

Grand Forks Invite
Grand Forks, ND
October 1, 2016
JUNIOR VARSITY BOYS - 5K

TEAM RESULTS: JUNIOR VARSITY BOYS

1. 37 West Fargo Sheyenne (19:27.3 1:37:16.2)

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1	2	Troy Mullenberg	18:57.9
2	3	Josiah Bjertness	18:59.3
3	8	Seth Benson	19:38.0
4	11	Matt Kalvoda	19:47.8
5	13	John Glessner	19:53.2
6	(14)	Zach Nelson	19:58.5
7	(16)	Matt Peterson	20:11.2

2. 48 Shanley (19:36.5 1:38:02.1)

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1	1	Noah Lantz	18:43.3
2	5	Zach McCormick	19:12.9
3	10	Chance Thorsteinson	19:47.2
4	15	Jeff Donegan	20:02.0
5	17	Mrayden Koenig	20:16.7
6	(22)	Jack Nordby	20:41.3
7	(23)	Cameron Moe	20:44.4

3. 67 Grand Forks Central (19:58.2 1:39:50.7)

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1	6	Cedric Reese	19:20.8
2	9	Ryan Meyer	19:42.7
3	12	Evan Welsh	19:48.0
4	19	Josh McKeever	20:18.7
5	21	Jacob Newton	20:40.5
6	(24)	Chris Demuth	20:46.4
7	(27)	Lance Nelp	21:28.7

4. 78 Grand Forks Red River (20:14.0 1:41:09.7)

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1	4	Zach Simon	19:04.6
2	7	Gavin Dorsey	19:23.1
3	18	Sam Betz	20:17.6
4	20	Jeff Corcoran	20:34.8
5	29	Thomas O'Halloran	21:49.6
6	(31)	Aidan Cisneros	22:10.8
7	(36)	Skyler Gilberts	23:29.2

5. 150 West Fargo (21:59.9 1:49:59.4)

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1	25	Brandon Boucher	20:48.6
2	28	Jace Vertin	21:45.0
3	30	Chris Friesen	21:57.7
4	33	Ben Zerr	22:24.3
5	34	Keller Lee	23:03.8

6. 168 Lisbon (23:11.3 1:55:56.2)

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1	26	Keaten Shelton	21:12.2
2	32	Tyler Desherlia	22:22.3
3	35	Brody Aberle	23:10.2
4	37	Silas Reinke	24:23.9
5	38	Trent Bunn	24:47.6

7. 205 Pembina County North (29:38.0 2:28:09.9)

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1	39	Jon Mostad	29:35.9
2	40	Ghost 1	29:37.0
3	41	Ghost 2	29:38.0
4	42	Ghost 3	29:39.0
5	43	Ghost 4	29:40.0

INDIVIDUAL RESULTS: JUNIOR VARSITY BOYS

Place	Tea/Tot	No.	Name	Grade	Team	Time	Pace
1	1/15	914	Noah Lantz	10	Shanley	18:43.3	6:02
2	1/12	845	Troy Mullenberg	10	West Fargo Sheyenne	18:57.9	6:07
3	2/12	838	Josiah Bjertness	11	West Fargo Sheyenne	18:59.3	6:07
4	1/9	639	Zach Simon	10	Grand Forks Red River	19:04.6	6:09
5	2/15	916	Zach McCormick	9	Shanley	19:12.9	6:12
6	1/11	577	Cedric Reese	12	Grand Forks Central	19:20.8	6:14
7	2/9	626	Gavin Dorsey	9	Grand Forks Red River	19:23.1	6:15
8	3/12	837	Seth Benson	10	West Fargo Sheyenne	19:38.0	6:20
9	2/11	377	Ryan Meyer	8	Grand Forks Central	19:42.7	6:21
10	3/15	926	Chance Thorsteinson	9	Shanley	19:47.2	6:23
11	4/12	842	Matt Kalvoda	11	West Fargo Sheyenne	19:47.8	6:23
12	3/11	583	Evan Welsh	11	Grand Forks Central	19:48.0	6:23
13	5/12	840	John Glessner	9	West Fargo Sheyenne	19:53.2	6:25
14	6/12	846	Zach Nelson	11	West Fargo Sheyenne	19:58.5	6:26
15	4/15	905	Jeff Donegan	12	Shanley	20:02.0	6:27
16	7/12	848	Matt Peterson	12	West Fargo Sheyenne	20:11.2	6:30
17	5/15	912	Mrayden Koenig	10	Shanley	20:16.7	6:32
18	3/9	620	Sam Betz	10	Grand Forks Red River	20:17.6	6:32
19	4/11	350	Josh McKeever	10	Grand Forks Central	20:18.7	6:33
20	8/12	841	Kerim Hajric	10	West Fargo Sheyenne	20:24.6	6:35
21	4/9	624	Jeff Corcoran	10	Grand Forks Red River	20:34.8	6:38
22	5/11	570	Jacob Newton	10	Grand Forks Central	20:40.5	6:40
23	6/15	922	Jack Nordby	10	Shanley	20:41.3	6:40
24	7/15	918	Cameron Moe	10	Shanley	20:44.4	6:41
25	6/11	269	Chris Demuth	10	Grand Forks Central	20:46.4	6:42
26	1/5	806	Brandon Boucher	9	West Fargo	20:48.6	6:42
27	8/15	928	Matt Vought	10	Shanley	20:53.6	6:44
28	9/15	929	Zack Wolf	9	Shanley	20:59.6	6:46
29	10/15	904	Taylor Devine	10	Shanley	21:02.6	6:47
30	9/12	847	Noah Nordstrom	10	West Fargo Sheyenne	21:03.2	6:47
31	1/5	751	Keaten Shelton	9	Lisbon	21:12.2	6:50
32	11/15	920	Ryan Nelson	9	Shanley	21:16.7	6:51
33	10/12	853	Tyler Schroeder	10	West Fargo Sheyenne	21:23.5	6:54
34	7/11	568	Lance Nelp	9	Grand Forks Central	21:28.7	6:55
35	2/5	818	Jace Vertin	9	West Fargo	21:45.0	7:01
36	12/15	930	Josh Wuemker	9	Shanley	21:48.9	7:02
37	5/9	635	Thomas O'Halloran	11	Grand Forks Red River	21:49.6	7:02
38	3/5	811	Chris Friesen	10	West Fargo	21:57.7	7:05
39	8/11	274	Ajay Hutton	12	Grand Forks Central	21:57.9	7:05
40	9/11	578	Seb Reese	10	Grand Forks Central	22:01.1	7:06
41	6/9	623	Aidan Cisneros	11	Grand Forks Red River	22:10.8	7:09
42	10/11	272	Daniel Hettich	9	Grand Forks Central	22:18.4	7:11
43	2/5	692	Tyler Desherlia	10	Lisbon	22:22.3	7:13
44	4/5	820	Ben Zerr	9	West Fargo	22:24.3	7:13
45	5/5	814	Keller Lee	9	West Fargo	23:03.8	7:26
46	13/15	902	Kyle Conant	12	Shanley	23:04.3	7:26
47	3/5	689	Brody Aberle	9	Lisbon	23:10.2	7:28
48	14/15	924	Davis Sunderland	11	Shanley	23:16.9	7:30
49	11/12	844	Josh Kramer	9	West Fargo Sheyenne	23:26.1	7:33
50	12/12	855	Devin Stenerson	11	West Fargo Sheyenne	23:26.5	7:33
51	7/9	628	Skyler Gilberts	9	Grand Forks Red River	23:29.2	7:34
52	15/15	917	Ian McKay	9	Shanley	23:41.9	7:38
53	8/9	631	Evan Hutchison	10	Grand Forks Red River	24:21.2	7:51
54	4/5	700	Silas Reinke	7	Lisbon	24:23.9	7:52
55	5/5	690	Trent Bunn	7	Lisbon	24:47.6	7:59
56	11/11	571	Jacob O'Toole	9	Grand Forks Central	25:13.3	8:08
57	9/9	637	Dillon Sax	12	Grand Forks Red River	28:57.0	9:20
58	1/1	779	Jon Mostad	9	Pembina County North	29:35.9	9:32