, Grayce 10		
3) Thiel, Grace 10	4) Fluge, Nora 10		
7	SHANLEY	'A'	4:14.02
1) Robin, Clara 10	2) Emineth, Allie 11		
3) Hakim, Mesiku 11	4) Renschler, Paige 11		
8	WEST FARGO	'A'	4:11.16
1) Samek, Taya 12	2) Wavrin, Lily 8		
3) Bah, Ejatu 10	4) Pfau, Chloe 12		

## Heat 2

3	DEVILS LAKE	'A'	4:14.42
1) Tangedal, Isabella 11	2) Wass, Ella 7		
3) Hofstad, Emma 7	4) McCarthy, Annika 12		
4	WAHPETON	'A'	4:16.73
1) Hoerer, Alison 12	2) Hansen, Olivia 10		
3) Falck, Gracie 7	4) Fobb, Jaida 11		
5	VALLEY CITY	'A'	4:19.65
1) Berg, Reagan 11	2) Ingstad, Sydnee 12		
3) Lueck, Brynn 7	4) Goven, Greta 10		
6	HORACE	'A'	4:21.53
1) Schock, Olivia 9	2) Bailey, Sydney 10		
3) Herrick, Brooklyn 9	4) Sappington, Evangeline 10		

## Boys 4x400 Relay Varsity

Finals

## Heat 1

1	DEVILS LAKE	'A'	3:32.80
1) Goss, Brady 12	2) Sobolik, Adam 10		
3) Goss, Tyler 12	4) Bryce Volk, Aiden 12		
2	WEST FARGO SHEYENNE	'A'	3:29.37
1) Plueddeman, Paul 11	2) Kaster, Soren 12		
3) Breidenbach, Reece 12	4) Anshah, Deandrey 12		
3	FARGO SOUTH	'A'	3:20.11
1) Zulu, Justin 11	2) Quibell, Tristan 12		
3) Bourke, Aiden 12	4) Zulu, Austin 11		
4	DAVIES	'A'	3:28.41
1) Beil, Joshua 10	2) Deebom, Golden 10		
3) Rempfer, Drew 12	4) Touray, Jaray 11		
5	RED RIVER	'A'	3:28.53
1) Dafoe, Jonah 12	2) Severson, Caleb 12		
3) Heydt, Lukas 12	4) Hoffarth, Grant 11		
6	SHANLEY	'A'	3:31.59
1) Flaherty, Joe 11	2) Andrews, Nathan 11		
3) Ajeo, Justin 10	4) Hakim, Vuciri 12		
7	FARGO NORTH	'A'	3:33.87
1) Middaugh, Braxton 12	2) Anderson, Charlie 12		
3) King, Laquan 12	4) Lien, James 11		
8	GRAND FORKS CENTRAL	'A'	3:36.13
1) Oss, Navy 12	2) Sande, Curtis 11		
3) Suedel, Danny 10	4) Roehl, Quinn 12		

**Heat 2**

3	WEST FARGO	'A'	3:42.90
1)	<i>Skari, Ian 9</i>	2)	<i>Pritchard, Hayden 12</i>
3)	<i>Williams, Lance 10</i>	4)	<i>Guscette, Jack 10</i>
4	WAHPETON	'A'	3:45.25
1)	<i>DeVries, Jackson 10</i>	2)	<i>Arenstein, Beau 12</i>
3)	<i>Mauch, Treyton 10</i>	4)	<i>Gomez, Joseph 10</i>
5	VALLEY CITY	'A'	3:56.11
1)	<i>Grebel, Koye 12</i>	2)	<i>Cope, Treytan 12</i>
3)	<i>Norby, Isaac 9</i>	4)	<i>Undem, Hunter 8</i>

**Girls High Jump Varsity****Finals****Flight 1**

1	Kraft, Sara	8	DEVILS LAKE	
2	Korinta, Kyrie	9	FARGO SOUTH	4-02.00
3	Naklen, Webeline	9	FARGO SOUTH	4-03.00
4	Shanenko, Abby	10	VALLEY CITY	4-05.00
5	Lukes, Hope	11	WEST FARGO	4-05.00
6	Kargbo, Posseh	11	FARGO NORTH	4-05.00
7	Didier, Laityn	9	VALLEY CITY	4-05.00
8	Botz, Brooklyn	9	VALLEY CITY	4-05.00
9	Bainbgui Minou, Lengueth	9	FARGO SOUTH	4-05.00
10	Bachmeier, Jaricha	10	WEST FARGO	4-05.00
11	Steier, Signe	8	FARGO SOUTH	4-06.00
12	Wuo, Kenzie	8	WEST FARGO S...	4-07.00
13	McLaurin, Katelyn	11	DEVILS LAKE	4-07.00
14	Fosher, Callen	9	WEST FARGO S...	4-07.00
15	Bargor, Hannah	10	WEST FARGO S...	4-07.00
16	Miller, Halle	10	WAHPETON	4-08.00
17	Sailer, Cayla	11	DAVIES	4-09.00
18	Ehlert, Audrina	9	HORACE	4-09.00

**Flight 2**

1	Arnold, Emily	11	GRAND FORKS...	4-09.00
2	Tollefson, Haidyn	12	FARGO NORTH	4-10.00
3	Potratz, Dacota	9	VALLEY CITY	4-10.00
4	Docktor, Mallory	12	WEST FARGO	4-10.00
5	Spiekermeier, Piper	9	HORACE	4-11.00
6	Livingston, Ella	11	HORACE	4-11.00
7	Laqua, Leah	11	DAVIES	4-11.00
8	Borg, Jovi	10	VALLEY CITY	4-11.00
9	Yeanay, Sannie	11	WEST FARGO S...	5-01.00
10	Sander, Micah	11	WEST FARGO S...	5-01.00
11	Rydell, Lauryn	12	RED RIVER	5-01.00
12	Passanante, Fallon	9	DAVIES	5-01.00
13	Lovelace, Abigail	12	FARGO NORTH	5-01.00
14	James, Axumite Wren	10	FARGO SOUTH	5-01.00
15	Hoefs, Jocelynn	8	RED RIVER	5-01.00
16	Fobb, Jaida	11	WAHPETON	5-01.00
17	Esposito, Emma	9	WEST FARGO	5-01.00
18	Deringer, Camille	12	DAVIES	5-01.00
19	Wheeldon, Maci	12	DAVIES	5-03.00

**Boys High Jump Varsity****Finals****Flight 1**

1	Stockert, Bradyn	11	WEST FARGO	4-08.00
2	Stegman, Jake	9	WEST FARGO	5-00.00
3	Senger, Zander	9	WEST FARGO	5-00.00
4	Schatzke, Matt	9	WEST FARGO	5-02.00
5	Quam, Grant	10	DEVILS LAKE	5-04.00
6	Mastel, Aydan	10	DAVIES	5-04.00
7	Hollcraft, David	10	SHANLEY	5-04.00
8	Boutwell, Ty	11	FARGO NORTH	5-04.00
9	Sobolik, Adam	10	DEVILS LAKE	5-06.00
10	Hockert, Carter	9	WAHPETON	5-06.00
11	Heyer, Jonah	11	DAVIES	5-06.00
12	Valdez, Joaquin	8	WEST FARGO	5-08.00
13	Mujcic, Advin	10	HORACE	5-08.00
14	James, Roger	11	DAVIES	5-08.00
15	Camara, Alpha	11	DAVIES	5-08.00
16	Anderson, Jayvon	9	FARGO SOUTH	5-08.00

**Flight 2**

1	Wirth, Oliver	10	DEVILS LAKE	5-10.00
2	Olson, Darby	12	WEST FARGO S...	5-10.00
3	Nelson, Joel	10	DEVILS LAKE	5-10.00
4	Cavanaugh, Reggie	11	DEVILS LAKE	5-10.00
5	Beyl, Dylan	12	WEST FARGO S...	5-10.00
6	Berndt, Jacob	12	WAHPETON	5-10.00
7	Anderson, Charlie	12	FARGO NORTH	5-10.00
8	Nelson, Quinn	12	RED RIVER	6-00.00
9	Heydt, Lukas	12	RED RIVER	6-00.00
10	Duot, Emmanuel	12	WEST FARGO S...	6-00.00
11	Yalartai, Kalef	10	WEST FARGO S...	6-02.00
12	Taylor, Amari	9	FARGO SOUTH	6-02.00
13	Knoke, Trey	10	FARGO NORTH	6-02.00
14	Jacobson, Aiden	12	VALLEY CITY	6-02.00
15	Weninger, James	12	FARGO NORTH	6-04.00
16	Baer, Kasen	12	WEST FARGO S...	6-04.00

## Girls Pole Vault Varsity

Finals

## Flight 1

1	Winkler, Taryn	12	FARGO NORTH	
2	Steier, Signe	8	FARGO SOUTH	7-00.00
3	Anderson, Elsie	11	FARGO NORTH	7-03.00
4	Madrigga, Tia	11	WEST FARGO S...	7-09.00
5	Wieler, Morgan	10	WEST FARGO S...	8-00.00
6	Wendel, Madison	10	VALLEY CITY	8-00.00
7	Spiekermeier, Piper	9	HORACE	8-00.00
8	Skovholt, Elise	8	WAHPETON	8-00.00
9	Wieland, Sarah	12	DAVIES	8-03.00
10	Dwyer, Alexis	10	WEST FARGO	8-03.00
11	Barth, Lauren	10	DAVIES	8-03.00
12	Lukes, Hope	11	WEST FARGO	8-06.00
13	Wohlers, Reagan	12	WAHPETON	8-09.00
14	Lugert, Madison	11	WEST FARGO S...	8-09.00
15	Kocka, Kadie	9	VALLEY CITY	8-09.00
16	Aasen, Emery	11	WEST FARGO	9-03.00
17	Tandeski, Addison	10	DAVIES	9-09.00
18	Finney, Camille	12	GRAND FORKS...	9-09.00
19	Braaflat, Halle	11	DAVIES	9-09.00
20	Tang, Taylor	12	WEST FARGO	10-03.00
21	Kretchman, Onya	11	DAVIES	10-06.00
22	Briggs, Emma	10	WEST FARGO S...	11-03.00
23	Dahl, Jolee	10	WEST FARGO	11-06.00

## Boys Pole Vault Varsity

Finals

## Flight 1

1	Stegman, Jake	9	WEST FARGO	
2	Paul, Zak	11	SHANLEY	
3	Hannesson, Fisher	11	SHANLEY	8-00.00
4	Geigle, Kaden	10	SHANLEY	8-00.00
5	Schatzke, Matt	9	WEST FARGO	9-00.00
6	Kebulu, Simon	9	FARGO SOUTH	9-00.00
7	Bennett, Tucker	8	DEVILS LAKE	9-00.00
8	Allmendinger, Jake	11	FARGO NORTH	9-00.00
9	Gossett, Jeb	11	FARGO NORTH	9-06.00
10	Walker, Lincoln	9	WEST FARGO	10-00.00
11	Urbain, Mbanzendore	10	RED RIVER	10-00.00
12	Stockert, Bradyn	11	WEST FARGO	10-00.00
13	Saari, Austin	9	WEST FARGO	10-00.00
14	Myers, Ryder	11	DAVIES	10-00.00
15	Huck, Zacharias	9	DAVIES	10-00.00
16	Hill, Jonathan	12	WAHPETON	10-00.00
17	Iglesias-Fuller, Devyn	11	FARGO SOUTH	10-06.00
18	Jelinek, Jack	10	WEST FARGO S...	11-00.00
19	Ivesdal, Grant	12	DAVIES	11-00.00
20	Heyer, Jonah	11	DAVIES	11-06.00
21	Peterson, Josh	12	DAVIES	12-00.00
22	Hanson, Tyler	11	WEST FARGO S...	12-00.00
23	Manske, Connor	11	WEST FARGO S...	12-06.00
24	Kouba, Jack	12	RED RIVER	12-06.00
25	Flom, Hudson	12	RED RIVER	12-06.00
26	Kramer, Kyle	11	FARGO NORTH	13-00.00
27	Withuski, Andrew	12	WAHPETON	13-06.00
28	Kaster, Soren	12	WEST FARGO S...	14-00.00

## Girls Long Jump Varsity

Finals

## Flight 1

1	Onama, Lydia	10	FARGO NORTH	
2	Johnson, Delaney	12	FARGO NORTH	10-11.00
3	Peters, Ella	9	GRAND FORKS...	11-08.50
4	Teah, Ciera	12	FARGO SOUTH	12-05.00
5	Swanson, Addison	7	RED RIVER	13-00.00
6	Cerney, Addison	10	FARGO NORTH	13-01.00
7	Korinta, Kyrie	9	FARGO SOUTH	13-03.50
8	Benedict, Jasmyn	9	WAHPETON	13-03.50
9	Nordness, Heather	12	FARGO NORTH	13-05.00
10	Byron, Emerson	10	RED RIVER	13-08.25
11	Steiner, Kelsa	12	WEST FARGO	13-10.00
12	Hofstad, Emma	7	DEVILS LAKE	14-00.00
13	Kus, Trinity	7	DEVILS LAKE	14-01.00

## Flight 2

1	Botz, Brooklyn	9	VALLEY CITY	14-02.00
2	Terstriep, Elle	12	SHANLEY	14-02.50
3	Haskamp, Emma	11	GRAND FORKS...	14-02.50
4	Esposito, Meghan	11	WEST FARGO	14-03.00
5	Olson, Tesa	11	VALLEY CITY	14-04.00
6	Ingstad, Sydnee	12	VALLEY CITY	14-09.00
7	Bontjes, Emma	12	WAHPETON	14-09.00
8	Ostlie, Sarah	12	SHANLEY	14-11.00
9	Miller, Halle	10	WAHPETON	15-02.00
10	Robertson, Ava	12	DAVIES	15-03.50
11	Pickett, Naiya	10	HORACE	15-04.00
12	Schock, Olivia	9	HORACE	15-08.00
13	Passanante, Fallon	9	DAVIES	15-11.50
14	Kocka, Kadie	9	VALLEY CITY	16-00.00

## Flight 3

1	Buroko, Danielle	7	RED RIVER	16-00.00
2	Yeanay, Sannie	11	WEST FARGO S...	16-01.50
3	Benson, Quinn	11	DAVIES	16-01.50
4	Saxlund, Peyton	8	WEST FARGO S...	16-02.50
5	Obi, Soludo	9	WEST FARGO	16-04.00
6	Samek, Taya	12	WEST FARGO	16-05.25
7	Wicklow, Anna	12	DAVIES	16-05.50
8	Kretchman, Onya	11	DAVIES	16-06.00
9	Kraft, Sara	8	DEVILS LAKE	16-11.50
10	Sander, Micah	11	WEST FARGO S...	17-01.00
11	Wuo, Kenzie	8	WEST FARGO S...	17-03.50
12	Ray, Kia	9	WEST FARGO S...	17-04.00
13	Olson, Karina	12	VALLEY CITY	17-04.50
14	Brakke, Sophie	10	RED RIVER	17-05.00

## Boys Long Jump Varsity

Finals

## Flight 1

1	Franklin, Royce	10	GRAND FORKS...	
2	Isaac, Adataos	12	SHANLEY	15-02.00
3	Lassiter, Reginald	9	GRAND FORKS...	16-06.50
4	Vorhies, Logan	9	GRAND FORKS...	16-10.25
5	Schneider, Drew	9	SHANLEY	17-03.25
6	Hopper, Keenan	9	GRAND FORKS...	17-05.25
7	McClafflin, Kaleb	9	VALLEY CITY	17-08.00
8	Lemar, Kobe	10	HORACE	17-08.00
9	Benson, Ryan	11	HORACE	17-09.00
10	Syverson-Ness, Levi	12	FARGO NORTH	17-09.75
11	Weninger, James	12	FARGO NORTH	18-00.50
12	Lanners, James	11	FARGO NORTH	18-01.75
13	Blegen, Carson	11	RED RIVER	18-03.75

## Flight 2

1	Agray, Henry	9	FARGO SOUTH	18-05.00
2	Stockert, Bradyn	11	WEST FARGO	18-06.75
3	Fisher, Naz	9	GRAND FORKS...	18-07.50
4	Boutwell, Ty	11	FARGO NORTH	18-07.75
5	Urbain, Mbanzendore	10	RED RIVER	18-08.00
6	Nojang, Aden	10	FARGO NORTH	18-08.00
7	Pollock, Chad	10	SHANLEY	18-09.50
8	Walker, Lincoln	9	WEST FARGO	18-10.50
9	Masiri, Desire	10	WEST FARGO	19-01.00
10	Hofstad, Drew	11	DEVILS LAKE	19-01.00
11	Borg, Carter	11	VALLEY CITY	19-04.00
12	Enget, Sam	12	DEVILS LAKE	19-06.00
13	Schneider, Colton	12	DEVILS LAKE	19-07.00

## Flight 3

1	Mastel, Aydan	10	DAVIES	19-07.50
2	Middleton, Jaden	11	FARGO SOUTH	19-09.00
3	Hollcraft, Luke	12	SHANLEY	19-10.50
4	Arenstein, Beau	12	WAHPETON	19-11.00
5	Valdez, Joaquin	8	WEST FARGO	19-11.25
6	Strand, Ben	11	RED RIVER	20-01.25
7	Bryce Volk, Aiden	12	DEVILS LAKE	20-02.50
8	Hoffert, Treyton	11	FARGO SOUTH	20-03.75
9	Metzger, Charlie	10	DAVIES	20-08.75
10	Jacobson, Aiden	12	VALLEY CITY	20-09.00
11	Gaye, Isaiah	10	RED RIVER	20-09.50
12	Duot, Emmanuel	12	WEST FARGO S...	20-10.00
13	Mauch, Treyton	10	WAHPETON	20-10.50
14	Byron, Carter	12	RED RIVER	20-10.50

## Flight 4

1	Hakim, Vuciri	12	SHANLEY	21-00.75
2	Olson, Gavin	11	HORACE	21-02.00
3	Olson, Darby	12	WEST FARGO S...	21-02.00
4	Hanesgard, George	11	FARGO SOUTH	21-03.50
5	Hasbargen, Nick	11	DAVIES	21-04.75
6	Beyl, Dylan	12	WEST FARGO S...	21-05.00
7	Moore, A'Johntez	11	FARGO SOUTH	21-06.50
8	Deebom, Golden	10	DAVIES	21-07.50
9	Manock, Ethan	12	WAHPETON	21-08.00
10	Greenwood, Maxwell	12	WEST FARGO S...	21-08.00
11	Schlichting, Kye	9	WEST FARGO S...	22-05.00
12	Schlichting, Ty	12	WEST FARGO S...	22-06.00
13	Baer, Kasen	12	WEST FARGO S...	22-08.00
14	Schreiner, Thomas	11	DAVIES	22-08.25

## Girls Triple Jump Varsity

Finals

## Flight 1

1	Holweger, Kiara	12	GRAND FORKS...	
2	Polda, Kennedy	11	WAHPETON	28-04.00
3	Steiner, Kelsa	12	WEST FARGO	28-05.50
4	Johnson, Dylan	12	FARGO NORTH	28-06.50
5	Haskamp, Emma	11	GRAND FORKS...	29-01.50
6	Potratz, Dacota	9	VALLEY CITY	29-08.00
7	Cerney, Addison	10	FARGO NORTH	29-09.50
8	Emineth, Allie	11	SHANLEY	29-10.00
9	Rolla, Shekinah	9	RED RIVER	30-02.50
10	McLaurin, Katelyn	11	DEVILS LAKE	30-03.00
11	Buroko, Danielle	7	RED RIVER	30-06.50

## Flight 2

1	Hofstad, Emma	7	DEVILS LAKE	30-07.00
2	Terstriep, Elle	12	SHANLEY	31-00.50
3	Teah, Ciera	12	FARGO SOUTH	31-05.00
4	Bontjes, Emma	12	WAHPETON	31-06.50
5	Ehlert, Audrina	9	HORACE	31-08.50
6	Lunneborg, Lataya	10	WAHPETON	31-11.50
7	Sander, Micah	11	WEST FARGO S...	32-00.00
8	Knoke, Paityn	8	FARGO NORTH	32-02.50
9	Laqua, Rachel	9	DAVIES	33-02.00
10	Christofferson, Kelby	9	HORACE	33-02.50
11	Borg, Jovi	10	VALLEY CITY	33-04.00
12	Lovelace, Abigail	12	FARGO NORTH	33-08.00

## Flight 3

1	Francis, Catherine	12	WEST FARGO S...	33-09.00
2	Tandeski, Addison	10	DAVIES	33-09.50
3	Yeanay, Sannie	11	WEST FARGO S...	34-03.00
4	Gustafson, Samantha	12	WEST FARGO	34-04.00
5	Obi, Soludo	9	WEST FARGO	34-07.00
6	Wicklów, Anna	12	DAVIES	34-09.00
7	Tollefson, Haidyn	12	FARGO NORTH	34-09.00
8	Larson, Bryn	10	RED RIVER	35-02.25
9	Kretchman, Onya	11	DAVIES	36-05.50
10	Sailer, Cayla	11	DAVIES	36-11.00
11	Brakke, Sophie	10	RED RIVER	37-00.00
12	James, Axumite Wren	10	FARGO SOUTH	37-00.25

## Boys Triple Jump Varsity

Finals

## Flight 1

1	Hillebrand, Wyatt	9	DEVILS LAKE	27-07.50
2	Buchli, Christian	9	DEVILS LAKE	31-00.50
3	Ralph, Landon	9	WAHPETON	31-09.50
4	Lassiter, Reginald	9	GRAND FORKS...	33-04.00
5	Hopper, Keenan	9	GRAND FORKS...	35-00.50
6	Bennett, Tucker	8	DEVILS LAKE	35-01.00
7	Carroll, AJ	11	SHANLEY	36-02.00
8	Pollock, Chad	10	SHANLEY	36-06.50
9	Walker, Lincoln	9	WEST FARGO	36-08.00
10	Stockert, Bradyn	11	WEST FARGO	36-11.00
11	Martens, Max	10	RED RIVER	37-02.00
12	Dubois, Marquese	10	DEVILS LAKE	37-02.50

**Flight 2**

1	Schneider, Drew	9	SHANLEY	37-03.00
2	Lemar, Kobe	10	HORACE	37-07.00
3	Williams, Collin	9	DAVIES	38-02.00
4	Sagini, Gabriel	10	RED RIVER	38-04.00
5	Franklin, Royce	10	GRAND FORKS...	38-05.00
6	Blegen, Carson	11	RED RIVER	38-05.00
7	Hanesgard, George	11	FARGO SOUTH	38-09.00
8	Franke, Kolden	11	DAVIES	38-11.00
9	Lanners, James	11	FARGO NORTH	39-00.00
10	Kessel, Reis	11	FARGO SOUTH	39-03.00
11	Metzger, Charlie	10	DAVIES	39-03.50
12	Enget, Sam	12	DEVILS LAKE	39-04.25
13	Hoffert, Treyton	11	FARGO SOUTH	40-04.50

**Flight 3**

1	Olson, Darby	12	WEST FARGO S...	41-09.50
2	Strand, Ben	11	RED RIVER	41-11.50
3	Beyl, Dylan	12	WEST FARGO S...	42-03.00
4	Boutwell, Ty	11	FARGO NORTH	42-03.50
5	Lonn, Bennet	9	DAVIES	42-04.00
6	Moore, A'Johntez	11	FARGO SOUTH	42-05.00
7	Olson, Noah	11	WEST FARGO S...	42-06.50
8	Baer, Kasen	12	WEST FARGO S...	42-07.00
9	Greenwood, Maxwell	12	WEST FARGO S...	42-08.00
10	Weninger, James	12	FARGO NORTH	42-09.00
11	Middleton, Jaden	11	FARGO SOUTH	43-02.00
12	Deebom, Golden	10	DAVIES	43-05.50
13	Gaye, Isaiah	10	RED RIVER	44-07.00

**Flight 3**

1	Voss, Elizabeth	9	SHANLEY	88-08.00
2	Woodrow, Blair	10	HORACE	89-03.00
3	Kilgore, Taylor	10	RED RIVER	91-00.00
4	Kahler, Ashlyn	11	WAHPETON	92-00.50
5	Borg, Jovi	10	VALLEY CITY	93-05.00
6	Wavrin, Lily	8	WEST FARGO	94-04.00
7	Duncan, Tryphena	12	WEST FARGO S...	95-03.00
8	Howell, Tierney	12	WEST FARGO S...	96-01.00
9	Walsh, Ellie	10	GRAND FORKS...	96-11.00
10	Christofferson, Jordan	8	HORACE	97-08.00
11	Stockmoe, Seely	11	SHANLEY	99-06.00
12	Wanner, Erika	10	SHANLEY	100-03.00

**Flight 4**

1	Zepeda, Kiara	11	WEST FARGO	100-08.00
2	Osier, Carrie	10	FARGO NORTH	101-10.00
3	Harmon, Caitlin	12	DAVIES	103-02.00
4	Hakim, Peace	9	SHANLEY	104-01.00
5	Braun, Makenna	12	WEST FARGO	106-08.00
6	Guscette, Riley	12	WEST FARGO	107-01.00
7	Baker, Abby	10	RED RIVER	108-02.00
8	Osier, Emma	12	FARGO NORTH	108-04.00
9	Wheeldon, Maci	12	DAVIES	110-10.00
10	Baker, Kaylee	12	GRAND FORKS...	111-02.00
11	Moton, Cailey	11	WEST FARGO	118-01.00
12	Woods, Scout	10	WAHPETON	131-05.00

**Girls Discus Varsity****Finals****Flight 1**

1	Llapa, Morianna	12	RED RIVER	58-00.00
2	Kuznia, Kendra	8	GRAND FORKS...	58-00.00
3	Stiven, Lauren	9	DEVILS LAKE	65-10.00
4	Atwood, Jordyn	11	FARGO SOUTH	68-05.00
5	Jacobson, Ellamarie	11	FARGO NORTH	68-06.00
6	Fobb, Sienna	8	WAHPETON	71-04.00
7	Sivers, Kylee	9	FARGO SOUTH	71-05.00
8	Becker, Elsie	9	FARGO SOUTH	71-07.00
9	Johnson, Delaney	12	FARGO NORTH	72-11.00
10	Gebhard, Gretta	10	GRAND FORKS...	74-06.00
11	LaJesse, Alaina	12	WAHPETON	75-04.00

**Flight 2**

1	Hamdi, Deelan	10	WEST FARGO S...	77-08.00
2	Vega, Sofia	11	FARGO NORTH	78-00.00
3	Currier, Chloe	10	FARGO SOUTH	78-01.00
4	Lunak, Maddy	11	DAVIES	79-05.00
5	Leith, Rylie	12	WEST FARGO S...	81-00.00
6	Woods, Claire	7	WAHPETON	83-04.00
7	Axtman, Elsa	10	DAVIES	83-09.00
8	Judd, Tyana	12	VALLEY CITY	84-11.00
9	Wornor, Marthalyne	10	DAVIES	85-01.00
10	Karngbaye, Aalidia	9	FARGO SOUTH	85-05.00
11	Blixt, Brianna	12	WEST FARGO S...	87-01.00
12	Kautzman, Ellery	10	SHANLEY	87-05.00

**Boys Discus Varsity****Finals****Flight 1**

1	Comings, Matt	11	WAHPETON	72-05.00
2	St. Claire, Jaylon	10	DEVILS LAKE	76-09.00
3	Beolke, Hunter	9	WAHPETON	81-03.50
4	Sommer, Jeff	9	DEVILS LAKE	85-09.00
5	Paulson, Noah	12	VALLEY CITY	91-09.00
6	McMillan, Brenden	12	GRAND FORKS...	99-02.00
7	Davis, Peter	11	FARGO NORTH	99-09.00
8	Nyoak, Sajen	10	WEST FARGO S...	102-00.00
9	Hodous, Hudson	11	DEVILS LAKE	106-04.00
10	Moody, Xander	10	FARGO SOUTH	106-05.00
11	Bamba, Adam	9	HORACE	107-01.00
12	Artac, Jacob	9	FARGO SOUTH	108-04.00
13	Deckert, Josh	11	DEVILS LAKE	111-02.00

**Flight 2**

1	Wright, Ameer	9	FARGO NORTH	111-06.00
2	Cain, Bryce	12	WEST FARGO S...	111-06.00
3	Grove, Lucas	10	WEST FARGO	112-04.00
4	Hospidales, Damon	12	SHANLEY	112-05.00
5	Shafer, Angus	12	FARGO NORTH	113-05.00
6	Borg, Carter	11	VALLEY CITY	114-01.00
7	Parrish, Alex	11	RED RIVER	114-06.00
8	Berge, Luke	12	DAVIES	115-05.00
9	Anderson, Brody	11	FARGO SOUTH	115-11.00
10	Witte, Holden	10	DAVIES	116-04.00
11	Kuznia, Zac	12	GRAND FORKS...	117-05.00
12	Bratrud, Arie	12	VALLEY CITY	117-05.00
13	Saville, Braden	10	WEST FARGO S...	118-09.00

**Flight 3**

1	Schaan, Brian	11	SHANLEY	118-10.00
2	Mertens, Brett	11	DEVILS LAKE	119-08.00
3	Deutsch, Holden	10	SHANLEY	119-09.00
4	Wetterlin, Alex	10	WEST FARGO	119-10.00
5	Hunt, Dylan	10	VALLEY CITY	120-01.00
6	Walters, James	10	RED RIVER	120-06.00
7	Greywind, Mato	11	FARGO SOUTH	121-01.00
8	Schwab, G Zachary	12	WEST FARGO S...	122-02.00
9	Schenck, Carter	11	HORACE	123-06.00
10	Dimmer, Greg	11	WEST FARGO	124-01.00
11	Pietrzak, Kade	10	WEST FARGO S...	124-03.00
12	Biffert, Adam	12	FARGO SOUTH	124-03.00
13	Rohde, Scot	10	VALLEY CITY	125-08.00
14	Vanyo, Tatum	11	GRAND FORKS...	125-09.00

**Flight 4**

1	Stewart, Jack	11	WEST FARGO	128-09.00
2	Poole, Kyen	11	GRAND FORKS...	129-09.00
3	Byron, Carter	12	RED RIVER	131-02.00
4	Kuehl, Nick	11	SHANLEY	131-03.00
5	Weninger, Brayden	10	FARGO NORTH	132-00.00
6	Ahlers, Cam	11	SHANLEY	137-07.00
7	Palmer, Brennan	12	DAVIES	138-11.00
8	Meece, Alexander	9	DAVIES	141-06.00
9	Miller, James	11	FARGO NORTH	146-04.00
10	Nelson, Quinn	12	RED RIVER	146-06.00
11	Hayes, Eli	12	DAVIES	149-07.00
12	Thomas, Ethan	11	GRAND FORKS...	154-06.00
13	Manock, Ethan	12	WAHPETON	165-03.00
14	Arason, Logan	12	RED RIVER	171-06.00

**Girls Javelin Varsity****Finals****Flight 1**

1	Vega, Sofia	11	FARGO NORTH	57-09.00
2	Mattson, Violet	9	GRAND FORKS...	59-07.00
3	Huber, Lily	12	SHANLEY	61-01.00
4	Dietz, Megan	9	SHANLEY	61-01.00
5	Kautzman, Ellery	10	SHANLEY	69-08.00
6	Hamdi, Deelan	10	WEST FARGO S...	70-02.00
7	Gebhard, Gretta	10	GRAND FORKS...	71-05.00
8	Judd, Tyana	12	VALLEY CITY	74-05.00
9	Lewis, Evelyn	12	WEST FARGO S...	76-05.00
10	Shock, Anna	10	DEVILS LAKE	77-02.00
11	Gilbertson, MacKenzie	11	WAHPETON	78-02.00
12	Wanner, Erika	10	SHANLEY	79-07.00

**Flight 2**

1	Christofferson, Jordan	8	HORACE	81-01.00
2	Peterson, Brylie	11	WEST FARGO	81-06.00
3	Wavrin, Lily	8	WEST FARGO	84-03.00
4	McLaurin, Gabrielle	11	DEVILS LAKE	86-00.00
5	Muscha, Brooke	11	RED RIVER	91-00.00
6	Howell, Tierney	12	WEST FARGO S...	91-00.00
7	Holder, Alayna	11	WEST FARGO S...	91-06.00
8	Stegman, Lyla	9	WEST FARGO	92-09.00
9	Kilgore, Taylor	10	RED RIVER	93-03.00
10	Baker, Abby	10	RED RIVER	94-06.00
11	Thykeson, Ali	11	WEST FARGO S...	94-07.00
12	Stockmoe, Shya	9	SHANLEY	95-00.00

**Flight 3**

1	Larson, Bryn	10	RED RIVER	95-02.00
2	Borg, Jovi	10	VALLEY CITY	95-03.00
3	Jacobson, Gemma	12	DAVIES	95-08.00
4	Wohlers, Reagan	12	WAHPETON	102-04.00
5	Olson, McKenzie	11	DAVIES	102-07.00
6	McIntosh, Ellee	9	WEST FARGO	105-07.00
7	Zepeda, Kiara	11	WEST FARGO	107-09.00
8	Gulsvig, Elyse	12	DAVIES	109-07.00
9	Lunneborg, Lataya	10	WAHPETON	110-03.00
10	Bontjes, Emma	12	WAHPETON	117-01.00
11	Sailer, Cayla	11	DAVIES	119-01.00
12	Deringer, Camille	12	DAVIES	122-08.00
13	Weippert, Ella	11	RED RIVER	143-05.00

**Boys Javelin Varsity****Finals****Flight 1**

1	Sornsins, Max	10	SHANLEY	74-07.00
2	Ralph, Landon	9	WAHPETON	77-00.00
3	Elizondo, Dylan	11	FARGO SOUTH	78-05.00
4	Beolke, Hunter	9	WAHPETON	81-07.00
5	Comings, Matt	11	WAHPETON	83-02.00
6	Hunt, Owen	7	VALLEY CITY	92-04.00
7	Devitt, Henry	10	FARGO NORTH	94-09.00
8	Christeson, Zachary	10	FARGO NORTH	96-01.00
9	Fugle, Tanner	10	FARGO NORTH	97-02.00
10	Rogen, Luke	11	SHANLEY	99-02.00
11	Kielty, Finn	9	FARGO NORTH	100-08.00
12	Nissen, Caleb	9	FARGO SOUTH	102-05.00

**Flight 2**

1	Mitchell, Carter	11	SHANLEY	107-02.00
2	Carroll, AJ	11	SHANLEY	107-02.00
3	Waldera, Zachary	10	WEST FARGO	108-07.00
4	Rohde, Scot	10	VALLEY CITY	110-07.00
5	Parsons, Carter	10	WEST FARGO	111-02.00
6	McClaffin, Kaleb	9	VALLEY CITY	112-06.00
7	Ahlers, Cam	11	SHANLEY	114-06.00
8	Vanyo, Tyson	8	GRAND FORKS...	116-01.00
9	Lease, Noah	9	GRAND FORKS...	119-07.00
10	Zander, Jordan	11	FARGO NORTH	120-01.00
11	Fosher, Cooper	11	WEST FARGO S...	121-07.00
12	Vanyo, Tatum	11	GRAND FORKS...	122-09.00

**Flight 3**

1	Pietrzak, Kade	10	WEST FARGO S...	124-03.00
2	Fischer, Eli	8	GRAND FORKS...	126-09.00
3	Myers, Camden	12	FARGO SOUTH	130-04.00
4	Hofstad, Drew	11	DEVILS LAKE	130-06.00
5	Olson, Sam	10	WEST FARGO	133-00.00
6	Wetterlin, Alex	10	WEST FARGO	133-08.00
7	Dubois, Marquese	10	DEVILS LAKE	135-09.00
8	Nelson, Joel	10	DEVILS LAKE	139-04.00
9	Hogness, Ian	12	WEST FARGO S...	141-05.00
10	Werremeyer, Malachi	10	DAVIES	144-02.00
11	Severud, Daniel	10	RED RIVER	149-00.00
12	Palmer, Brennan	12	DAVIES	149-00.00



**Flight 4**

1	Hunt, Dylan	10	VALLEY CITY	150-01.00
2	Schuldheisz, Isaiah	12	VALLEY CITY	151-11.00
3	Walters, James	10	RED RIVER	153-06.00
4	Mertens, Brett	11	DEVILS LAKE	155-03.00
5	Majerus, Gunnar	10	DAVIES	158-08.00
6	Manock, Ethan	12	WAHPETON	163-09.00
7	Byron, Carter	12	RED RIVER	165-05.00
8	Thomas, Ethan	11	GRAND FORKS...	167-01.00
9	Lilly, Zach	11	DAVIES	170-03.00
10	Nelson, Quinn	12	RED RIVER	172-00.00
11	Schneider, Colton	12	DEVILS LAKE	173-09.00
12	Hayes, Eli	12	DAVIES	175-07.00
13	Arason, Logan	12	RED RIVER	189-02.00

**Flight 3**

1	Axtman, Elsa	10	DAVIES	32-03.00
2	Woods, Claire	7	WAHPETON	32-11.00
3	Stockmoe, Shya	9	SHANLEY	33-01.00
4	Osier, Carrie	10	FARGO NORTH	33-03.00
5	Baker, Abby	10	RED RIVER	33-04.00
6	Harmon, Caitlin	12	DAVIES	33-07.00
7	Howell, Tierney	12	WEST FARGO S...	33-10.00
8	Leith, Rylie	12	WEST FARGO S...	34-09.50
9	Deringer, Camille	12	DAVIES	36-10.00
10	Stockmoe, Seely	11	SHANLEY	37-05.00
11	Duncan, Tryphena	12	WEST FARGO S...	37-08.00
12	Guscette, Riley	12	WEST FARGO	38-04.00
13	Osier, Emma	12	FARGO NORTH	38-09.00
14	Woods, Scout	10	WAHPETON	39-07.00
15	Moton, Cailey	11	WEST FARGO	39-09.00

**Girls Shot Put Varsity****Finals****Flight 1**

1	Currier, Chloe	10	FARGO SOUTH	24-00.50
2	Kuznia, Kendra	8	GRAND FORKS...	24-06.00
3	Stiven, Lauren	9	DEVILS LAKE	24-06.75
4	Jacobson, Ellamarie	11	FARGO NORTH	26-01.00
5	Atwood, Jordyn	11	FARGO SOUTH	26-06.50
6	Klinicke, Mara	11	SHANLEY	27-03.00
7	Kargbo, Posseh	11	FARGO NORTH	27-07.00
8	Gebhard, Gretta	10	GRAND FORKS...	27-07.00
9	Becker, Elsie	9	FARGO SOUTH	27-07.00
10	Woodrow, Blair	10	HORACE	28-04.00
11	Karngbaye, Aalidia	9	FARGO SOUTH	28-04.00
12	Judd, Tyana	12	VALLEY CITY	28-04.00
13	Lewis, Evelyn	12	WEST FARGO S...	29-01.00
14	Sivers, Kylee	9	FARGO SOUTH	29-02.00

**Flight 2**

1	LaJesse, Alaina	12	WAHPETON	29-09.00
2	Wanner, Erika	10	SHANLEY	30-03.00
3	Govergo, Koiline	10	DAVIES	30-05.00
4	Stegman, Lyla	9	WEST FARGO	30-10.00
5	Zepeda, Kiara	11	WEST FARGO	30-11.00
6	Walsh, Ellie	10	GRAND FORKS...	30-11.50
7	Wiedeman, Heidi	11	WEST FARGO	31-00.00
8	Trosen, Autumn	12	WEST FARGO S...	31-01.00
9	Kahler, Ashlyn	11	WAHPETON	31-03.00
10	Lopez-Lee, Galyha	10	WAHPETON	31-05.00
11	Wornor, Marthalyne	10	DAVIES	31-07.00
12	Hakim, Peace	9	SHANLEY	31-09.00
13	Christofferson, Jordan	8	HORACE	31-11.00
14	Baker, Kaylee	12	GRAND FORKS...	32-01.00

**Boys Shot Put Varsity****Finals****Flight 1**

1	Ralph, Landon	9	WAHPETON	30-02.00
2	Haugen, Mason	9	DEVILS LAKE	30-03.25
3	Beolke, Hunter	9	WAHPETON	30-09.00
4	Asleson, Grayson	9	DEVILS LAKE	32-10.00
5	Hunt, Owen	7	VALLEY CITY	34-07.00
6	Paulson, Noah	12	VALLEY CITY	34-10.50
7	Johnson, CJ	9	SHANLEY	35-04.00
8	Comings, Matt	11	WAHPETON	35-04.00
9	Hodous, Hudson	11	DEVILS LAKE	36-05.00
10	Miller, Jack	10	FARGO NORTH	37-02.50
11	Parsons, Carter	10	WEST FARGO	37-08.00
12	Grove, Lucas	10	WEST FARGO	38-01.00
13	Fewster, James	10	GRAND FORKS...	38-05.00

**Flight 2**

1	Deckert, Josh	11	DEVILS LAKE	38-06.00
2	Deutsch, Holden	10	SHANLEY	38-07.00
3	Wall, Devin	11	WEST FARGO	38-07.50
4	Olson, Hayden	11	GRAND FORKS...	38-08.00
5	Zander, Jordan	11	FARGO NORTH	38-10.00
6	Rohde, Scot	10	VALLEY CITY	39-02.00
7	Hemstad, Caysen	10	FARGO NORTH	39-03.00
8	Rogen, Luke	11	SHANLEY	39-04.00
9	Kobel, Kayden	11	RED RIVER	39-06.00
10	Rance, Braxton	10	DEVILS LAKE	39-07.00
11	Mowery, Xander	10	WEST FARGO S...	39-07.00
12	Dimmer, Greg	11	WEST FARGO	39-10.00
13	Artac, Jacob	9	FARGO SOUTH	39-11.00
14	VanSickle, Dawson	10	RED RIVER	40-02.00

**Flight 3**

1	McMillan, Brenden	12	GRAND FORKS...	40-02.00
2	Poole, Kyen	11	GRAND FORKS...	40-03.00
3	Stewart, Jack	11	WEST FARGO	40-05.00
4	Greywind, Mato	11	FARGO SOUTH	40-05.00
5	Bamba, Adam	9	HORACE	41-00.00
6	Biffert, Adam	12	FARGO SOUTH	41-06.50
7	Schenck, Carter	11	HORACE	42-02.00
8	McCarthy, Christian	12	DAVIES	42-05.00
9	Buckmiller, Xzavier	11	FARGO NORTH	42-06.00
10	Hunt, Dylan	10	VALLEY CITY	42-07.00
11	Nyoak, Sajen	10	WEST FARGO S...	43-00.00
12	Kenaga, Isaac	12	WEST FARGO S...	43-04.00
13	Bratrud, Arie	12	VALLEY CITY	44-01.00
14	Kuehl, Nick	11	SHANLEY	44-03.00

**Flight 4**

1	Walters, James	10	RED RIVER	45-01.00
2	Lilly, Zach	11	DAVIES	45-08.00
3	Pietrzak, Kade	10	WEST FARGO S...	45-10.00
4	Kegbeh, Cole	11	FARGO SOUTH	45-10.00
5	Hospidales, Damon	12	SHANLEY	45-10.00
6	Christianson, Tyler	12	FARGO SOUTH	45-10.00
7	Miller, James	11	FARGO NORTH	47-02.00
8	Cain, Bryce	12	WEST FARGO S...	47-04.50
9	O'Neill, John	12	DAVIES	48-11.00
10	Nelson, Quinn	12	RED RIVER	49-01.00
11	Arason, Logan	12	RED RIVER	51-02.00
12	Kuznia, Zac	12	GRAND FORKS...	51-05.50
13	Palmer, Brennan	12	DAVIES	52-01.75
14	Hayes, Eli	12	DAVIES	52-02.50

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