

Grand Forks Invite  
Grand Forks, ND  
October 1, 2016  
VARSITY BOYS - 5K

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TEAM RESULTS: VARSITY BOYS  
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1.	33	Grand Forks Red River	(	17:07.9	1:25:39.5)
=====					
1	1	Ben Hutchison		16:14.5	
2	5	Dalton Byrne		17:08.6	
3	7	Cole Stenseth		17:18.6	
4	9	Thomas Hugo		17:24.0	
5	11	Tim Dunham		17:33.8	
6	( 18)	Jake Arason		17:45.8	
7	( 34)	Parker Carroll		19:04.0	
2.	59	West Fargo Sheyenne	(	17:32.9	1:27:44.2)
=====					
1	6	Leo Smith		17:10.0	
2	8	Logan Schauer		17:19.4	
3	10	Luke Wasem		17:26.2	
4	14	Jakob Sailer		17:40.1	
5	21	Nathan Rohrer		18:08.5	
6	( 27)	Ben Kensok		18:30.1	
7	( 28)	Adam Roy		18:32.0	
3.	87	Grand Forks Central	(	17:45.0	1:28:45.0)
=====					
1	2	Osborn Richie		16:27.4	
2	16	Kohlton Peterson		17:43.5	
3	17	Aaron Springer		17:45.4	
4	20	Zach Nelson		17:56.8	
5	32	Swanson Brenden		18:51.9	
6	( 37)	Eric Olsen		19:13.0	
7	( 38)	Joseph Green		19:15.9	
4.	94	Shanley	(	17:59.2	1:29:55.8)
=====					
1	12	Gavin Sunderland		17:33.8	
2	13	Mason Lantz		17:36.5	
3	22	Tommy Conmy		18:12.5	
4	23	Emmet Kenney		18:14.4	
5	24	Ben Asheim		18:18.6	
6	( 30)	Conner Asche		18:37.5	
7	( 31)	Cole Mathison		18:42.0	
5.	96	West Fargo	(	17:53.9	1:29:29.5)
=====					
1	3	Drew Mears		16:31.9	
2	4	Jace Dullum		16:42.3	
3	15	Braxton Bruer		17:42.7	
4	33	Aiden Biwer		18:56.0	
5	41	Mat Yut		19:36.6	
6	( 42)	Jordan Milbrath		20:00.0	
7	( 47)	Ryan Orth		20:27.8	
6.	174	Lisbon	(	19:07.3	1:35:36.1)
=====					
1	19	Gavin Jorgenson		17:52.3	
2	35	Peyton McNea		19:04.8	
3	36	Connor Fitzgerald		19:09.7	
4	40	Wyatt Runck		19:23.8	
5	44	Maverick Coleman		20:05.5	
6	( 45)	Kyle Odegard		20:06.7	
7	( 53)	Caleb Nielsen		20:59.9	
7.	215	Pembina County North	(	20:05.2	1:40:25.9)
=====					
1	25	Hunter Denault		18:19.0	
2	29	Jayden Wheeling		18:33.0	
3	51	Rhun Lindell		20:40.7	
4	54	Jaden Friedt		21:01.9	
5	56	Noah Helgoe		21:51.3	
6	( 57)	Alex Jackson		22:28.2	

7 ( 59) Seth Sondeland 23:03.0

8. 230 Central Cass ( 20:13.3 1:41:06.4)

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1	39	Zach Koetz	19:17.9
2	43	Andrew Volk	20:00.9
3	46	Cameron Gilley	20:17.5
4	50	Garrett Prant	20:39.4
5	52	Wes Koetz	20:50.7
6	( 58)	Evan Gross	22:41.5
7	( 60)	Jade Allen	25:00.0

9. 239 Northern Cass ( 22:09.2 1:50:45.6)

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1	26	Joe Hoff	18:29.3
2	48	Tristin Johnson	20:30.2
3	49	Jack Steffes	20:30.3
4	55	Zach Howatt	21:38.8
5	61	Ghost 1	29:37.0

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INDIVIDUAL RESULTS: VARSITY BOYS

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Place	Tea/Tot	No.	Name	Grade	Team	Time	Pace
1	1/7	630	Ben Hutchison	12	Grand Forks Red River	16:14.5	5:14
2	1/7	579	Osborn Richie	12	Grand Forks Central	16:27.4	5:18
3	1/7	815	Drew Mears	12	West Fargo	16:31.9	5:20
4	2/7	809	Jace Dillum	10	West Fargo	16:42.3	5:23
5	2/7	621	Dalton Byrne	11	Grand Forks Red River	17:08.6	5:32
6	1/7	854	Leo Smith	11	West Fargo Sheyenne	17:10.0	5:32
7	3/7	640	Cole Stenseth	11	Grand Forks Red River	17:18.6	5:35
8	2/7	852	Logan Schauer	11	West Fargo Sheyenne	17:19.4	5:35
9	4/7	629	Thomas Hugo	10	Grand Forks Red River	17:24.0	5:36
10	3/7	857	Luke Wasem	11	West Fargo Sheyenne	17:26.2	5:37
11	5/7	627	Tim Dunham	11	Grand Forks Red River	17:33.8	5:40
12	1/7	925	Gavin Sunderland	9	Shanley	17:33.8	5:40
13	2/7	913	Mason Lantz	12	Shanley	17:36.5	5:41
14	4/7	851	Jakob Sailer	11	West Fargo Sheyenne	17:40.1	5:42
15	3/7	807	Braxton Bruer	10	West Fargo	17:42.7	5:43
16	2/7	573	Kohlton Peterson	12	Grand Forks Central	17:43.5	5:43
17	3/7	581	Aaron Springer	12	Grand Forks Central	17:45.4	5:43
18	6/7	618	Jake Arason	10	Grand Forks Red River	17:45.8	5:44
19	1/7	696	Gavin Jorgenson	9	Lisbon	17:52.3	5:46
20	4/7	569	Zach Nelson	12	Grand Forks Central	17:56.8	5:47
21	5/7	849	Nathan Rohrer	11	West Fargo Sheyenne	18:08.5	5:51
22	3/7	903	Tommy Conmy	10	Shanley	18:12.5	5:52
23	4/7	911	Emmet Kenney	8	Shanley	18:14.4	5:53
24	5/7	901	Ben Asheim	9	Shanley	18:18.6	5:54
25	1/7	774	Hunter Denault	9	Pembina County North	18:19.0	5:54
26	1/4	761	Joe Hoff	12	Northern Cass	18:29.3	5:58
27	6/7	843	Ben Kensok	10	West Fargo Sheyenne	18:30.1	5:58
28	7/7	850	Adam Roy	10	West Fargo Sheyenne	18:32.0	5:58
29	2/7	783	Jayden Wheeling	11	Pembina County North	18:33.0	5:59
30	6/7	900	Conner Asche	8	Shanley	18:37.5	6:00
31	7/7	915	Cole Mathison	11	Shanley	18:42.0	6:02
32	5/7	267	Swanson Brenden	10	Grand Forks Central	18:51.9	6:05
33	4/7	805	Aiden Biwer	9	West Fargo	18:56.0	6:06
34	7/7	622	Parker Carroll	12	Grand Forks Red River	19:04.0	6:09
35	2/7	697	Peyton McNea	9	Lisbon	19:04.8	6:09
36	3/7	694	Connor Fitzgerald	11	Lisbon	19:09.7	6:11
37	6/7	572	Eric Olsen	10	Grand Forks Central	19:13.0	6:12
38	7/7	270	Joseph Green	11	Grand Forks Central	19:15.9	6:13
39	1/7	164	Zach Koetz	9	Central Cass	19:17.9	6:13
40	4/7	749	Wyatt Runck	10	Lisbon	19:23.8	6:15
41	5/7	819	Mat Yut	10	West Fargo	19:36.6	6:19
42	6/7	816	Jordan Milbrath	10	West Fargo	20:00.0	6:27
43	2/7	170	Andrew Volk	10	Central Cass	20:00.9	6:27
44	5/7	691	Maverick Coleman	12	Lisbon	20:05.5	6:28
45	6/7	699	Kyle Odegard	12	Lisbon	20:06.7	6:29
46	3/7	158	Cameron Gilley	11	Central Cass	20:17.5	6:32
47	7/7	817	Ryan Orth	9	West Fargo	20:27.8	6:36
48	2/4	763	Tristin Johnson	8	Northern Cass	20:30.2	6:36
49	3/4	766	Jack Steffes	11	Northern Cass	20:30.3	6:36
50	4/7	169	Garrett Prant	12	Central Cass	20:39.4	6:39
51	3/7	778	Rhun Lindell	8	Pembina County North	20:40.7	6:40

52	5/7	161 Wes Koetz	9 Central Cass	20:50.7	6:43
53	7/7	698 Caleb Nielsen	9 Lisbon	20:59.9	6:46
54	4/7	775 Jaden Friedt	11 Pembina County North	21:01.9	6:47
55	4/4	762 Zach Howatt	12 Northern Cass	21:38.8	6:59
56	5/7	776 Noah Helgoe	8 Pembina County North	21:51.3	7:03
57	6/7	777 Alex Jackson	9 Pembina County North	22:28.2	7:14
58	6/7	159 Evan Gross	8 Central Cass	22:41.5	7:19
59	7/7	781 Seth Sondeland	8 Pembina County North	23:03.0	7:26
60	7/7	152 Jade Allen	11 Central Cass	25:00.0	8:03