



Grand Forks Central 2019 Cross Country Schedule

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Monday	June 3	Summer Running Starts	University Park	4:00 PM	
Monday	July TBA	Camping trip	Bemidji State Park		
Monday	Aug 12	Start Season	Central High School	4:00 PM	
Friday	Aug 23	Parents Meeting	CHS - Lower Gym	6:00 PM	
			Location	Start Time	Departue Time
Saturday	Aug 24	Hillsboro	Hillsboro Golf Course	10:00 AM	
Thursday	Aug 29	Grand Forks Invite	Lincoln Drive Park, GF	4:00 PM	
Saturday	Sept 7	West Fargo	Johnson Park, MN	10:00 AM	7:00 AM
Saturday	Sept 14	Anderson/Stavn Invite	McDowell Dam, Bismarck	1:00 PM	7:30 AM
Saturday	Sept 21	Milaca Mega Meet	Stone Creek Golf Course, Foley, MN	10:00 AM	5:00 AM
Saturday	Oct 5	Minot Invite	Souris Valley Inite	TBA	TBA
Saturday	Oct 12	EDC Championships	Fargo	1:00 PM	
Saturday	Oct 26	ND State Championships	Minot	Class A Boys	11:00 AM
				Class A Girls	11:45 AM
Sunday	Nov 10	Nike Heartland Regionals	Sioux Falls, SD	11:00 AM	Saturday